

KAMLOOPS TRAIL GUIDE

#EXPLOREKAMLOOPS
TOURISMKAMLOOPS.COM

2015

BIKES, PARTS, SERVICE AND AWESOMENESS... ALL DAY LONG!

DISTRICT BICYCLE CO.

3-2160 FLAMINGO RD • KAMLOOPS, BC • 236-425-2453
DISTRICTBICYCLECOMPANY.COM

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KAMLOOPS TRAILS OVERVIEW

1. Kenna Cartwright Park
2. Harper Mountain
3. Bachelor Hills / Lac Du Bois Grasslands Protected Area
4. Pineview Valley
5. Kamloops Bike Ranch

TRAVEL DISTANCE TO KAMLOOPS

	7HRS	619KM	PRINCE GEORGE	6HRS	527KM
CALGARY	8.5HRS	805KM	REVELSTOKE	2.5HRS	218KM
EDMONTON	4HR	360KM	VANCOUVER	3.75HRS	354KM
GOLDEN	5HRS	441KM	WHISTLER VIA HWY 5	5HRS	473KM
JASPER	2HRS	167KM	WHISTLER VIA HWY 99	5HRS	377KM
KELOWNA					

BRITISH COLUMBIA

PRINCE GEORGE, ALBERTA, EDMONTON, JASPER, KAMLOOPS, WHISTLER, VANCOUVER, REVELSTOKE, NAKUSP, KELOWNA, BANNATYNE, CASTLEGAR, HOPE, NELSON, SEATTLE, USA WASHINGTON

COAST
kamloops hotel & conference centre

1250 Rogers Way, Kamloops, BC V1S 1N5
T: 250.828.6660 | F: 250.828.6688 | Toll Free: 1.800.665.6674
cshinfo@coasthotels.com | coastkamloopshotel.com

Stay Where YOU Like To PLAY!

- ✓ Easy access to trails
- ✓ Luxuriously comfortable guestrooms
- ✓ Onsite restaurant & lounge
- ✓ Saltwater pool, hot tub & sauna
- ✓ Complimentary wifi
- ✓ Complimentary parking

BIKE SHOPS

BICYCLE CAFÉ KAMLOOPS
1648 Valleyview Drive 250-828-2453 bicyclecafe.kamloops.com

DISTRICT BICYCLE CO.
2160 Flamingo Road 236-425-2453 districtbicyclecompany.com

NORKAM LOCK & CYCLE
178 Tranquille Road 250-376-7822 norkamlockandcycle.com

SPOKE N MOTION
194 Victoria Street 250-372-3001 spokenmotion.net

HOTELS

ACCENT INNS
1325 Columbia Street W 250-374-8877 accentinns.com

BEST WESTERN PLUS
660 Columbia Street W 250-374-7878 bestwestern.com

COAST KAMLOOPS HOTEL & CONFERENCE CENTRE
1250 Rogers Way 250-828 6660 coasthotels.com

COUNTRY VIEW MOTOR INN
176 Comazetto Road 250-374-7222 countryviewmotorinn.com

DOUBLETREE BY HILTON
339 St. Paul Street 250-851-0026 doubletree3.hilton.com

HAMPTON INN BY HILTON
1245 Rogers Way 250-571-7897 hamptoninn3.hilton.com

KINGS MOTOR INN
1775 Trans Canada Hwy E 250-372-2800 kingsmotorinn.ca

RAMADA KAMLOOPS
555 Columbia Street W 250-374-0358 ramadakamloops.com

RANCHLAND MOTEL
2357 Trans Canada Hwy E 250-828-8787 ranchlandinn.ca

RIVERSIDE B&B
2664 Thompson Drive 250-374-1043 riversidebnb.ca

SANDMAN INN & SUITES
550 Columbia Street 250-374-1218 sandmanhotels.com

SANDMAN SIGNATURE
225 Lorne Street 250-377-2623 sandmansignature.com

SCOTTS INN & RESTAURANT
551 11 Avenue 250-372-8221 scottsinnkamloops.ca

THE PLAZA HOTEL
1250 Rogers Way 250-377-8075 theplazahotel.ca

Bike Friendly: Bikes are either permitted in hotel rooms or in a locked storage unit. A bucket with rags and hose are also available at the front desk.

