

# GREATER DES MOINES CONVENTION AND VISITORS BUREAU

## THE PARENT ORGANIZATION OF THE DES MOINES AREA SPORTS COMMISSION

400 Locust Street, Suite 265  
Des Moines, IA 50309  
(515) 286-4960  
(800) 451-2625  
Fax: (515) 244-9757

[catchdesmoines.com](http://catchdesmoines.com)

## Team Building Opportunities

Catch a new way to build morale for your team! Motivate. Open the lines of communication. Energize your organization. Planners take note! We've provided a list for all budgets. For all interests. Teambuilding opportunities listed below.

### [Brenton Skating Plaza](#)

(515) 284-1000 [brentonplaza.com](http://brentonplaza.com)

Offered November to March. From 4-75 skaters. Partake in group skating lessons. Synchronized skating. Obstacle courses. Musical chairs. Or relay races.

### [Climb Iowa](#)

(515) 986-2565 [climbiowa.com](http://climbiowa.com)

Take a break from the daily grind with your team. Catch the way to a stronger team. Climb together. Motivate each other. Build trust. Customizable events are available.

### [Des Moines Community Playhouse](#)

(515) 974-5359 [dmplayhouse.com](http://dmplayhouse.com)

Theater games. Fresh ideas. Interactive improvisation. Catch fresh thinking and new ideas with this seminar. Customizable activities to suit needs are available. And workshops are tailored to your needs. All group sizes welcome. Past topics include team work. Cooperation. Trust. Creative problem solving. Open communication. And presentation skills.

### [Iowa Hall of Pride](#)

(515) 280-8969 [iowahallofpride.com](http://iowahallofpride.com)

Inspire team members. Utilize their best talents. Boost morale. Catch Iowans who've blazed trails across the country. Look to them while you partake in interactive games. Scavenger hunts. Trivia quizzes. Guided tours. And more!

### [Jester Park Equestrian Center](#)

(515) 999-2818 [jesterparkec.com](http://jesterparkec.com)

Catch an innovative teambuilding setting at Leading with Horses. An environment that fosters leadership skills. Half-day or full-day programming available with a certified trainer.

### [Kiwanis Miracle League](#)

(515)282-9045 [MLVolunteers@downtowndesmoineskiwanis.org](mailto:MLVolunteers@downtowndesmoineskiwanis.org) -[kiwanismiracleleague.org](http://kiwanismiracleleague.org)

Catch an opportunity to "buddy up" with the Kiwanis Miracle League. Volunteer to assist children with special needs so they can participate in an organized baseball league. Needed? Field maintenance. Clean-up crews. And buddies to assist athletes around the bases. Monetary contributions and fund raising are also appreciated.



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**Leadership Reaction Course at Camp Dodge**

(515) 252-4179

Learn trust. Faith. Team work. Relying on each other will be the deciding factor between wet and dry!

**Linda Zeiger**

(515) 278-2690 [lindazeiger.com](http://lindazeiger.com)

Catch a new perspective. Or a sense of humor. Find out how to eliminate frustrations. Custom workshops available.

**MB2 Raceway**

(515) 986-2442 [mb2raceway.com](http://mb2raceway.com)

Catch the need for speed for your next teambuilding adventure. Iowa's premier indoor go-karting center. With state-of-the art European Electric Racing Karts that are capable of up to 45 miles per hour. 1,200 square foot conference room complete with audio and video equipment.

**Meals from the Heartland**

(877) 457-6384 [mealsfromtheheartland.org](http://mealsfromtheheartland.org)

Package meals. And join the fight against hunger. Build teamwork while making an impact with Meals from the Heartland.

**Midwest Speakers Bureau, Inc.**

(877) 974-6972, Local: (515) 974-8305 [speakernow.com](http://speakernow.com)

Catch various speakers to promote teamwork from the Midwest Speakers Bureau.

**Polk County Conservation**

(515) 323-5300 [leadingyououtdoors.org](http://leadingyououtdoors.org)

Outdoor skills. Teambuilding (lead by a Polk County Conservation naturalist). Catch activities like canoeing. Orienteering. Geocaching. And hiking.

**Ricochet**

(515) 207-5220 [RicochetDSM.com](http://RicochetDSM.com)

Groups as small as 10 or as large as 160 can enjoy an outing at Ricochet. We are a truly unique event venue with ping pong, foosball, pool, shuffleboard, darts, bags and specialty games. Our experienced staff can handle your tournaments or help you arrange the space to fit your needs. At Ricochet we allow you to bring in food and drinks without an additional cost. We have a full A/V set up including two 9'x16' HD screens, stereo and microphones for presentations or to watch a game/movie.

We're located in [Historic East Village](#), the space is unique and so is the concept. We hope you'll contact Ricochet today to learn more about your team building outing.



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## Science Center of Iowa & Blank IMAX Dome Theater

(515) 274-6868, Facility Rental x 311 [sciowa.org](http://sciowa.org)

Group activities for the science-minded! Catch a tour of SCI. IMAX opportunities. Video gaming activities. Or a scavenger hunt!

## Tero International, Inc.

(515) 221-2318 [tero.com](http://tero.com)

Catch a class with Tero. Focuses include presentation skills. Business etiquette. Dining skills. Professionalism. Team dynamics are highlighted with "The Art of Bringing out the Best in Others." This training focuses on interpersonal skills. And discovering ways to enhance the success of the team.

## Warrior Lanes

(515) 987-4840 [warriorlanes.com](http://warriorlanes.com)

Catch 16 lanes for your team outing. Great bowling. Game room. Snack bar and homemade pizza. Party rooms and more.

**Contact Paulette Lester for more opportunities:**



Paulette Lester  
Director of Convention Services  
[paulette@catchdesmoines.com](mailto:paulette@catchdesmoines.com)  
(515) 699-3443

