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| C:\Users\mokon\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Word\1_FN_Positive_No_Shadow_RGB.PNG O:\DU Copenhagen\Dir\Files from DU Copenhagen T\Design & profil\Profil 2013\Norway_Pay-off_CMYK copy.jpg  Pressetrip: **National Tourist Routes in Fjord Norway**  Date: August 20th – 24th 2014  Number of participants: 10+1+1+1  Tour coordinator: Fjord Norway  Per Ritzler, The National Tourist Routes  Mona Konuralp, Innovation Norway | | | | |
| **WELCOME TO FJORD NORWAY** [**www.fjordnorway.com**](file:///C:\Server1FELLESPresseturerDiverseMalerwww.fjordnorway.com)  **Fjord Norway** is a region which consists of four different parts; Rogaland, Hordaland, Sogn & Fjordane and Møre & Romsdal. In Fjord Norway you will find a land of contrasts. You find beautiful and peaceful nature sceneries, but also all kinds of wild activities. From wandering on long white beaches in March you can go to skiing in July on snowy glaciers. Fjord Norway has everything you could wish for. Mountains, Fjords, Glaciers, Quietness, Beautiful nature, Adventures, Activities - Everything you need.  *Fjord Norge AS/Fjord Norway is regional tourist board of Western Norway - the site of the world famous fjords! Our expertise is invaluable in your planning, and helps secure the quality of your trips to the fjord region. Fjord Norway can assist with fam. trips as well as press tours for travel correspondents. Our product manual, travel brochure, posters and newsletters are necessary tools for your planning. Fjord Norway’s Internet presentation www.fjordnorway.com contains detailed information as well as a wide selection of photographs for you to use free of charge (www.fjordnorway.com/imageshop). Fjord Norway is located in Bergen, Norway and is owned by transport companies, hotels, tourist organizations as well as activity and adventure providers in Western Norway.*  *C:\Users\mokon\Downloads\Skagefla-and-The-Geiranger-Fjord-052014-99-0009-800.jpg C:\Users\mokon\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\OU6Z2G5Q\Molde  Photo Terje RakkeNordic Life AS.jpg* C:\Users\mokon\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\OU6Z2G5Q\Photo credit Håholmen Havstuer Classic Norway.jpg    **National Tourist Routes in Norway** There are still roads that are not merely designed to get you to your destination as quickly as possible. National Tourist Routes are beautiful drives with that little bit extra. The routes are carefully selected by the Norwegian Public Roads Administration, and each of the 18 routes has its own history and character. Our job is to make sure the routes are adapted to travellers' needs. We do so by building spectacular viewpoints with service buildings, car parks, furniture, paths and art.  [www.nasjonaleturistveger.no](http://www.nasjonaleturistveger.no)  **Twitter/Facebook/Instagram: @fjordnorway @visitnorway** | | | | |
| 20th August Wednesday | | | | |
|  | Arrival Kristiansund <http://www.visitkristiansund.com/en/>   * Sightseeing and Varden Viewpoint * Lunch * After lunch: Departure to Kårvåg and boat crossing to the fishing village of Håholmen. Time: appr 1 hr.   ***Håholmen Fishing Village***  *Ragnar Thorseth's 18th century fishing village, with its original wharves, traditional fishermen's shanties and bakery. The seaward side of this 12-acre island faces directly onto the ocean and the shipping channels. On the landward side there is a sheltered natural harbour with thirty or so buildings, several dating from the 17th and 18th centuries.*  <http://www.classicnorway.com/hotels/haholmen-havstuer>  Fishing trip at Håholmen in the afternoon.  Dinner at Håholmen  Overnight in  **Håholmen Havstuer**  Tel: +47 71 51 72 50 / email: [post@haholmen.no](mailto:post@haholmen.no)  <http://www.classicnorway.no/hotell/haholmen-havstuer> | | | |
| 21st Aug Thursday | | | | |
