





# ESTES PARK TRAILS

## WHICH ONE WILL YOU CHOOSE?



Fortunately, the trail system near Estes Park accommodates hikers of all levels; the table below lists some of the most popular. The bootprints indicate the level of difficulty by factoring elevation gain and total length: Easy , Moderate , Challenging  and Difficult . Choose one that is right for you. If hiking in Rocky Mountain National Park during warm weather months, consider taking the hiker shuttle from the Estes Park Visitor Center to the national park's Park & Ride lot, as trailhead parking often is minimal. Stay safe.

TRAIL	TRAILHEAD LOCATION	ROUND-TRIP DISTANCE	ELEVATION GAIN	DIFFICULTY	NOTES & HIGHLIGHTS
<b>INSIDE ROCKY MOUNTAIN NATIONAL PARK</b>					
<b>SPRAGUE LAKE</b>	Off Bear Lake Road	.5 mi./ .8 km loop	10 ft./3 m		Family-friendly; disabled-accessible; circles the lake
<b>BEAR LAKE</b>	End of Bear Lake Road	.5 mi./ .8 km	20 ft./6 m		Family-friendly; disabled-accessible; self-guided nature trail onsite
<b>MORAINE PARK DISCOVERY CENTER NATURE TRAIL</b>	On Bear Lake Road	.8 mi./1.3 km loop	20 ft./6 m		Family-friendly; self-guided booklet interprets this nature walk with beautiful views
<b>THE POOL</b>	Fern Lake off Bear Lake Road	3.4 mi./5.4 km	245 ft./74 m		Shaded, winds along a rushing stream
<b>TUNDRA COMMUNITIES TRAIL</b>	Rock Cut on Trail Ridge Road	.5 mi./ .8 km	260 ft./79 m		Family-friendly; shows off the tundra
<b>ALBERTA FALLS</b>	Glacier Gorge	1.6 mi./2.6 km	210 ft./64 m		An moderate hike to a popular waterfall
<b>EUGENIA MINE</b>	Longs Peak	2.8 mi./4.5 km	508 ft./154 m		An intermediate hike to an abandoned mine
<b>CALYPSO CASCADES</b>	Wild Basin	3.6 mi./5.8 km	610 ft./186 m		A nice, shady late spring hike that passes numerous waterfalls
<b>CUB LAKE</b>	Fern Lake	4.6 mi./7.4 km	540 ft./165 m		Moderate hike through woods to a mountain pond
<b>MILLS LAKE</b>	Glacier Gorge	5.6 mi./9 km	700 ft./213 m		Hike that offers incredible views of Longs Peak and Keyboard of the Winds
<b>DEER MOUNTAIN</b>	Deer Mountain at Deer Ridge Junction where U.S. Hwys. 34 & 36 meet	6 mi./9.65 km	1,083 ft./ 330 m		Moderate trail that leads to the summit
<b>ESTES CONE</b>	Storm Pass at Lily Lake	7.4 mi./11.9 km	2,369 ft./722 m		Excellent view from the summit; strenuous ascent
<b>SANDBEACH LAKE</b>	Wild Basin	8.4 mi./13.5 km	1,971 ft./600 m		Steep ascent passes pine and aspen to pretty panoramas of Mt. Meeker and the lake
<b>CHASM LAKE</b>	Longs Peak	8.5 mi./13.7 km	2,360 ft./719 m		Strenuous hike that passes waterfalls and concludes at the lake surrounded by Longs Peak, Mt. Lady Washington and Mt. Meeker
<b>ALPINE RIDGE TRAIL</b>	Alpine Visitor Center	.5 mi./ .8 km	209 ft./63 m		Family-friendly; amazing views of the surrounding landscape
<b>GEM LAKE</b>	Lumpy Ridge	3.2 mi./5.1 km	1,000 ft./304 m		Steep hike rewarded with pretty conclusion at spring-fed lake
<b>LUMPY RIDGE LOOP</b>	Lumpy Ridge	13.1 mi./21.1 km	1,277 ft./389 m		Views of wildflowers, mountains and wide valleys reward the series of grueling false summits
<b>DOG-FRIENDLY TRAILS </b>					
<b>LAKE ESTES TRAIL</b>	Town of Estes Park	3.8 mi./6.1 km	50 ft./15 m		Trail forms a loop around Lake Estes, providing scenic views and accessibility for running, biking or simply a relaxing walk
<b>HOMER ROUSE MEMORIAL TRAIL</b>	Larimer County At the start of Fishcreek Road	3 mi./4.8 km	705 ft./214 m		Trail is mostly double-wide, loose material
<b>KRUGER ROCK TRAIL</b>	Hermit Park (\$)	4 mi./6.4 km	900 ft./274 m		Includes a few steep stretches and a rock scramble at the end; views from the top are fantastic
<b>HOMESTEAD MEADOWS</b>	Hermit Park (\$)	6.65 mi./10.7 km	600 ft./183 m		Now accessible only through Hermit Park, hike to see homesteads established between 1889 and 1923
<b>LILY MOUNTAIN</b>	National Forest On Hwy. 7, about 6 miles south of Estes Park	3.8 mi./6.1 km	1,006 ft./306 m		Challenging hike with scenic views from the summit
<b>CROSIER MOUNTAIN</b>	National Forest Garden Gate/Glen Haven	10.2 mi./16.4 km	2,786 ft./849 m		Strenuous hike known for wildlife and panoramic views from the summit

