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Local news that matters to you

Broadwater Farm fails safety tests

Residents in Broadwater Farm are to be moved into new homes following structural building assessments



Gloster Road entrance to Broadwater Farm Credit Stephen Furner (Tottenham Photography Club)

By Ellie Rae Ward

More than 200 homes in Broadwater Farm have failed structural tests and families are to be urgently moved out, Haringey Council has announced.

Tangmere House and Northholt, an 18-storey block, have been identified as the buildings in the most critical condition on the estate, and are mostly likely to be demolished. The tests found that structural failings in the buildings, which were constructed in the 1960s and completed in the early 1970s, make the homes vulnerable to gas leaks and pipe explosions.

Cllr Emina Ibrahim, cabinet member for housing and estate renewal, said: "We understand that residents on Broadwater Farm – particularly those in Tangmere and

Northholt blocks – will have questions and concerns. We are committed to providing a safe, decent and affordable home for everyone and I want to assure all affected residents that we will carefully consider all of the issues, and that any decision we take will be with primary consideration for the safety, aspirations and rights of our tenants.

"Throughout all the work that has been done on the estate in recent months, Homes for Haringey and the Council have engaged with residents and the Residents' Association to ensure that everybody understands the steps that have been taken, and we will ensure that those conversations continue. A decision on the long-term future of these blocks will only be taken following proper consultation with residents."

One resident, who has lived in Tangmere House for 18 years,

moving in when she was aged one, told *Tottenham Community Press* (TCP) what it was like living on Broadwater Farm: "The community is really nice, it's just that the buildings are really old. There's a lot of problems with water and heating."

The resident's home is managed by Newlon Housing Trust. She continued: "We were called by Newlon saying that we were going to move house. We were shown one of the new houses in Tottenham and we're going to move out in a month or so.

"We received a letter saying there's two options – either that it's [Tangmere House] going to be demolished or it's going to be fixed and improved. There have been warnings before. We were told three or four years ago that it was going to be demolished but nothing happened. "Personally, I was really happy.

I've had enough of living here. I've made a lot of friends but the house is a big problem. It's leaking right now. We're suffering really badly. I was really happy and so was my mum."

The announcement has not been welcomed by everyone however. According to *The Guardian*, Jacob Secker, the secretary of the Broadwater Farm Residents' Association, has accused Haringey Council of "treating residents of these two blocks in a callous and incompetent manner" and as if they were "second class citizens".

A mother who lives on the estate also told *The Guardian*: "We don't know where they are going to rehouse us. But at least they are moving us. Who wants what happened in Grenfell to happen to their loved ones?"

If residents refuse to move out of their homes and into the property allocated to them, Homes for Haringey, an arm of Haringey Council responsible for housing in the borough, has stated "there won't be an option to stay".

It continued: "Ultimately, legal action would be taken followed by evictions. This is not a step we would take lightly and we hope to avoid it.

"By working together, we can rehouse people in the most suitable properties. If we had to engage in legal enforcement, this would impose timescales where we might not be able to rehouse you in the most suitable property and you may be offered accommodation that doesn't meet your needs."

Another resident, who has lived on Broadwater Farm for five years, told *TCP* that the announcement came as a surprise: "It was kind of sudden because there hasn't been any news recently. There was a lot

Kober and out: former council leader moves into the property sector

By Alastair Ball

The former leader of Haringey Council, Claire Kober, has taken a job with a major property development firm.

Kober has been appointed director of housing at Pinnacle Group, according to a report on the *Property Week* website from May this year.

In the article, Kober is quoted as saying: "I am delighted to be joining Pinnacle Group as director of housing, ensuring that the company continues to play a leading role in the provision of high quality housing management services."

Kober stood down as leader of Haringey Council in January following criticism of the Haringey Development Vehicle (HDV), a controversial £2 billion joint venture between the council and multinational construction company Lendlease. The scheme aimed to build 6,400 homes, but residents expressed concerns about the lack of provision for affordable housing and the plans to demolish existing homes.

According to its website, Pinnacle Group, "transform communities, regenerating their social and physical fabric to create better places to live."

Perry Lloyd, chief executive officer of Pinnacle, told *Property Week* that he appointed Kober for her "leadership skills, understanding of the sector and her experience as an innovator."

Kober entered politics in 2002. She served as Labour's chief whip on Haringey Council before being elected leader in 2008. Following the recent local elections, Councillor Joseph Ejiofor became leader of Haringey Council.

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CONTRIBUTORS

STEADFAST IN DIFFICULTIES

JULY 2018 – N°. 12

At Tottenham Community Press we believe that Tottenham deserves a newspaper that is written by and for local people, and which celebrates the community in all its diversity.

We believe that local news brings people together around the issues that matter most to them and ensures everyone can have a voice in local decision-making.

