

## 1. runAsNonRoot /

Always set this to **true** to:

- enforce the use of non-root users for your pod's containers.
- limit access to any host resources that might mistakenly get exposed to the container.

## 2. runAsUser/runAsGroup /

These settings can be used to enforce a specific runtime user and group.

Use with caution—these IDs must exist in the image for the container to run. Do not use these as a replacement for **runAsNonRoot**.

## 3. seLinuxOptions /

This sets the **SELinux** context which is applied to the container or pod. Be aware when re-labeling **SELinux** contexts that this may allow unintended access.

## 4. seccompProfile /

Be cautious when using **seccomp** profiles. Generally, it's okay to provide a profile that is *more* restrictive than the default, as long as your process can run under those restrictions. However, a less restrictive profile can potentially expose calls to the host system that could be dangerous.

## 5. privileged / allowPrivilegeEscalation

It is usually a bad idea to grant **privileged** access to containers. Use specific capability flags or other Kubernetes APIs instead.

In most cases, you should also explicitly set **allowPrivilegeEscalation** to **false** to stop processes from attaining higher privileges i.e. via **sudo**, **setuid**.

## 6. capabilities

Only provide the minimum required for your application to function. Linux capabilities provide fine-grained control over access to kernel-level calls.

## 7. readOnlyRootFilesystem

Set this to **true** whenever possible. In the event your container was to get compromised, a read-write filesystem makes it easier for the attacker to install software or change configurations. Also, consider making any volumes mounted to your container read-only for similar reasons.

## 8. procMount

Do not change the **procMount** from the Default setting, unless you have very specific configurations—such as nested containers.

## 9. fsGroup / fsGroupChangePolicy

If other processes depend on the volume's pre-existing GID, changing ownership of a volume using **fsGroup** can have impacts on pod startup performance, as well as possible negative ramifications on shared file systems.

## 10. sysctls

Modification of kernel parameters via **sysctl** should be avoided—unless you have very specific requirements—as this may destabilize the host operating system.



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