

# Delaware Water Gap

National Park Service  
U.S. Department of the Interior

Delaware Water Gap  
National Recreation Area



## McDade Trail



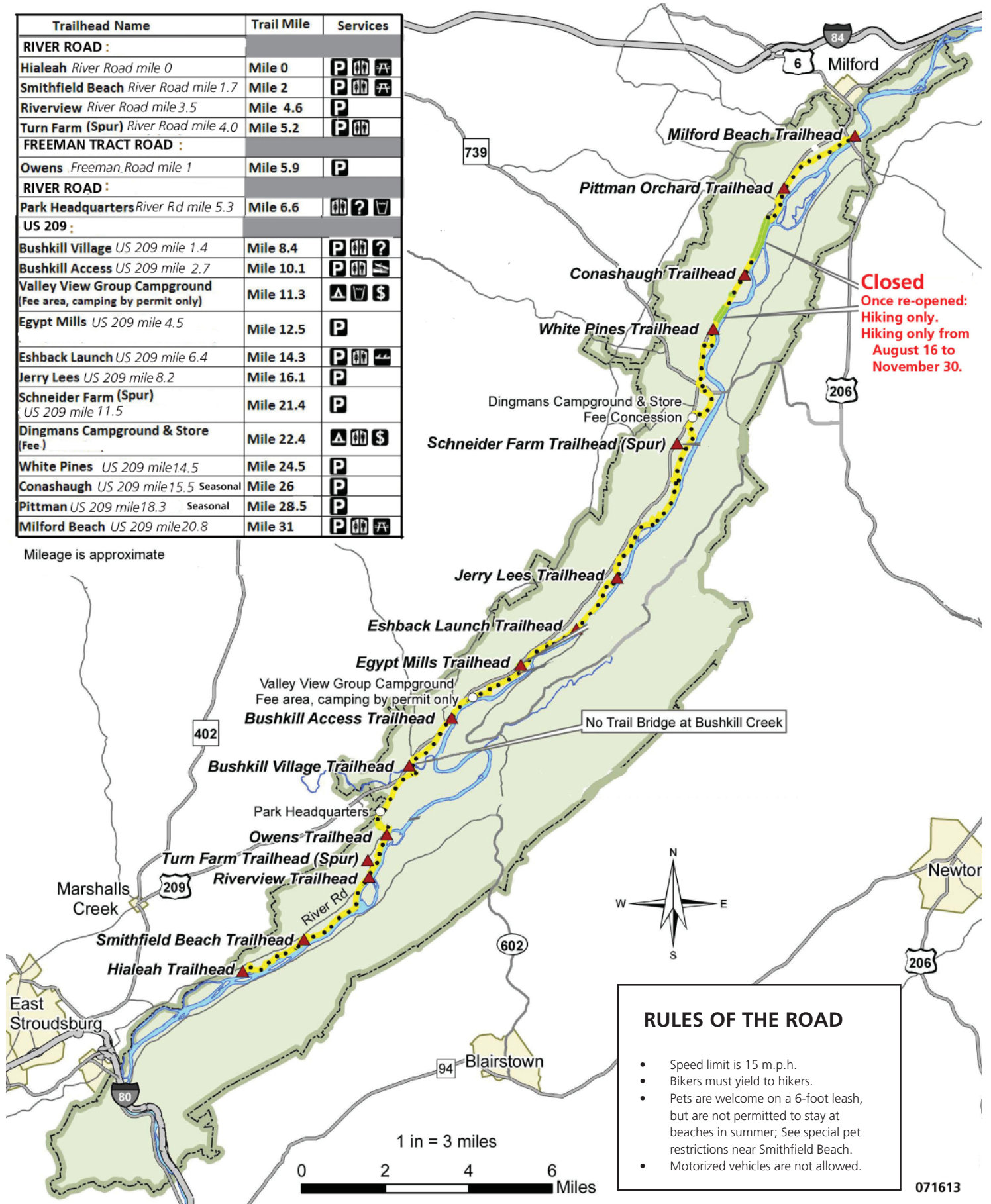
### Suggested Trips

Suggested Trips	Trailhead/Parking	Round trip	Difficulty/Description
<b>Mostly flat family bike ride</b> <b>McDade miles 0-5.2</b> Summer weekend bike rentals at Smithfield	Hialeah Picnic Area north to Turn Farm Spur (0.3 miles/0.5 km spur)	Up to 10.4 miles/16.7 km (plus spur)	Smithfield northbound has flat, sunny fields; Smithfield southbound has shade but a steep hill at Hialeah. Pets not allowed to stay at Milford Beach or to come within 0.25 miles of Smithfield Beach in summer. Fee to park at Smithfield in season.
<b>History hiking: old roads, barns, and houses *</b> <b>McDade miles 5.2-8.4</b>	Turn Farm Spur north to Bushkill Village (No trail bridge over Bushkill Creek)	Up to 6.4 miles/10.3 km	Shady section filled with history best explored on foot. Steep switch-backs up to the boardwalk over the swamp (walk bikes), then rolling trail. Side trip: Springhouse on Freeman Tract Road 0.1 mile northeast of Owens Trailhead. Headquarters is open 8:00-4:30 Monday to Friday.
<b>Short flat bike ride</b> <b>McDade miles 8.4-12.4</b>	Bushkill Village north to Egypt Mills	Up to 8 miles/12.9 km	Flat run including farmed flats, wetlands, shale cliffs, river view at Bushkill Access and shady Toms Creek. Fee to park at Bushkill Access in season.
<b>Flat strolls or short rides</b> <b>McDade miles 12.4-16.1</b>	Egypt Mills (on US 209); Eshback Access; Jerry Lees Access	Up to 7.2 miles/11.6 km	Shady walk or ride along Toms Creek; river view and half-mile shady walk south at Eshback; wildflowers and a spruce plantation south of Jerry Lees. Good view west to the Pocono ridge.
<b>Long bike ride with streams, forest, small hills</b> <b>McDade miles 8.4-20.9</b>	Bushkill Village north to Schneider Farm Spur (0.4-mile/0.7 km spur)	Up to 25 miles/40.2 km (plus spur)	Combines above sections for a long, flat and sunny ride with some dips at stream crossings and some hills around mile 17. Fine view south over fields and wetlands from 0.5 mile spur road to/from Schneider Farm Trailhead.
<b>Dingmans Creek Area</b> <b>McDade miles 20.9-24.5</b>	Schneider Farm Spur north to White Pines	Up to 9 miles/14.5 km	A closer look at Dingmans Creek as it threads under Rt. 739 and flows into the Delaware River. Steep, shady switchbacks. Store (food, drinks) but no trailhead parking at Dingmans Campground.