CAMPING

For more hotels and camping information please visit tourismkamloops.com/accommodations

Best Western PLUS

Award Winning Bike Friendly Hotel in Kamloops, BC

- Indoor Salt Water Pool and Hot Tub
- Fitness Facilities
- Individual Room 15/2 Wifi
- Free Buffet Style Breakfast

877-302-7878
Kamloops Hotel
660 Columbia Street West, Kamloops, BC
bestwesternkamloops.ca

- Bike Friendly
- Pool & Hot Tub
- FREE Wifi
- FREE Continental Breakfast
- Pet Friendly with Pet Area
- Group & Team Rates

Scott's INN RESTAURANT

Excellence Award in Tourism & Hospitality
scottsinnkamloops.ca Reservations: 250-372-8221

DOWNHILL MOUNTAIN BIKE TRAILS

HARPER MOUNTAIN

PAUL LAKE PROVINCIAL PARK, PAUL LAKE, HARPER MOUNTAIN ROAD, HARPER MOUNTAIN LODGE, JUNIPER PARK, VALLEYVIEW ARENA, VALLEYVIEW NATURE PARK, JUNIPER RIDGE, HIGHLAND ROAD, VALLEYVIEW DRIVE

Legend:

- 1 HARPER ROAD CLIMB 3.4 KM Elevation 1,339 m
- 2 KET-R-DONE 8.0 KM Elevation 1,312 m
- 3 TEMPUS FUGIT 2.3 KM Elevation 988 m
- 4 EASY RIDER 2.6 KM Elevation 1,312 m
- 5 UNICORN DH 2.8 KM Elevation 1,315 m
- 6 NATE'S 3.7 KM Elevation 1,328 m
- 7 GNARWAHL 0.6 KM Elevation 988 m
- 8 PIMPERNOT 1.8 KM Elevation 1,132 m

ARROWS INDICATE TRAVEL DIRECTION ON THE TRAIL MAP
Check out Kamloops 2016 Osprey Enduro Route at Harper Mountain below

KAMLOOPS BIKE RANCH

JUNIPER RIDGE

VALLEYVIEW ARENA, VALLEYVIEW DRIVE, JUNIPER PARK, JUNIPER RIDGE, HIGHLAND ROAD, VALLEYVIEW NATURE PARK

Legend:

- 1 ARENA TO XC CLIMB 0.7 KM Elevation 467 m
- 2 XC CLIMB 0.5 KM Elevation 513 m
- 3 OUTLAW 1.2 KM Elevation 455 m
- 4 TRUE GRIT 2.1 KM Elevation 532 m
- 5 RATTLESNAKE 1.1 KM Elevation 538 m
- 6 THREE AMIGOS 0.8 KM Elevation 505 m
- 7 TUMBLEWEED 0.9 KM Elevation 505 m
- 8 TOMBSTONE 0.3 KM Elevation 531 m
- 9 QUICK DRAW 0.3 KM Elevation 533 m
- 10 WRANGLER 0.7 KM Elevation 480 m
- 11 FIST FULL OF DOLLARS 0.7 KM Elevation 505 m
- 12 PALE RIDER 1.0 KM Elevation 540 m

KAMLOOPS 2016 OSPREY BC ENDURO SERIES

STAGE 1 CLIMB 52M, DESCENT, -757 M 6.4 KM

- 1 Harper Road
- 6 > Unicorn DH
- 3 > Tempus Fugit

RIDE UP 8.89 KM

- 1 HARPER ROAD
- 2 > Ket-R-Done

STAGE 2 CLIMB -543 M, DESCENT -543M 3.7 KM

- 9 Nate's Woody
- 10 > NATE'S BOTTOM

RIDE UP 8.76 KM

- 2 KET-R-DONE
- 1 > Harper Road

STAGE 3 CLIMB 1 M, DESCENT -113M 987 M

- 5 Easy Rider

3.5 - 5.0 HOUR RIDE FOR A MODERATE RIDER.
FOR MORE INFORMATION VISIT TRAILFORKS.COM: KAMLOOPS 2016 OSPREY BC ENDURO SERIES

