



# What's Your Style?

Everyone has a different reason for getting on the trail or taking off on a county road. Knowing what you most enjoy about biking and walking will help you choose the right route.



## CONFIDENT, BUT CAUTIOUS

- Your route is mostly on trail and sidewalk.
- Some sections require merging with car traffic, but only on local, low-traffic roads.
- You will often be in busier parts of town, close to some good food and entertainment.



## CASUAL

- Your route is entirely on off-road trails.
- Expect very few road crossings, if any, and lots of opportunities to view wildlife.
- You will be in the quieter, slow-paced corners of our communities.



## STRONG & FEARLESS

- Your route is mostly on county roads, but you will also see sections of our off-road trails.
- Some routes have long, straight stretches great for getting in training mileage. Some will require more navigation.
- You will be in the rural areas of the county, passing Amish farms and corn fields.

# Gear Up

You can walk and bike in any weather if you have the right gear!

Walking in the rain can be a very relaxing activity, but only if you are dressed right. Wear a venting jacket with hood, waterproof boots, and two pairs of socks. Carry a water-proof bag for items that should not get wet.

Bicyclists should invest in a good riding poncho that attaches over the handlebars to keep your legs dry. Fenders with mud flaps and water-proof shoe covers are well worth the money, too.

The key to walking and biking in cold weather is wearing several layers so you can remove some as your body warms up. Overheating is a real concern, so remember to wear breathable materials. Wide bike tires with tread are a necessity to bike in snow.

**CYCLISTS: CHECK YOUR A, B, C'S** **A** Air **B** Brakes **C** Chain



Need to make a connection? Check out the Interurban Trolley map and schedule at [interurbantrolley.com](http://interurbantrolley.com). You can secure up to two bikes on a rack located on the front or back of any Trolley. Then, sit back and relax awhile.

Note: Bicycles are not allowed inside the Trolley. If the rack is full, you must wait for the next available Trolley. Regular fare is \$1.00 per person for each one way trip. Children 5 and under ride free when traveling with an adult.

Does your bike need a tune-up? Do you need new gear or want to rent a bike for the day? These locally-owned businesses can help you.

### Pumpkinvine Cyclery

413 N Main St, Middlebury  
Tu-F: 10-6, Sat: 9-4  
(574) 825-2252  
[pumpkinvinecyclery.com](http://pumpkinvinecyclery.com)

### Family Bicycle Center

3410 S Main St, Elkhart  
M-F: 9-6, Sat: 9-4  
(574) 294-2865  
[familybicyclecenter.com](http://familybicyclecenter.com)

### Lincoln Ave Cycling

430 W Lincoln Ave, Goshen  
M-F: 10-6, Sat: 9-4  
(574) 533-7425  
[lincolnavenucycling.com](http://lincolnavenucycling.com)

### Elkhart Bicycle Shop

401 E Jackson Blvd, Elkhart  
M-F: 10-6, Sat: 9-3  
(574) 294-7243  
[allaboutcycling.net](http://allaboutcycling.net)

Want to connect to a community bicycle shop or advocacy group?

### Chain Reaction Bicycle Project

510 E Washington St, Goshen  
(574) 903-3056  
[crbp.org](http://crbp.org)

### Pedal Power Bike Shop

1320 Prairie St, Elkhart  
(574) 361-0009

### Bike Elkhart

[bikeelkhart.org](http://bikeelkhart.org)

### Bike Michiana Coalition

[bikemichiana.org](http://bikemichiana.org)