<b>CLOSED FOR REPAIR</b> <b>Autumn riverbank hike</b> <b>McDade miles 24.5-28.7</b>	White Pines north through Conashaugh (on US 209) to Pittman Orchard	<b>CLOSED</b>	<b>CLOSED FOR REPAIR. Once trail is re-opened, no biking or skiing will be allowed at any time; from Conashaugh to Pittman, hiking will be allowed only from August 16 to November 30.</b>
<b>Views of Raymondskill Cliff</b> <b>McDade miles 28.7-31.0</b>	Pittman Orchard north to Milford Beach (No trailheads in between)	4.6 miles/7.4 km	Fine views of the cliffs 500 ft above the valley floor and Milford-Montague bridge; wildflowers and butterflies in unused fields; Milford-Montague bridge. Side trip: north bank of the Raymondskill (no trail bridge) is 0.5 miles south of Pittman. Pets not allowed to stay at Milford Beach in summer. Fee to park at Milford Beach in season.

\* History notes for McDade Trail are available at [www.nps.gov/dewa](http://www.nps.gov/dewa).

Trailhead Name	Trail Mile	Services
<b>RIVER ROAD :</b>		
Hialeah River Road mile 0	Mile 0	P 🚰 🚲
Smithfield Beach River Road mile 1.7	Mile 2	P 🚰 🚲
Riverview River Road mile 3.5	Mile 4.6	P
Turn Farm (Spur) River Road mile 4.0	Mile 5.2	P 🚰
<b>FREEMAN TRACT ROAD :</b>		
Owens Freeman Road mile 1	Mile 5.9	P
<b>RIVER ROAD :</b>		
Park Headquarters River Rd mile 5.3	Mile 6.6	🚰 ? 🚲
<b>US 209 :</b>		
Bushkill Village US 209 mile 1.4	Mile 8.4	P 🚰 ?
Bushkill Access US 209 mile 2.7	Mile 10.1	P 🚰 🚲
Valley View Group Campground (Fee area, camping by permit only)	Mile 11.3	🚰 🚲 \$
Egypt Mills US 209 mile 4.5	Mile 12.5	P
Eshback Launch US 209 mile 6.4	Mile 14.3	P 🚰 🚲
Jerry Lees US 209 mile 8.2	Mile 16.1	P
Schneider Farm (Spur) US 209 mile 11.5	Mile 21.4	P
Dingmans Campground & Store (Fee)	Mile 22.4	🚰 🚲 \$
White Pines US 209 mile 14.5	Mile 24.5	P
Conashaugh US 209 mile 15.5 Seasonal	Mile 26	P
Pittman US 209 mile 18.3 Seasonal	Mile 28.5	P
Milford Beach US 209 mile 20.8	Mile 31	P 🚰 🚲

Mileage is approximate



**Closed**  
Once re-opened:  
Hiking only.  
Hiking only from  
August 16 to  
November 30.

No Trail Bridge at Bushkill Creek

**RULES OF THE ROAD**

- Speed limit is 15 m.p.h.
- Bikers must yield to hikers.
- Pets are welcome on a 6-foot leash, but are not permitted to stay at beaches in summer; See special pet restrictions near Smithfield Beach.
- Motorized vehicles are not allowed.