

BM-CT

CRITICAL THINKING

DURATION LEVEL	LEVEL	TECHNOLOGY	DELIVERY METHOD	TRAINING CREDITS
2 Days	Business Introduction	Management & Soft Skills	VILT & ILT	NA

INTRODUCTION

Today, many people experience information overload. We are bombarded with messages to believe various ideas, purchase things, support causes, and lead our lifestyle in a particular way. How do you know what to believe? How do you separate the truth from the myths? The answer lies in critical thinking skills. The ability to clearly reason through problems and to present arguments in a logical, compelling way has become a key skill for survival in today's world. This two-day workshop will give you some practical tools and hands-on experience with critical thinking and problem solving.

This two-day workshop will teach participants:

- Define critical and non-critical thinking
- Identify your critical thinking style(s), including areas of strength and improvement
- Describe other thinking styles, including left/right brain thinking and whole brain thinking
- Work through the critical thinking process to build or analyze arguments
- Develop and evaluate explanations
- Improve key critical thinking skills
- Use analytical thought systems and creative thinking techniques
- Prepare and present powerful arguments

AUDIENCE PROFILE

This course is intended for business professionals or anyone who would like to experience the benefits of Critical Thinking.

PREREQUISITES

There are no prerequisites for this course as it is for anyone looking to gain the knowledge and understanding of critical thinking, however a good understanding of English would count in your favour.

COURSE OBJECTIVES

- Understanding critical thinking
- Where do other types of thinking fit in? (including whole-brain and left and right brain)
- Pitfalls to reasoned decision making
- The critical thinking process
- A critical thinker's skill set
- Creating explanations
- Dealing with assumptions
- Common sense

- Critical and creative thought systems
- Plenty of hands-on case studies

COURSE CONTENT

Lesson 1: Course Overview

- Introduction
- Course Objectives

Lesson 2: Understanding Critical Thinking

- Looking at what Critical Thinking is, Some Characteristics of Critical Thinkers, and Key Critical Thinking Skills
- Participants Will also Explore Ways to Develop Their Critical Thinking Skills

Lesson 3: Where Do Other Types of Thinking Fit in? (including whole-brain and left and right brain)

- Looking at Left- and Right-Brain and Whole-Brain Thinking

Lesson 4: Pitfalls to Reasoned Decision Making

- Barriers to Good Decision Making and Explore How to Get Around Them.

Lesson 5: The Critical Thinking Process

- Delve into the Seven Phase Critical Thinking Model
- Learning About the Standards of Critical Thinking that Serve as the Foundation for this Model

Lesson 6: A Critical Thinker's Skill Set

- Will Give Participants Some Skills Necessary for Critical Thinking: Asking Questions, Probing, and Active Listening

Lesson 7: Creating Explanations

- Another Important Part of Critical Thinking is Being Able to Clearly Explain why Something is a Particular Way. This Session will help Participants Build that Skill

Lesson 8: Dealing with Assumptions

- Participants Will Discuss How to Reduce the Number of Assumptions That they Rely On

Lesson 10: Common Sense

- This Session Will Explore a Frequently Overlooked Thinking Tool: Common Sense

Lesson 11: Critical and Creative Thought Systems

- Participants Will Look at Some Analytical and Inventive Thought systems, Including De Bono's Thinking Hats and Brainstorming

Lesson 12: Putting it Into Practice

- This Final Session Will Give Participants Some Tips on Preparing and Presenting a Powerful, Logical Argument
- Participants Will also Have an Opportunity to Prepare and Present a Critical Thinking Presentation, and to Evaluate others' Presentations with the Skills that they Have Learned

ASSOCIATED CERTIFICATIONS & EXAM

There is no exam associated with this course.