[www.visitestepark.com/trails](http://www.visitestepark.com/trails)

Find additional trail information at [fs.usda.gov](http://fs.usda.gov) (Roosevelt National Forest) and [nps.gov/romo/planyourvisit/hikes.htm](http://nps.gov/romo/planyourvisit/hikes.htm). Also check out the Visit Estes Park blog for posts about hiking.

# ESTES PARK FREE SHUTTLES 2016



Call 970-577-9900 for more information

Operating daily June 25 through September 11. Brown Route 8 a.m. - 9:59 p.m.  
Gold, Blue, Red and Silver Routes operate 9 a.m. through 9:59 p.m.  
For a disabled accessible bus, call 970-586-4920 or 970-577-9900.



**Legend**

- Estes Park Shuttle Routes
  - Blue Route and Stops
  - Brown Route and Stops
  - Red Route and Stops
  - Silver Route and Stops
  - Gold Route and Stops
- Rocky Mountain National Park Shuttle Routes (Park Entrance Fees Apply)
  - Hiker Shuttle Express
  - Rocky Mountain National Park
  - Park Shuttle Stops

Other icons: Bond Park, Performance Park, Park-n-Ride, Restroom, Visitor Center, Estes Park Town Hall.

**ESTES PARK FREE SHUTTLE INFORMATION**  
[www.estes.org/shuttles](http://www.estes.org/shuttles)  
 Call: 970-577-9900  
 Visit: Estes Park Visitor Center

Shuttles may be delayed by traffic, inclement weather, and wildlife.

Routes and times subject to change. Visit [estes.org/shuttles](http://estes.org/shuttles) for up to the minute information.

Copyright © 2016 Town of Estes Park

★ GOLD ROUTE (Trolley)		
STOP NO.	LOCATION OF STOP	DEPART TIME
1	Estes Park Visitor Center	:00
2	Bond Park / Town Hall	:05
3	Local's Grill	:09
4	The Ore Cart Rock Shop	:12
5	Tregent Park	:16
6	West Park Center	:17
7	Maxwell Inn	:19
8	Elkhorn Lodge	:20
9	Mrs. Walsh's Garden	:22
10	The Grubsteak Restaurant	:30
11	The Trading Post	:34
12	Barlow Plaza	:35

The trolley/loop takes approximately 25-35 minutes to complete - traffic dependent.

