Tips for a Great Photography Hike:

Take Your Time - Patience wins the day when looking for photo opportunities along the Trail.

Use Your Senses - Let your senses be your guide. Sight is a key element for taking photos, but remember to breathe in the smells and listen to the sounds that surround you. These will round out your adventure and enhance your experience on the Trail.

Let Nature Come to You - Take a seat on a log, a rock or just the ground - mousepads make great sitting pads too. Sit still and let nature settle around you. You're likely to see much more when the wild world forgets that you're watching it.

Shoot What You Love - Your favorite subjects might change from hike to hike - landscapes one day, fungi the next. Embrace your inspiration for the day and you'll be sure to see that creativity and passion reflected in your photos.

Leave What You Find - Take as many photos as you like, but be sure that's all you take. Leave everything else behind for the next shutter bug, hiker or birder to enjoy.

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The Appalachian National Scenic Trail has no shortage of beauty. Whether the cliffs call you or the valleys beckon, wildlife, flora and exquisite scenery await in a landscape that is at once challenging and welcoming to all who visit. Whether viewed up close or through a panoramic lens, there's not a single place along the Trail where the magic of nature doesn't abound.

Picture Perfect Hiking

Cumberland Valley

From the Scott Farm (40.25967, -77.10395) to the top of North

Mountain, there's a little bit of everything. The winding Conodoguinet Creek is the backdrop for a host of wildflowers, a boardwalk bridge and lush forest before the mountain gives way to the valley below.

Whiskey Spring

Thread your way through the rock maze at Whiskey Spring (40.09815, -77.12869). Travel in either direction along the Trail for magnificent rock formations, beautiful foliage and plenty of wildlife.

Chimney Rocks

Old Forge Picnic Area (39.79497, -77.48305) and Antietam Creek in Michaux State Forest set the stage for a 2.5 mile hike up the Trail to the Chimney Rocks Overlook.

Hawk Rock

Trek up from the base of Cove Mountain (40.38200, -77.03001) to the fantastic vista at Hawk Rock. Remember to look up here and

there for feathered friends who may join you from their lofty perches or as they're swooping overhead.

Children's Lake

Sugar maples, water fowl and historic charm make Children's Lake in Boiling Springs (40.14982, -77.12695) one of the most picturesque towns through which the Trail wanders.