| 09.00  10.15  11.00  App 12  13.00  14.00  14.30  16.00  17.30 | Boat crossing Håholmen – Kårvåg  Drive the National Tourist Route The Atlantic Road to Bud  C:\Users\mokon\Downloads\fn392dhm-500.jpg  ***National Tourist Route – The Atlantic Road***  *A unique stretch of road which takes you right out to the ocean’s edge. In 2005, the road was voted Norway’s «Engineering Feat of the Century», and is also known to be the world's most beautiful drive. It connects Averøy with the mainland via a series of small islands and islets spanned by a total of eight bridges over 8274 meters.*  [*http://www.nasjonaleturistveger.no/en/atlanterhavsvegen*](http://www.nasjonaleturistveger.no/en/atlanterhavsvegen)    Stop by Storseisundbrua – the tallest bridge on the road, with a beautiful, dramatic curve.  Stop at Bud and Ergan Coastal Fort  **Fishing village Bud**  *In the 16th and 17th century Bud was the biggest trading post between Bergen and Trondheim. Today, Bud is still an active and charming fishing village with several good fish restaurants. Ergan coastal fort and information center.*  <http://www.visitmolde.com/en/Product/?TLp=32149&Ergan-Coastal-Fort>=  <http://www.visitmolde.com/en/Product/?TLp=377336>  Departure from Bud  Arrival Molde.  *The city's location and appearance, with lush gardens of roses and other flowers, combined with its breathtaking mountain panorama, has made Molde an attractive city to visit.*  Visit to Varden viewpoint – The Molde Panorama  <http://www.visitmolde.com/en/Product/?TLp=32322&Varden-the-Molde-Panorama>=  Lunch at Molde Fjordstuer  <http://www.classicnorway.no/hotell/hotell-molde-fjordstuer>  Departure Molde  Ferry crossing Sølsnes – Åfarnes  C:\Users\mokon\Downloads\Trollstigen-102009-99-0335-800.jpg  ***National Tourist Route – Geiranger-Trollstigen***  *Trollstigen - the "Troll Ladder" is a dramatic and exciting experience. The road twists through 11 hairpin bends as it climbs up to Stigrøra (858 metres above sea level). In some places it is cut into the mountain; in others it is built on top of stone walls. An impressive bridge in natural stone carries it across the Stigfossen waterfall.*  [www.visitandalsnes.com](http://www.visitandalsnes.com)  <http://www.nasjonaleturistveger.no/en/geiranger-trollstigen>  Ferry crossing Linge – Eidsdal  Drive the Eagle’s Road – Ørnevegen to Geiranger  <http://www.visitalesund-geiranger.com/en/Product/?TLp=381415>  Photo stop at Ørnesvingen viewpoint  App arrival Geiranger. Check-in Hotel Union  Dinner in hotel restaurant  **Hotel Union**  6216 Geiranger  Tel +47 70 26 83 00 /email: [geiranger@hotelunion.no](mailto:geiranger@hotelunion.no)  Web: [www.hotelunion.no](http://www.hotelunion.no) | | | |
| 22nd August Friday | | | | |
| 09.30 -  11.00  11.15  12.00 | Boat trip on the Geirangerfjord with Geiranger Fjordsightseeing.  Walk the new Waterfall Path „Fossestien“, starting from Geiranger Fjord Centre.  [www.verdsarvfjord.no](http://www.verdsarvfjord.no)  Drive to Westerås Farm  <http://www.visitalesund-geiranger.com/en/Product/?TLp=381522&Westeras-Hytteutleige>=  Lunch at Westerås Farm  Departure after lunch to Stryn.  ***National Tourist Route – Gamle Strynefjellsvegen***  *The over 100 years old road winds over the mountain between Stryn and Skjåk. For many years the gravel road was the only connection between east and west. To re-create the authentic feeling of driving on the road as it was in the old days the Norwegian Public Roads Administration has re-erected the row of guard stones.*  <http://www.nasjonaleturistveger.no/en/gamle-strynefjellsvegen>  Driving time app 3,5hrs.  We stop at the Flydalsjuvet gorge for an impressive view over the Geirangerfjord.  <http://www.visitalesund-geiranger.com/en/Product/?TLp=381416>  Nibbevegen to Dalsnibba Viewpoint:  *«Quite possibly the world’s finest view – 1500 m above sea level.» Nibbevegen takes you from Djupvasshytta at 1039 m above sea level, to the viewpoint at Dalsnibba which is at approx 1500 m asl. You will have an unforgettable experience of fjord culture, views out towards the snow-covered mountains, pure air and the World Heritage Area - all at the same time. Nibbevegen, a pioneer project and the very symbol of tourism in Geiranger, was opened in 1939. The fantastic panorama from the highest point includes fjords, peaks and high mountain terrain and is a ’must-see’ on any visit to the Geiranger area.