LOCAL EVENTS

NORTH FACE DIRTY FEET TRAIL SERIES
JUNE
dirtyfeet.ca

BC ENDURO RACES
JUNE
bcenduro.com

BREWLOOPS
SEPTEMBER/OCTOBER
brewloopsfest.ca

TOURNAMENT CAPITAL GAMES
SEPTEMBER
tournamentcapital.com

If you have an event that you would like to promote on the Kamloops Trail Guide contact Tourism Kamloops for more information. tourismkamloops.com

EMERGENCY INFO

EMERGENCIES 911
ROYAL INLAND HOSPITAL 250-374-5111
311 Columbia Street
NON-EMERGENCIES RCMP 250-828-3000

LET'S GO FOR A RIP!

MOSTLY MENTAL SHUTTLES
mostlymentalsluttles.com
Offers the best 'bang for your buck' shuttle rips so mountain bikers can get endless laps on Kamloops' epic trails.

DIRT CHIX KAMLOOPS
dirtchix.weebly.com
A Women's Mountain Bike Group where everyone feels supported and encouraged to get outdoors and play!

HARPER MOUNTAIN
harpermountain.com
The ideal mountain for family winter fun, only 20 min. from Kamloops, Harper Mountain has something for everyone.

SHRED RULES

The City of Kamloops and mountain bike clubs work hard to maintain our extensive trail network. Do your part and follow these simple guidelines:

- STAY ON OPEN, ESTABLISHED TRAILS ONLY.
- PLAN AHEAD.
- BE AWARE AND RESPECTFUL OF WILDLIFE AND CATTLE. DO NOT CHASE OR SCARE THE ANIMALS.
- LEAVE NO TRACE.
- RESPECT BOUNDARIES FOR ADJACENT PRIVATE PROPERTY.
- CONTROL YOUR BIKE.
- CLOSE ALL FARM AND PROPERTY GATES YOU TRAVEL THROUGH.
- NEVER, NEVER, NEVER CUT FENCES...NEVER!

WASH OFF HITCHHIKER WEEDS & PLANTS

Noxious weeds are non-native plant species that are difficult to control. These aggressive weeds compete for water and nutrients and threaten the health of natural plants to the area. Clean your bike and gear prior to arriving at one of our trail areas and make sure you do the same prior to leaving.

