

Saratoga Dental Congress

1868 - 2018



May 10-11, 2018

REGISTRATION FORM

PRE-REGISTRATION

AFTER APRIL 4, 2018

ADA Member Dentist:	\$275 for 1 day / \$390 for 2 days	\$350 for 1 day / \$465 for 2 days
Non-Member Dentist:	\$400 for 1 day / \$640 for 2 days	\$490 for 1 day / \$690 for 2 days
Auxiliary (RDH, CDA, DA & S):	\$125 per day	\$150 per day
Students, Residents & Retired 4 th	No Charge	No Charge

NAME or OFFICE _____ ADA# _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE # _____ EMAIL _____

Check Charge My: VISA Mastercard

Card # _____ Exp. Date _____

Sec. Code _____ Signature _____

NO REFUNDS AFTER MAY 3, 2018 • BADGE REQUIRED FOR COURSE ADMISSION

****EMAIL ADDRESS NECESSARY FOR CONFIRMATION****

Thursday, May 10 Courses

FULL NAME FOR BADGE	FIRST NAME (or nickname)	CAT.*	OKESON		LOW DOG		BLS/CPR		FEES
			AM	PM	AM	PM	AM	PM	
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Friday, May 11 Courses

FULL NAME FOR BADGE	FIRST NAME (or nickname)	CAT.*	SHELburnE		DEWHIRST		BLS/CPR	Lunch	FEES
			AM	PM	AM ONLY	& Learn			
_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____	
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See bottom of Friday Courses page for Lunch & Learn choice descriptions.

TOTAL _____

***Categories (CAT.): D = Dentist; RDH = Hygienist; CDA = Cert. Dental Asst.; DA = Assistant; S = Staff**

**Limited to 30 per session. Course will be filled on a first come first served basis. Please indicate AM or PM course.

Form may be duplicated for additional registrants. Badges will be mailed before meeting.
For registrations received after April 27th, badges can be picked up at the registration desk.

**PLEASE MAIL TOTAL FEE WITH COMPLETED REGISTRATION FORM TO:
Fourth District Dental Society, 632 Plank Road, Suite 200, Clifton Park, NY 12065***

please make a copy of your registration for your records before mailing

Registration Option! Register online for the SDC:
www.4thdds.org/saratoga-dental-congress-registration/

(518) 371-1114

THURSDAY COURSES

What Every Dentist Needs to Know About TMD

AM & PM Session



Dr. Okeson

Temporomandibular disorders (TMD) are a group of musculoskeletal disorders of the masticatory system. As primary care providers of these common disorders, dentists should have a sound understanding of TMD so that the most appropriate care will be selected. Often, simple care can make a big difference in a patient's quality of life. This presentation will describe the present evidence that helps guide the clinician to best treatment for TMD.

Objectives:

- Identify pain disorders that will likely respond to therapy from those that will not.
- Describe the relationship between occlusion, bruxism and TMD.
- Determine the most favorable orthopedically stable relationship between the occlusion and condylar position for prosthodontic and orthodontic therapies.

Dr. Jeffrey Okeson is Professor, Division Chief and Director of the Orofacial Pain Program, University of Kentucky, College of Dentistry, which he established in 1977. He has presented more than 1,200 lectures on the subject of TMD and orofacial pain in all 50 states and in 54 countries; has authored more than 240 publications in the area of occlusion, TMD and orofacial pain in various journals and two textbooks on TMD and orofacial pain, which have been translated into 12 different languages. Dr. Okeson received the American Academy of Orofacial Pain's Service Award and the "Distinguished Alumni Award" from the College of Dentistry. He also received "The International Dentist of the Year Award" from the Academy of Dentistry International for his worldwide education efforts regarding TMD and orofacial pain. For more information, visit: <http://jeffokeson.net>.

BLS/CPR for the Healthcare Provider • AM & PM Course

Room: Hampton Inn/Saratoga AB • See back panel for details.

The Medicalization of Life – AM Session

Society's growing trend is to classify more and more life problems as medical problems. It seems like there is a pill for every problem and endless "direct to consumer" advertisements with solutions just a doctor's visit away. Dr. Low Dog will explore the evidence for more natural solutions to equip and empower each person as well as how to sort through all the mixed messages on health.