*  <http://www.visitalesund-geiranger.com/en/Product/?TLp=381439>  Dinner and overnight at Visnes Hotel in Stryn,  **Visnes Hotel**  Prestestegen 1, 6783 Stryn  Tel: +47 [57 87 10 87](javascript:void(0)) / email: [booking@visnes.no](mailto:booking@visnes.no?subject=Request%20from%20www.nordfjord.no)  <http://www.nordfjord.no/en/ACCOMMODATION/Hotel/?TLp=193730&Visnes-Hotel-Stryn>= | | | |
| 23rd August Saturday | | | | |
| Morning  09.30  10.15  11.30  App 18 | Bus to Loen / Sande  Biking along Lovatnet Lake to Sande for those who wish (app 5km) : <http://www.nordfjord.no/en/Product/?TLp=416448>  Departure boat MS Kjenndal from Sande, a boat cruise on the beautiful Lovatnet Lake to Kjenndalen.  *There are few boat-trips that are more beautiful than the trip on Loenvatnet Lake in Lodal Valley, encircled by high mountains and glacier tongues of Jostedalsbreen.*  *The boat trip is a spectacular experience . The trip passes the famous Mt. Ramnefjell, and Utigardsfossen Waterfall which is ranked 11 in the list of the ”Worlds most Famous Waterfalls”. The waterfall is especially spectacular when the water levels in the lake are high.*  <http://www.nordfjord.no/en/Product/?TLp=337227&MS-Kjendal-II-cruise-on-Lovatnet-Lake>  Arrival Kjenndalen, the bus will take you further into the valley to the Kjenndalen Glacier. Light walk from the bus to the glacier.  <http://www.nordfjord.no/en/Product/?TLp=227556&Kjenndal-Glacier>  Bus back to Kjenndalsstova for lunch  Lunch at Kjenndalsstova Restaurant  <http://kjenndalstova.no/>  After lunch: Departure for Ålesund.  We drive via the scenic Norangsdalen Valley  *Norangsdalen is one of the narrowest valleys in Norway, rich in both spectaculare sceneries as well as cultural memories. The valley bears the scars of the battle against the forces of nature. At lake Jelskred, the bottom of the valley is full of scree. At Urasætra and Stavbergsætra, the houses were built into the ground as protection against landslides. The lake known as Lygnstøylvatnet was formed by a rock fall from Keipen in 1908. Beneath the waters of the lake, you can still see remains of the old road, the foundations of the farmhouses and the gateway*  <http://www.visitalesund-geiranger.com/en/Product/?TLp=33855>  Arrival Ålesund [THE ART NOUVEAU TOWN OF ÅLESUND](http://www.visitalesund-geiranger.com/en/The-Art-Nouveau-town-of-Alesund/) *The Art Nouveau town of Ålesund could be taken right out of a fairy tale. If you look up as you explore the town, you will discover an abundance of imaginative ornamentation on the fronts of the buildings. Walk up the 418 steps to the top of Mount Aksla and you will be rewarded by unforgettable panoramic views!*  [*www.visitalesund-geiranger.com*](http://www.visitalesund-geiranger.com)  C:\Users\mokon\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\OU6Z2G5Q\Ålesund  Photo Terje RakkeNordic Life AS.jpg  Dinner at a local restaurant in Ålesund.  Overnight in  **Radisson Blu Hotel Ålesund**  Sorenskriver Bullsgt. 7  Tel: Phone +47 70 160000 / email: [sales.alesund@radissonblu.com](mailto:sales.alesund@radissonblu.com)  Web: <http://www.radissonblu.com/hotel-alesund> | | | |
| 24th August Sunday | | | | |
|  | Sightseeing Ålesund (depending on departure flight)   * City walk and visit to Jugendstilsenteret – Art Noveau Centre   [www.jugendstilsenteret.no](http://www.jugendstilsenteret.no)   * Aksla Viewpoint   <http://www.visitalesund-geiranger.com/en/Product/?TLp=33378>  Afternoon departure from Ålesund | | | |
| **IMPORTANT:**  **If you are delayed for a meeting, please call the contact person/ hotel/destination as soon as possible so that they are not waiting for you.**  **You are responsible for mini bar bills, pay tv, etc.** | | | | |
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