





CATCH A SWEET-A-LICIOUS TIME IN DES MOINES

For a "sweet" time that your group will never forget, visit these attractions in the Greater Des Moines area.

Day 1

Heritage Carousel – Catch a whimsical ride on this downtown Des Moines carousel. Accommodates up to 35 riders. (515) 323-8200.

Chocolaterie Stam – Catch a tasty one-hour gelato experience. Savor flavors like pistachio, salted caramel, crème brûlée and tiramisu. Get a rich history of the business and chocolate tastings. (515) 282-9575.

Jon Anderson White Riverboat – Catch a functional Sternwheeler and take in the beautiful scenery along Saylorville Lake. (515) 883-2628.

Flying Frog Hosta Farms— Catch more than 1,000 types of hosta plants on this farm in Indianola! Contact: Marsha Ansevics at (515) 208-9002.

Des Moines Community Playhouse – Catch a behind-the-scenes tour of the costume and scene shop before taking in a show! Contact LeeAnn Bakros at (515) 974-5358 ext. 211.

Crème Cupcake + Dessert Lounge – Catch a paired dessert and cocktail fit for a king! Made famous by the hit TV show *Cupcake Wars*. Great for a mid-day treat or a late night snack after a show! (515) 288-1050.

Day 2

John & Mary Pappajohn Sculpture Park— Catch 28 sculptures on 4.4 acres in the heart of Downtown Des Moines. Recognized in *New York Times*. Learn the process of how these sculptures came to be through a personal tour. Contact (515) 271-0344

Doherty's Flowers – Catch a special event for your group for both women and men. Create flower/holiday arrangements. Learn what seasonal plants to put in your garden. Take a wine or beer class. Contact Robyn Sloan at (515) 288-6557.

Boone & Scenic Valley Railroad – Catch a train ride while eating lunch through the scenic Des Moines River Valley. (515) 432-4249.







Over the Top – Central lowa's best ice cream shop. Catch more than 36 homemade ice cream flavors, handmade fudge and gourmet chocolates. Tour the shop and have your group make their own ice cream! (515) 371-6741.

Des Moines Performing Arts – Catch a sweet interaction with a possible meet-and-greet with the cast of the show! Or a catered dinner on stage. Contact Barb Preuss at (515) 246-2361.

Day 3

Memory Bound Scrapbook Store– Have your group sit down with wine or snacks to make a one-of-a-kind, take-home piece such as a custom greeting card. Contact Dawn Johnson at (515) 965-1102

Historic Valley Junction– Get special treatment by having the Executive Director step on the coach to talk history of Valley Junction. Then have private experiences set up with store owners. Some that have been done in the past include fashion shows, food tastings, quilt classes, antique education, etc. Contact Jim Miller at (515) 222-3642

Blo Blow Dry Bar- One of the only of its kind in the Midwest, its sister properties in Beverly Hills, Hollywood and New York will contest it's one of the hottest trends sweeping the nation. For around \$40, get a new do for a night out in Des Moines or before grabbing dinner. No cuts, no color: just wash, blow and go! Men would love it too! Contact Kristin Broers at 515-282-8282.

Wine & Canvas— Whether at your hotel, a restaurant or an attraction... they bring all supplies, set up all arrangements with the venue and bring the fun! Your group will get step-by-step instructions on how to paint a canvas masterpiece to take home. Contact (515) 829-0661.

For more information, contact:
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