

# INDULGE

2017 FOOD + DRINK GUIDE



**kamloops**  
BOLDLY UNSCRIPTED

BRITISH COLUMBIA  CANADA



**NO GREAT STORY  
EVER STARTED  
WITH A SALAD.**

**[WAS GOING TO BEGIN THAT CLEANSE TODAY]**

RED BEARD CAFE

Kamloops is more than a city, it's a state of mind. It's a small-town kind of friendly with metropolitan flavours on the side. Far from the hustle and bustle, it's a place where you skip the crowds, stretch your legs and expand your horizons. Resting on the shores of two picturesque rivers, the landscapes invite a sense of improvised adventure.

Be amazed by twisty single-track bike trails and windy walkways. Poke around local shops and boutiques. Engage with the vibrant arts and culture scene. Feast upon the possibilities with the Kamloops Flavour Trail. Known as a foodie's fantasy, sample an assortment that promises to satisfy and satiate even the most discerning of palates. Indulge in a burgeoning bevy of wineries, craft breweries, restaurants and cafés that are overflowing with culinary enthusiasm and intensity.

Kamloops is a city for every season. It's a place for families, urban and rural adventurers. Don't just escape, explore. Go off the grid, get lost and discover the unexpected along the way.



**TOURISM KAMLOOPS VISITOR CENTRE**

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**TOURISMKAMLOOPS.COM**



**LOCAL IS BEST.  
FOOD IS LIFE.  
BEER IS YOUR BUDDY.  
WINE IS THE PARTY.**



CAFFE MOTIVO



@montecreekranch



@redbeardcafe



@maln

Since the dawn of the 19th century, throughout the majestic yet rugged days of fur trading, gold mining and cattle ranching, the desert region now known as Kamloops has been a hub and hotspot for thirst quenching and hunger quelling refreshment.

Not a whole lot has changed.

When cooking for yourself and others just won't do, there is a multitude of charming and delectable eateries, pubs and food trucks simply teeming with taste sensations. Pair everything with local beer, wine and cider, because you know...culinary expression and exploration defines sense of place

**SO, THAT'S WHY KAMLOOPS  
PROMOTES SO MANY  
PHYSICAL ACTIVITIES...**

**#BALANCE #FOODIEPROBLEMS**



SAGEWOOD WINERY



HARPER'S TRAIL  
Charles Koh



PRIVATO VINEYARD & WINERY  
@art\_tcha



MONTE CREEK RANCH WINERY  
Rachel Lewis



MONTE CREEK RANCH WINERY  
@ranch

## SIP, SAVOUR, SLURP & SWIG.

Kamloops is not only great for hiking, biking and every other outdoor activity known to man, it also produces some pretty amazing wines. Travel throughout the Thompson Valley, lap up the beauty surrounding the North and South Thompson Rivers, and discover a bevy of bright, balanced and award-winning wines at one of our four wineries.

Sampling expertly crafted wines via local growers and wine makers is always an excellent choice. Visit Sagewood, a small family owned and operated boutique winery, indulge in Privato's 2012 Grande Reserve Pinot Noir or Monte Creek Ranch Winery 2015 Hands Up Red, both recently voted "the best" in their category at the BC Best of Varietal Wine Awards. You can drink at practically any time of the day, and say "SO what if it's 9am, and it's out of a coffee cup, Susan? This is a Harper's Trail Riesling!" Nobody in their right mind could argue. You're supporting the local economy, and that's just good for everybody.



RED COLLAR BREWING CO.  
@frknrf



RED BEARD CAFE



RED COLLAR BREWING CO.  
@redcollarbrewing



RED COLLAR BREWING CO.  
@redcollarbrewing



THE NOBLE PIG BREWHOUSE  
Charles Koh

# FRIENDS DON'T LET FRIENDS DRINK BLAH BEER.

If the brewpub is more your style, fear not! Kamloops is known for its quirky, quaint, unassuming, and stylish sipping spots. Drink your way through our local craft brew options, or visit a tap house and experience craft beer creations from places near and far.

Beyond the beverages, soak in the sunshine on the Noble Pig patio, residing in a converted swimming pool. Visit Diana the black lab on the Red Collar patio while you sip suds and enjoy a game of Jenga or check out the bright teal building on the eclectic North Shore of the city and grab a bite to accompany your brew at Red Beard Cafe, they have 13 rotating taps of some of the best!

Taking in all that Kamloops has to offer can be thirsty work. Thankfully with our variety of craft brew options you never have to drink the same beer twice. So banish beer boredom, raise a glass and cheers to discovering a truly unique beer based experience.



# FARMERS' MARKET

KAMLOOPS FARMERS' MARKET  
@mooandthebear

Kick off the weekend at the downtown Farmers' Market. All essential elements for delicious days off are happening in one place.

Load up on local produce, baked goods, meat products, soaps, crafts and jewelry. People watch, sample flavors, chat with vendors, get into the mix!



@ferriaxani

With new up and coming wineries, Kamloops is the perfect place to explore and find your new favorite wine or brew! Discover the breweries or wineries on your own by visiting the tasting rooms or try one of our touring companies and sit back and enjoy the ride.

# TOURS



# FOOD TRUCKS



EATS AMORE  
Greg Hanycz

Kamloops is home to many delicious food trucks offering everything from crepes to southern style barbecue. The community continues to cultivate our local growers by offering authentic, innovative and speedy food services.

We want to help you be in the right place at the right time.

## SUMMER

Farm 2 Chefs  
Ribfest

## FALL

Get Corked Run at Harper's Trail Winery  
Brewloops  
Oktoberfest at Red Collar Brewing Co.

## WINTER

Wine & Dine  
Chefs In The City  
Harvest Spiked Pig Dinner at The Noble Pig  
Wine Soirée At Hoodoos  
Holiday Open House on the Kamloops Wine Trail

## SPRING

Flavours & Flicks  
KTRA Food Truck Festival  
Kamloops Wine Festival

[TOURISMKAMLOOPS.COM/EVENTS](http://TOURISMKAMLOOPS.COM/EVENTS)

# EVENTS



BREWLOOPS

TREAT YOURSELF.



THE NOBLE PIG BREWHOUSE  
Charles Koh



BURGER & CAFE JOY  
@tumbleweedtoys



SPRUCE GOOSE & CHOP N BLOCK  
Charles Koh



PDK CAFE  
@brittaneywatters\_



BROWNSTONE RESTAURANT  
@katarzynachan



CHEFFREY 911  
@ratch



FRESH IS BEST SALSA & CO  
@julie\_miguel\_



SCOOPZ ICE CREAM  
@niggysmall\_



FRENCHIE'S POUTINERIE  
@frenchiespoutinerie



RED BEARD CAFE  
@redbeardcafe



STORMS ON THE RIVER  
@storms\_restaurant



EATS AMORE  
@eatsamore



HELLO TOAST  
@gofindpatrick



ROMEO'S KITCHEN + SPIRITS



RESERVOIR COFFEE  
@reservoircoffee



CAFFE MOTIVO  
@thematanis



TERRA RESTAURANT  
@tarrakamloops



RED COLLAR BREWING CO  
@redcollarbrewing

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