BIKE CLUBS

KAMLOOPS BIKE RIDERS ASSOCIATION
kbra.wildapricot.org

KAMLOOPS PERFORMANCE CYCLING CENTRE
kamloopsbikeranch.weebly.com

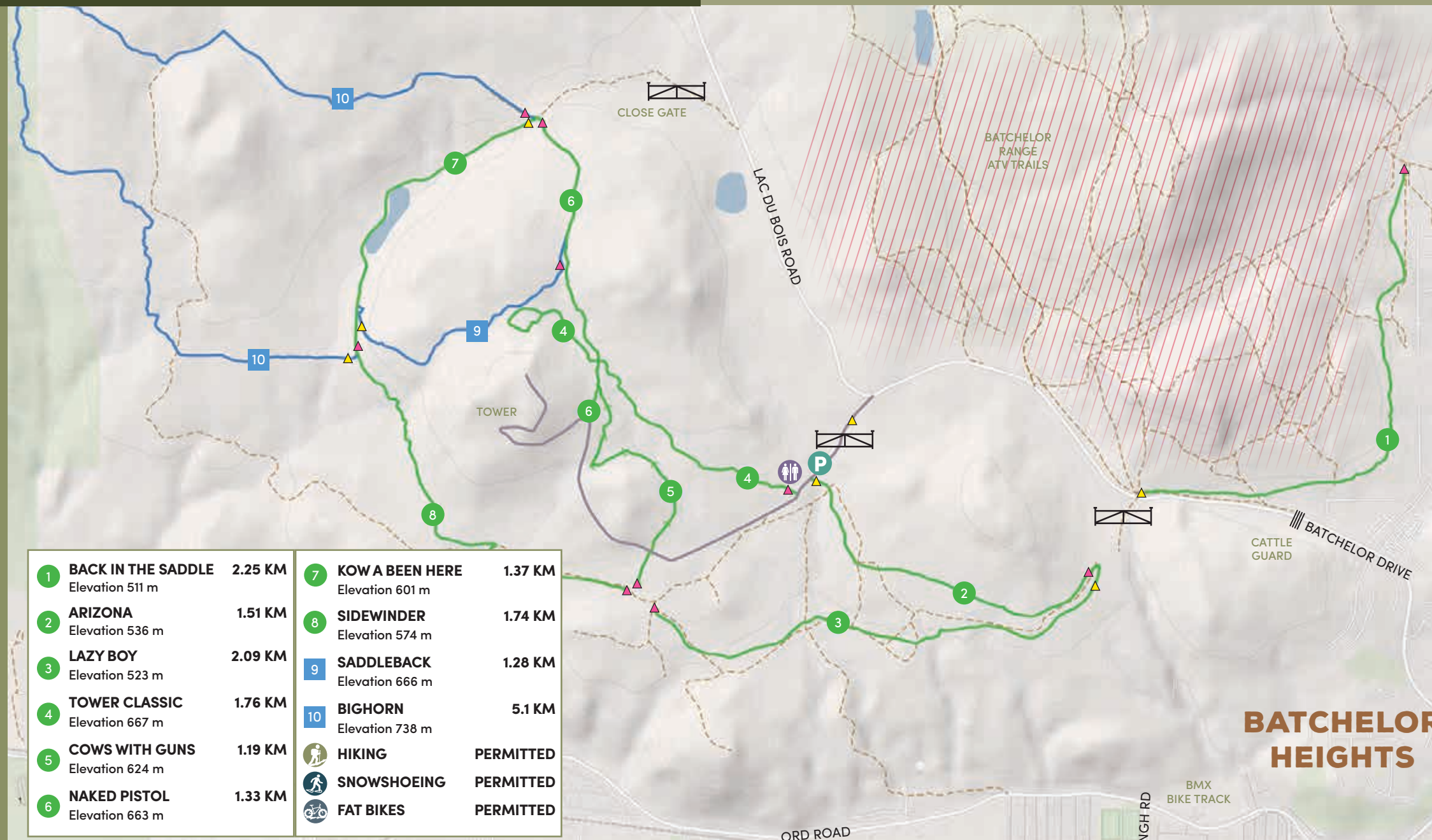
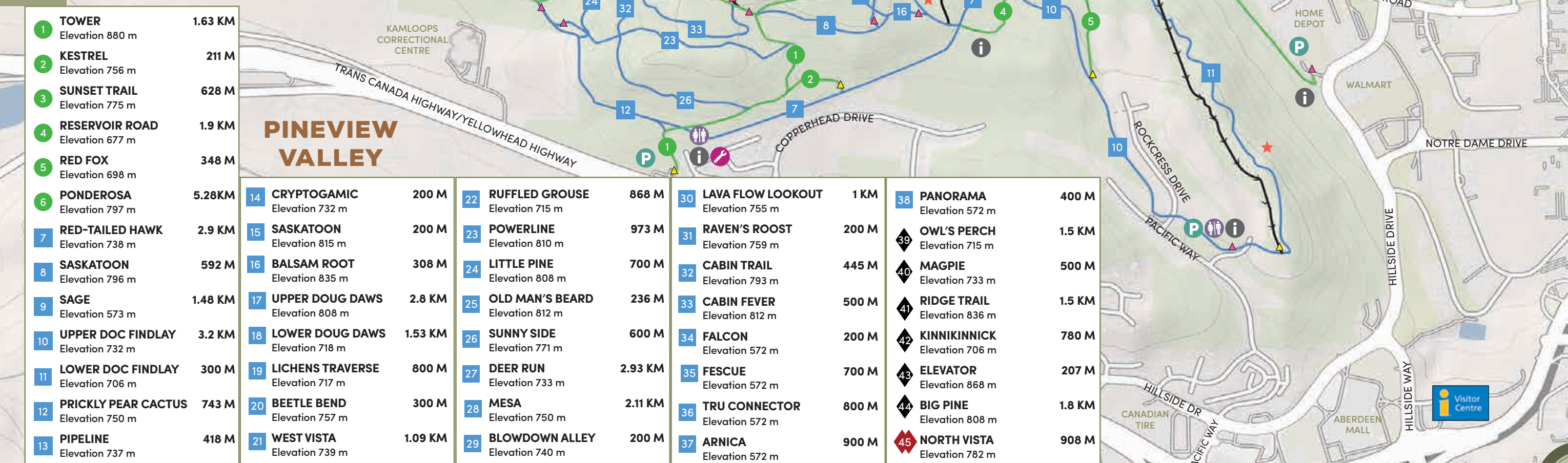
RIDE AT YOUR OWN RISK!