Objectives:

- Identify two areas where normal life processes are pathologized
- Explore the evidence for pharmaceutical and non-pharmaceutical treatments for depression
- Learn two lifestyle interventions for reducing the risk of cardiovascular disease and hip fracture

Beyond Prevention – PM Session

Health promotion is the process of enabling people to increase control over and to improve their health. To reach a state of complete physical, mental and social well-being, an individual or group must be able to identify and to realize aspirations, to satisfy needs and to change or cope with the environment. Health is therefore seen as a resource for everyday life, not the objective of living. Health is a positive concept emphasizing social and personal resources, as well as physical capacities. Therefore health promotion goes beyond healthy life styles to well-being.

Objectives:

- Identify two lifestyle interventions that can reduce the risk of cardiovascular disease
- Explain the importance of Omega-3 fatty acids during pregnancy
- Describe the key components of the Mediterranean diet

Dr. Tieraona Low Dog is an internationally recognized expert in the fields of integrative medicine, dietary supplements, herbal medicine and women's health. She served as Director of two fellowship programs and was appointed to the White House Commission on Complementary and Alternative Medical Policy, 2000-2002. For more information visit: <https://drlowdog.com/>.



Dr. Low Dog

FRIDAY COURSES



Dr. Shelburne

Do Dentistry, Not Prison Time – AM Session

Dr. Shelburne went to prison on August 20, 2008 and was released on May 14, 2010 because his records and systems were found to be faulty. He learned it was critical to implement protocols and form a defensive systemic approach to record keeping. He is "passionate about helping colleagues understand that if it's not in your dental record, you didn't see it, you didn't say it, you didn't do it, it didn't need to be done, and it doesn't exist from the legal perspective."

Objectives:

- To understand that what you don't know can hurt you and that ignorance is no excuse
- To learn to assimilate and maintain records that can both protect and defend
- Understand the necessity of due diligence and how to conduct records review and internal audits to insure accuracy and excellence

Maneuvering The Coding Minefield – PM Session

During the investigation, it became apparent that Dr. Shelburne's billing and coding systems were inadequate. He found it possible to implement a systemic approach that resulted in maximum legitimate reimbursement. To be prepared for this challenge, the dental team must be careful, concise, complete and diligent. Learning and implementing this approach will garner higher reimbursement while reducing risks associated with coding. If deficiencies in systems are ignored, both doctor and staff are at risk.

Objectives:

- To recognize the dangers of coding improperly and the benefits of coding properly
- To know the most commonly misused codes and how to avoid the "usual" errors
- To develop systems that prevent coding errors and result in higher reimbursements

Dr. Roy Shelburne is a nationally known speaker, writer and consultant who shares what he's learned so others can avoid his mistakes. A graduate of Virginia Commonwealth University Dental School, he practiced dentistry in Pennington Gap, Virginia, for 27 years. He has served as Secretary/Treasurer and President for Southwest Virginia's Component 6 and as a delegate of the Virginia Dental Association's Annual Meeting. For more information visit: <http://royshelburne.com/>.

BLS/CPR for the Healthcare Provider • AM Course Only

Room: Hampton Inn/Saratoga AB • See back panel for details.

Standing Up To The World's Emerging Diseases – AM Session

This seminar explores personal health issues of importance to dental professionals such as bio-film diseases, infectious respiratory, skin, droplet or airborne diseases, as well as co-morbidities such as chronic conditions and allergies. Occupational risk, illness prevention, and post exposure responses are discussed. Standard and transmission-based precautions along with work restrictions for dental workers are presented, with demonstrations and activities.

Objectives:

- Review well-known infectious diseases & current trends
- Identify emerging disease risks of importance to dentistry
- Know key decision criteria to prepare for unexpected risks

Ergonomics: The Balancing Act! – PM Session

Dental ergonomic concerns and strategies are discussed. Repetitive motion, awkward positions, and forceful traumatic movements may add up to lost careers. Underlying anatomy, causes and prevention of various cumulative trauma disorders are linked with helpful hints and alternatives. Magnification, illumination and positioning are discussed, as well as health issues that impact susceptibility to ergonomic stresses.

Objectives:

- Evaluate physical signs and symptoms of cumulative trauma disorders commonly found in dental workers
- Understand the physiology of representative cumulative trauma disorders
- Practice stretching and strengthening exercises and strategies that reduce risk of work-related injuries

Ms. Dewhirst graduated from the University of Southern California and teaches Oral Pathology, Preventive Dentistry and Infection Control at West Coast University Dept. of Dental Hygiene. She is a nationally recognized speaker, author and consultant on infectious diseases, clinical safety, instrument sharpening, ergonomics and preventive dentistry. Please visit: <http://nancyandrewsrhdh.net/>.



