

DOWNTOWN RESTAURANTS WITH GLUTEN FREE OPTIONS

Pushkin's Kitchen
Full Gluten Free Menu
1813 Capitol Ave 916-823-5520
T-F 8:00am-3pm / Sa-Su 8am-3pm

Pushkin's Bakery
Full Gluten Free Menu
1820 29th St 916-376-7752
M 8:00am-5:00pm / T-F 7:00am-7:00pm / Sa 8:00am-7:00pm / Su 9:00am-4:00pm

Sacramento Natural Foods Co-op
Some Gluten Free Options
2820 R Street 916-868-6399
Daily 6:00am-11:00pm

Mother
Some Gluten Free Options
1023 K Street 916-594-9812
Lunch: M-F 11:00am-3:00pm
Dinner: T-Th 5:00pm-8:00pm & F-Sat 5:00pm-9:00pm

Old Spaghetti Factory S
Some Gluten Free Options
1910 J Street 916-443-2862
Lunch: M-Sun 11:30am-4:00pm
Dinner: Sun-Th 4:00pm-9:00pm & F-Sat 4:00pm-10:00pm

Drunken Noodle S
Some Gluten Free Options
2502 J Street 916-447-1855
M-F 11:30am-2am & 4:30pm-9:00pm / Sat-S 12:00pm-9:00PM

Coconut S
Some Gluten Free Options
1110 T Street 916-822-4665
M-F 11:30am-2:00pm & 4:30pm-9:00pm / Sat-Sun 12:00pm-9:00pm

Paesanos S
Some Gluten Free Options
1806 Capitol Ave 916-447-8646
M-W 11:30am-9:30pm / Th 11:30am-10:00pm / F 11:30am-10:30pm / Sat 12:00pm-10:30pm / Sun 12:00pm-9:30pm

PF Chang's S
Some Gluten Free Options
1530 J Street 916-288-0970
Sun-Th 11:00am-11:00pm / F-Sat 11:00am-11:30pm

Pizza Rock S
Some Gluten Free Options
1020 K Street 916-737-5777
M-W 11:30am-9:00pm / Th 11:30am-3:00am / F-Sat 11:30am-3:00am / Sun 10:00am-9:00pm

Pieology S
Some Gluten Free Options
1020 16th Street 916-447-1695
M-Th 11:00am-9:30pm / F-Sat 11:00am-10:30pm / Sun 11:00am-9:00pm

"S" - open on Sunday evenings