DISCLAIMER: The condition of the trails and roads are subject to change without warning or notice. Trails and routes shown on this map are an approximate representation of the trails and routes at the time of the publication. Tourism Kamloops assumes no responsibility for the accuracy of any particular statement and assumes no liability for any loss or damage which may arise from reliance on the information contained on these maps.

CROSS-COUNTRY BIKING & HIKING TRAILS

BATCHELOR HILLS/ LAC DU BOIS GRASSLANDS

KENNA CARTWRIGHT



SPORKE
BIKE & SKI

Kamloops built and locally owned for 30 years, we specialize in bike and ski sales, services, maintenance, accessories, clothing and repairs.

184 W. Victoria Street 250-372-3001
ROCKY MOUNTAIN | TREK | NORCO

KNOWN BY RIDERS, OWNED BY RIDERS!
WWW.SPORKEKAMLOOPS.NET

MAP LEGEND

- ACCESS ROAD / TRAIL
- EASY
- INTERMEDIATE
- ADVANCED
- EXPERT
- TRAIL HEAD
- SUGGESTED START
- PARKING
- DIRT ROADS
- POINT OF INTEREST (VIEWPOINT, TABLE OR SHELTER)
- SHUTTLE
- INFORMATION
- WASHROOMS
- BIKE REPAIR STATION
- HIKING
- SNOWSHOEING
- FAT BIKING
- DO NOT RIDE AREAS

BIKE REPAIR STATIONS ARE LOCATED IN THE FOLLOWING PLACES:
KENNA CARTWRIGHT (SOUTH ENTRANCE), DOWNTOWN (ST. PAUL STREET & 3RD AVENUE), RIVERSIDE PARK (BY EAST ENTRANCE), MCARTHUR ISLAND (SPORTS & EVENT CENTRE)

The Art We Are
Cafe & Local Artisan Market

246 Victoria Street
theartwear.com

MONTE CREEK RANCH
WINERY | RESTAURANT

2420 Miners Bluff Rd, Monte Creek, BC
(10 minutes from Kamloops)

TASTING ROOM OPEN DAILY
montecreekwinery.com
250-573-5399

COME BE A PART OF THE EXPERIENCE!

#EXPLOREKAMLOOPS

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LOCAL RIDERS FAVOURITE TRAILS

MATT HUNTER
A professional mountain biker born and raised in Kamloops, BC, Matt has travelled all over the world to ride and shoot in exotic, remote locations but has chosen Kamloops to ride and raise his family.

FAVORITE TRAILS: KENNA CARTWRIGHT 44 17
The descents on Big Pine are great. A side hill trail across the south facing side of the park, the most popular route for getting up and around the backside of the trail network. Check out Upper Doug Daws, a fast flow downhill from east to west and a comfortable climb west to east.

HARPER MOUNTAIN 4 6 8
Do an easy lap on Easy Rider - fun, flowy descent only trail. Then hit Unicorn DH and Pimpernot for fast, steep descents. Only recommended for advanced riders. When it rains ride the Kamloops Bike Ranch for a taste of hero dirt!