Nancy Dewhirst

SCHEDULE AT A GLANCE

DATE	SPEAKER	PRESENTATION	LOCATION
Thursday, May 10, 2018			
MORNING			
8:00-9:00	Registration & Exhibits	Lobby & Exhibit Hall	City Center
8:30-11:30	Dr. Jeffrey Okeson	What Every Dentist Needs To Know About TMD- I	M-1, City Center
8:30-11:30	Dr. Tieraona Low Dog	Medicalization of Life	M-2, City Center
8:30-11:30	Mike McEvoy, PhD, NRP, RN, CCRN	BLS/CPR	Hampton Inn/ Saratoga AB
10:00-10:40	Staggered AM Breaks	Exhibit Hall	City Center
11:30-12:00	FDSS Board President	Business Meeting	M-1, City Center
AFTERNOON			
12:00-1:00	Lunch	Exhibit Hall	City Center
1:00-4:00	Dr. Jeffrey Okeson	What Every Dentist Needs To Know About TMD- II	M-1, City Center
1:00-4:00	Dr. Tieraona Low Dog	Beyond Prevention	M-2, City Center
1:00-4:00	Mike McEvoy, PhD, NRP, RN, CCRN	BLS/CPR	Hampton Inn/ Saratoga AB
2:40-3:20	Staggered PM Breaks	Exhibit Hall	City Center
Friday, May 11, 2018			
MORNING			
8:00-9:00	Registration & Exhibits	Lobby & Exhibit Hall	City Center
8:30-11:30	Dr. Roy Shelburne	Do Dentistry, Not Prison Time	M-1, City Center
8:30-11:30	Ms. Nancy Dewhirst, RDH, BS	Standing Up To The World's Emerging Diseases	M-2, City Center
8:30-11:30	Mike McEvoy, PhD, NRP, RN, CCRN	BLS/CPR	Hampton Inn/ Saratoga AB
10:00-10:40	Staggered AM Breaks	Exhibit Hall	City Center
11:45-12:45	Dentist Lunch & Learn		M2-A, City Center
AFTERNOON			
12:00-1:00	Lunch	Exhibit Hall	City Center
1:00-4:00	Dr. Roy Shelburne	Maneuvering The Coding Minefield	M-1, City Center
1:00-4:00	Ms. Nancy Dewhirst, RDH, BS	Ergonomics: The Balancing Act!	M-2, City Center

*All courses presented are 3 CEU's AM and 3 CEU's PM unless otherwise noted.

Hotel room reservations are available at the **Hampton Inn at (518) 584-2100. Please mention the **Saratoga Dental Congress** or the **Fourth District Dental Society**. Reservation deadline is April 10, 2018.

Fourth District Dental Society

632 Plank Road, Suite 200
Clifton Park, NY 12065

NON-PROFIT ORG.
U.S. POSTAGE
PAID
ALBANY, NY
Permit #819

Medcourse: BLS/CPR for the Healthcare Provider

This class is for healthcare professionals who may need to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. It is ideal for learners who prefer group interaction and feedback from an instructor while learning skills. The course teaches both single-rescuer and team basic life support skills with an added emphasis on team resuscitation. An AM and PM course will be taught on Thursday and an AM course only taught on Friday. Sign up early as seating is limited to 30 per course.

The lead presenter is Mike McEvoy, PhD, NRP, RN, CCRN the chair of the Resuscitation Committee at Albany Medical Center. Mike is a nurse clinician in the cardiac surgical ICU and teaches critical care medicine at Albany Medical College. He is a paramedic supervisor for the Clifton Park & Halfmoon Ambulance, chief medical officer for West Crescent Fire Department and lead editor of the textbook, *Critical Care Transport* and the *Informed EMS and Critical Care Guide series* (by Jones & Bartlett Publishers). Hampton Inn: Saratoga AB

2018 SDC BUSINESS MEETING

Stay for the Business Meeting and a ticket may make you a winner! All who attend and present a ticket will be entered into a drawing for a complimentary registration for the 2019 SDC!

OFFICERS

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Fourth District Trustee to NYSDA and ADA Delegate: DR. JAMES E. GALATI

ADA Delegate: DR. WAYNE S. HARRISON; *General Chairman:* DR. MARK A. BAUMAN