

Summer 2019 Scoop: Health & Wellness

NEW HEALTH & WELLNESS

Island IV: Concierge IV therapy offering on-demand intravenous therapy electrolyte, vitamin and beauty replacements. 42 Spring Street, Suite 8A, Newport.

Jessica Lee, Psychic Medium: Medium readings, tarot readings, group readings. 134 Spring Street, Unit 1.25 (enter through OceanSky Studios). jessicaleepsychicmedium.com

Level Beauty Collective: Salon and beauty treatments. 207 Goddard Row, Brick Market Place, Newport. [facebook.com/Level-Beauty-Collective](https://www.facebook.com/Level-Beauty-Collective)

The Preserve Infrared Sauna: Therapy that uses heaters to emit infrared light experienced as radiant heat which is absorbed by the surface of the skin allowing for multiple health benefits. 1038 Aquidneck Avenue Middletown. thepreservenewport.com

Island Wellness Center: Offering cryotherapy, infrared sauna, air compression massage therapy, a vibration plate, cupping, LED therapy, a steam slimming pod, inversion table, polarity therapy, aromatherapy bar and salt therapy cave in addition to wellness products. 102 W. Main Road, Middletown. theislandwellnesscenter.com

Rhody Surf: The return of this surf rental, lessons, and award-winning surf school brings forth a new location on First Beach. At Easton's Beach, 175 Memorial Blvd., Newport. rhodysurf.com