CATHARINE PENDREL
A Canadian cross-country mountain biker from Fredericton, New Brunswick, currently residing in Kamloops. A 2x World Champion and an Olympic Bronze Medalist.

FAVOURITE TRAIL: PINEVIEW VALLEY 25
The Mine descent combines multiple aspects of mountain bike riding skills. Some rocky more technical climbing and some rocky roll downs complete this great trail.

FAVOURITE ROUTE: KENNA/PINEVIEW VALLEY
Starting at Kenna, ride in a counter clockwise direction, then head over to Pineview to ride as many trails as possible.

TED MORTON
Owner of the BC Enduro Series and Canadian National Enduro Series, Ted lives in Pineview. While his most ridden trail is likely Mike's trail (for the fast flat corners), this route is his go-to for never ending smiles and a fun pedal!

FAVOURITE ROUTE: PINEVIEW VALLEY 12 6 11 13 12 18
Take the Dog-On-It, climb to Whiskey and More Whiskey, it will link into Switch-It-Up, follow that until you reach the double track at end of Switch-It-Up. Head over to Miner-29er, follow that trail right into HP-Sauce, and connect with Beer Run (not listed on map), it will take you right back to the parking lot. This is a good thr-1.45hr ride for those with an average fitness. Watch out for the sharp corners and jumps on Beer Run! Have fun!

DYLAN SHERRARD
A local bike enthusiast, Dylan's daily life revolves around riding his bike. From his commute to working at the Bicycle Café and sunset sessions at the Kamloops Bike Ranch, it hardly even seems like work. For Dylan, it's all about sharing his love of bikes and contributing to the strong community that surrounds the sport.

FAVORITE TRAILS: HARPER MOUNTAIN 2 5 6
Crawl up Ket-R-Done. Picnic at the top. Smash out a Unicorn to Nate's lap and catch some last light reflection on Paul Lake. That's the stuff dreams are made of.

BREW + BITES

CAFFÉ MOTIVO
229 Victoria Street 250-372-3565
caffemotivo.com

PIZZA PI
314 Victoria Street 250-377-0700
pizzapikamloops.com

RESERVOIR COFFEE
104 - 755 McGill Road 250-434-5980
reservoircoffee.com

THE ART WE ARE
246 Victoria Street 250-828-7998
theartwear.com

SPECIALTY COFFEE

DESSERTS

BREAKFAST & LIGHT LUNCHES
MADE IN-HOUSE DAILY

CAFFÉ MOTIVO
229 Victoria Street caffemotivo.com

A BIG SHOUT OUT

Kamloops is renowned for our world-class trail network enjoyed year-round by visitors and locals alike. Access to this network would not be possible without amazing partnerships and countless volunteer hours. We would like to extend a huge THANK YOU to The City of Kamloops, Kamloops Performance Cycling Centre, Kamloops Bike Riders Association, Trailforks.com, BC Parks, Recreation Sites and Trails BC, KGHM AJAX, Sugarloaf Ranch, Kinder Morgan Pipeline, Pembina Pipeline and Harper Mountain Resort. See you on the trails!