■ RED ROUTE		
STOP NO.	LOCATION OF STOP	DEPART TIME
1	Estes Park Visitor Center	:00 :30
2	Stanley Hotel	:03 :33
3	Timber Creek Chalets	:11 :41
4	McGregor Mountain Lodge	:13 :43
5	Fall River Visitor Center	:15 :45
6	Estes Park Condos	:17 :47
7	Aspen Winds on Fall River	:18 :48
8	Homestead Ln. and Fall River Rd.	:19 :49
9	Stonebrook Resort	:19 :49
10	Nicky's Motor Lodge	:20 :50
11	Stanley Hotel	:24 :54

◆ BROWN ROUTE		
STOP NO.	LOCATION OF STOP	TIME
1	Estes Park Visitor Center	:00
2	Saddle & Surrey Motel	:05
3	Mary's Lake Lodge	:09
4	Mary's Lake Campground	:12
5	National Park Village	:16
6	Alpine Trail Ridge Inn	:17
7	Elk Meadow Lodge & RV Park	:19
8	Eagle Cliff Rd. & Hwy. 66 (Valhalla Resort)	:20
9	Dunraven Inn	:22
10	YMCA Hempel Auditorium	:30
11	Glacier Lodge	:34
12	Rockmount Cottages	:35
13	Beaver Meadows Visitor Center	:42
14	National Park Village	:47
15	Mountain Shadows Resort	:48
16	Riverside Dr. at Prospect Park Dr. (east of Worldmark)	:49
17	Piccadilly Square	:52
18	Barlow Plaza	:54

**PARK AND RIDE LOCATIONS**  
**Fairgrounds Park-n-Ride**  
 1209 Manford Ave.  
**Estes Park Visitor Center**  
 500 Big Thompson Ave.

● BLUE ROUTE		
STOP NO.	LOCATION OF STOP	DEPART TIME
1	Estes Park Visitor Center	:00 :30
2	First Inn	:02 :32
3	Best Western Plus Silver Saddle	:03 :33
4	Comfort Inn	:04 :34
5	Grumpy Gringo	:05 :35
6	Lake Estes Marina	:07 :37
7	West of Olympus Lodge	:10 :40
8	Estes Park KOA	:12 :42
9	Good Samaritan Estes Park Village	:15 :45
10	Talons Pointe Apartments	:16 :46
11	Salud Family Health Center	:16 :46
12	Crossroads Ministry	:17 :47
13	Rodeway Inn	:18 :48
14	Lake Front St. at Ranch Meadow	:20 :50
15	Lower Stanley Village	:24 :54

➔ SILVER ROUTE		
STOP NO.	LOCATION OF STOP	DEPART TIME
1	Estes Park Visitor Center	:00 :30
2	Estes Park Medical Center	:05 :35
3	Estes Park Conference Center	:07 :37
4	Estes Park Events Complex	:09 :39
5	Solitude Cabins	:14 :44
6	Community Drive and Graves Ave.	:16 :46
7	Fairgrounds Park-n-Ride	:17 :47

## SERVICE TIMES

**BROWN ROUTE:** Starts at 8 a.m. with the final trip beginning at 9 p.m.

**BLUE, RED, SILVER, & GOLD ROUTES:** Start at 9 a.m. with the final trips beginning at 9:30 p.m.

The routes run continuous loops. Please note that shuttles can be delayed by traffic, weather, special events or wildlife.

## CONNECT TO THE ROCKY MOUNTAIN NATIONAL PARK HIKER SHUTTLE

**Park Entrance Fees Apply**  
 Catch the FREE Hiker Shuttle at the Estes Park Visitor Center or the Beaver Meadows Visitor Center and enjoy the comfort and ease of traveling to Rocky Mountain National Park. For detailed shuttle and park information, call 970-586-1206 or go to [www.nps.gov/romo](http://www.nps.gov/romo).

**HIKER SHUTTLE**—Board the Hiker Shuttle at the Estes Park Visitor Center or Beaver Meadows Visitor Center. Transfer to other buses at the Park & Ride on Bear Lake Rd.

**BEAR LAKE**—Board the Bear Lake Shuttle at the Park & Ride on Bear Lake Rd. to access other stops.

**MORaine PARK**—Board the Moraine Park Shuttle at the Park & Ride on Bear Lake Rd. to access other stops.