Now more than ever we believe that the media should be responsive and accountable to the community it serves.

Tottenham Community Press is your local newspaper, keeping you up to date with news, views and events in the local area.

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Bang! And the social housing is gone
Illustration by resident of Broadwater Farm
and local artist Inga Bystram

The *Tottenham Community Press* was set up to do many things, two of which include reporting on important developments in the area and celebrating all that it has to offer.

In this issue, we've reported on the news that safety tests at Broadwater Farm have resulted in families being relocated from their homes with relatively little notice.

For some, this may mean a welcome new start, but for others this will be a devastating shock and a time

of great uncertainty. TCP will continue to follow developments at Broadwater Farm and we encourage anybody who lives in the area or who is affected by the developments to get in touch. We want to tell your story.

In response to contributions and suggestions sent in by our readers, we've also dedicated six whole pages to Tottenham's thriving arts and culture scene. Check out our interviews with local artists Wendy Charl-

ton and Carla Harding, who offer an insight into the challenges faced by independent artists in London, as well as what inspires their work.

We also find out more about local artist collective, EuroArt, and present photography from students at Haringey Sixth Form College.

I hope you enjoy the issue!

Ellie Rae Ward, Editor

I started going to watch Tottenham Hotspur Football Club when I was about 12 years old. Amongst others, Glenn Hoddle, Ossie Ardiles and Ricky Villa were the ones providing great excitement while I watched games from The Shelf at White Hart Lane. When my artist friend Craig Barnard said he was going to spend some time painting the new stadium from the streets of Tottenham I felt it would be a lovely story to tell and capture in photographs. Craig is a lifelong Spurs fan who has lovely childhood memories of Tottenham and the club, with both his mother and father being born and bred a stone's throw from the stadium.

Marie Mangan, Contributor

My name is Rianna Raymond-Williams, owner and founder of Shine ALOUD UK. I have recently acquired office space here in Tottenham at the 639 Enterprise Centre. I wanted to write for the paper to showcase my social enterprise journey to the local community with the hope of building partnerships with local organisations and to encourage conversations around sexual health and relationships among young people and adults. I'm new to the area, but it feels great that there are such a wide variety of businesses and enterprises here at 639 and across Tottenham in general. I look forward to making some amazing memories here.

Rianna Raymond-Williams,
Contributor

I am a Haringey-based writer who has lived in the western reaches of Tottenham for 20+ years and one of my specialist subjects is beer. Tottenham's thriving beer scene is something to be really proud of – and I wanted to highlight a new addition to that community who are producing a really special brew in N17. I know that there are bound to be some good beer-loving residents in your readership.

Glynn Davis, Contributor

Born in 1946, I am one of the original baby boomers. I grew up in Hackney but Tottenham has been my home for 45 years. My children grew up here and as a family we enjoyed living in the area. I have a keen interest in current affairs, cinema, cooking, socialising and seeing my family. I am a member of the Tottenham Labour Party and the NUJ.

Laura Berryman, Contributor

Tottenham is where I work on many of my creative projects, as a visual artist. When I check local news via TCP, I get a clear overview of what's been happening or what is about to take place, across the district. I want to know what young people think about social violence and the kind of support they should be getting. I'm interested to hear what residents think of the various housing issues and challenges, and I want to know about the kinds of social freedoms or spaces local activists have been lobbying MPs for. Their storytelling educates me on how I might need to step up as a supportive neighbour.

Donna Riddington, Contributor

Is there a local issue you would like to write about? Perhaps you'd just like to tell us about an initiative that is offering a valuable service to people in Tottenham or to let us know about somebody in the area who inspires you.

We welcome contributions and editorial suggestions from everybody. No journalism experience necessary.

**Email your ideas to
tcp@socialspider.com**

NEWS

Feature

A public convenience: disused WC comes back from the brink

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of discussion about fire safety and gas safety around the estate, but not demolition. It's kind of radical.

"If it's absolutely necessary then I suppose that's what has to be done but if there is another solution, like upgrading the systems or some work that needs to be done, then I think it would be better, because regeneration is good but shouldn't be at the cost of the most vulnerable. Especially Northolt; they are mainly studio, single flats so there are a lot of people on their own. It will be difficult to find them somewhere new."

Homes for Haringey has stated it will "match people to properties of suitable size and then consider individual preferences".

The statement continued: "Where there is more than one household who meets the size and preferences for a property, priority will be given to households who contain a vulnerable person. Next we will consider those who have children attending a local school. Other local connections, such as support services, may also be considered on an individual basis."

At the time of going to print, Haringey Council was set to make a final decision on whether Tangmere and Northolt blocks would be demolished or undergo extensive repairs on Tuesday 26 June.

Cllr Ibrahim said: "Our residents are our absolute priority and I would encourage anyone with questions to contact the dedicated Homes for Haringey team that has been set up on the estate."