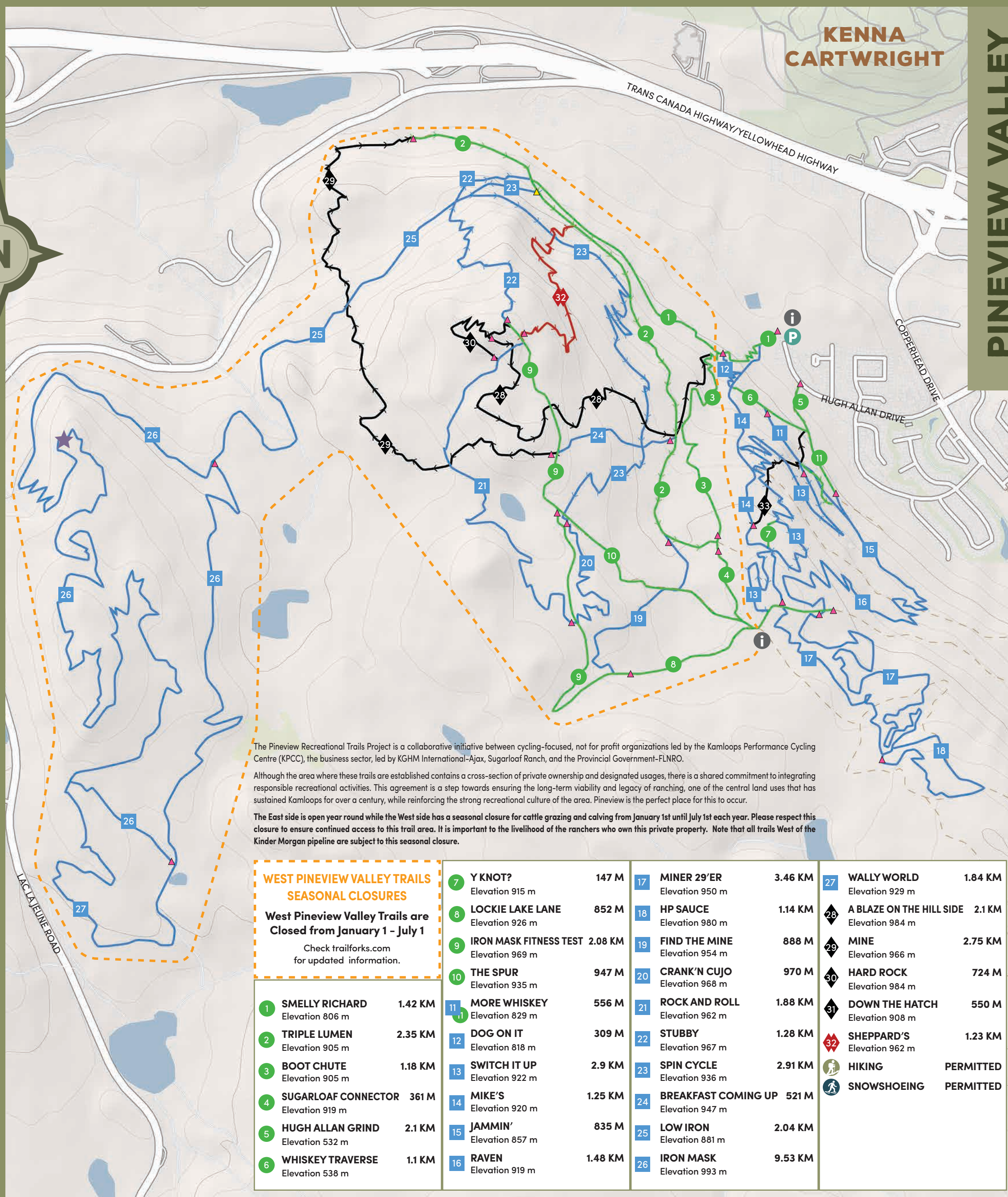
TRAILFORKS
Maps Provided By trailforks.com

pb pinkbike

Kamloops
Canada's Tournament Capital

KPCC
KAMLOOPS PERFORMANCE CYCLING CENTRE

KBRA



The Pineview Recreational Trails Project is a collaborative initiative between cycling-focused, not for profit organizations led by the Kamloops Performance Cycling Centre (KPCC), the business sector, led by KGHM International-Ajax, Sugarloaf Ranch, and the Provincial Government-FLNRO.

Although the area where these trails are established contains a cross-section of private ownership and designated usages, there is a shared commitment to integrating responsible recreational activities. This agreement is a step towards ensuring the long-term viability and legacy of ranching, one of the central land uses that has sustained Kamloops for over a century, while reinforcing the strong recreational culture of the area. Pineview is the perfect place for this to occur.

The East side is open year round while the West side has a seasonal closure for cattle grazing and calving from January 1st until July 1st each year. Please respect this closure to ensure continued access to this trail area. It is important to the livelihood of the ranchers who own this private property. Note that all trails West of the Kinder Morgan pipeline are subject to this seasonal closure.