

CATCH THE RED, WHITE & BLUE

Catch the patriotic spirit of Des Moines, the state capital of Iowa, at these area attractions:

DAY 1

lowa Hall of Pride - Catch the stories of local sports heroes. Interact with hands-on exhibits. (515) 280-8969

lowa State Capitol - Catch one of the most beautiful capitol's in the U.S.! A towering 23-karat gold dome, and memorial monuments; take a tour of the capitol grounds to see the surrounding monuments, including the Peace Officer's Memorial, Soldier's and Sailor's Memorial, Korean War Memorial and Vietnam War Memorial. Contact Joan Arnett at (515) 281-5591

World Food Prize of Laureates - Catch interactive displays on hunger and food security. A tribute to lowa's Dr. Norman Borloaug and the World Food Prize- the foremost international award recognizing individuals who have increased the quality, quantity, or availability of food in the world. Former home of the century-old Des Moines Public Library. Contact Nicole Barreca (515) 245-3735 for a tour.

State Historical Museum of Iowa - Catch Iowa's past through its people. It's issues, and events. (515) 281-5111

Living History Farms - An outdoor interactive museum. More than 500 acres of education and fun. Catch the history surrounding Mid-western rural life in period costumes. (515) 278-5286

Nightlife Options: Des Moines Metro Opera. Civic Center of Greater Des Moines. Des Moines Community Playhouse.

DAY 2

lowa Gold Star Military Museum - Catch historical artifacts from the Civil War through present day including uniforms, weapons and insignia. Honoring lowa men and women who have served the state and nation. Contact Mike Vogt at (515) 252-4531.

Hoyt Sherman Place - Catch this elegant family mansion for a tour and national and local performers at this historical theater. Open since 1923. (515) 244-0507

National Balloon Museum & U.S. National Ballooning Hall of Fame - Catch archives for more than 200 years of ballooning. Indianola's most colorful event hosts 24,000 visitors a year. (515) 961-3714

Prairie Meadows Casino Racetrack & Hotel - Catch a lucky streak! Try your luck on the slots. Or take in live horse racing with a special group tour. Relax when you stay the night in the hotel! Contact Lance Reidel at (515) 967-1389.

For more information, contact:

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