"Whatever decision Cabinet makes next week, we will ensure that every resident is given the help and support they need."

For more information about the safety of the homes in the estate, resident rights and more:

Visit homesforharingey.org/your-neighbourhood/safety-estates/broadwater-farm/faq-june-2018

To speak to a member of the Homes for Haringey liaison team:
Call 0800 953 0221

To access the Broadwater Farm structural reports:

Visit homesforharingey.org/your-neighbourhood/safety-estates/broadwater-farm/broadwater-farm-reports-june-2018



Tangmere House, Broadwater Farm **Credit** Stephen Furner (Tottenham Photography Club)

NEWS

Northumberland Park votes

Community voting day invites residents to decide how Council cash is spent

By Alastair Ball & Ellie Rae Ward



Community Cook Up bids for a share of the cash
Credit Stephen Furner (Tottenham Photography Club)

Nine community projects received a share of £40,000 after residents of Northumberland Park voted to decide how the money was spent.

The Northumberland Park Community Voting Day took place at

Duke's Aldridge Academy on Saturday 9th June and saw 27 groups present their ideas in three minutes to an audience who then gave them a rating of between one and 10. The £40,000 was provided to Haringey Council from the government's

Estate Regeneration Fund.

Amongst the successful projects was the Lorenzo Kitchen Garden Project, which plans to use its £5,000 grant to create a sensory garden for the supported housing scheme.

Alice Williams from the project said: "The award means everything to us and will allow us to give opportunities to our vulnerable people and also allow the community to be more involved with us."

Northumberland Park Boys' Club also received £5,000 to run a summer club for young people in the area. Tam Carrigan, who presented the Boys' Club's case at the Dragons' Den style event, said that he was "over the moon" with the residents' decision to allocate funding to the project.

"It will now mean they have something to do, to skill them up, over the summer rather than leaving them vulnerable to get caught up in conflicts or gangs," he continued.

Cllr Charles Adjie, Haringey Council cabinet member for strategic regeneration, said: "For so many local

groups to step up and showcase their ideas for improving Northumberland Park really underlines the great sense of pride and community spirit in the area. I look forward to seeing these innovative community schemes take shape."

Community Cook Up received just under £5,000 at the community voting day to fund its Cook and Eat for Wellbeing project, which invites anybody who would like to attend to a weekly support and social event focussed around improving Northumberland Park residents' wellbeing.

Alison Davy, chairperson of Community Cook Up, told *Tottenham Community Press* that the idea of the Community Voting day "is good" as it provides an opportunity "for the community to decide how to spend the money."

Davy said she supported the way the event encouraged "people coming together to support each other", but also highlighted that "it is a hard thing for the community to do, to vote one group in and one group out."

Northumberland Park resident Franklyn Thomas told *TCP* of his reservations about the voting day: "Funding isn't adequate for everyone."

He said that on the whole he believed it was the larger organisations that won the funding.

Davy offered some suggestions of how the Community Voting Day could be improved, including: more money being available in total, improved accessibility to the event for disabled people, older people and for those whose first language is not English, and improved administration of how the voting was carried out.

The full list of winning projects is:

- Northumberland Park Boys' Club
- Venture Our
- Sisterhood Project
- People's World Summer & Holiday Family Club
- Cook and Eat for Wellbeing
- Men with a Voice
- Lorenzo Kitchen Garden Project
- Women With a Voice
- Language Fun Club

COMMUNITY

Community kick about

PC Nick Davies reflects on the positive impact a new Community Football League is having in Tottenham

I have been attending the Community Football League at the Duke's Aldridge Academy most Friday nights since it began in the middle of March, launched by Tottenham Hotspur star Dele Alli.

I think it is an extremely positive and important part of my job as a ward officer in Northumberland Park. It has been overwhelmingly beneficial so far and I certainly hope to see the league continuing for a long time yet.

The inspiration for this initiative comes from the Tottenham Hotspur Foundation. I think it has a very genuine interest in the local community here in Tottenham and, of course, its team knows better than anyone the power of football.

The Tottenham Hotspur Foundation invited the local police and the regeneration team at Haringey Council to work with them and we were very glad to attend – as part of our community engagement work in the Northumberland Park area.

When we first used to come we just

stood at the side; we were in uniform and did not participate at all so people didn't really know what we were doing there and some were slightly reluctant to engage with us, while others just completely ignored us.

One night we attended after plain clothes patrols with no time to change into our uniform and it was completely different! We soon realised that coming on Fridays out of uniform was going to put the community and us way more at ease.

As soon as we did that it became much easier to talk to the youngsters – they wanted to try on our Met vests, we started having a bit of a kick about with the teams, we talked to their parents on the sidelines and everyone relaxed. It was much better and humanised us as normal people beyond the uniform.

I've had some really good chats with the players – even about things like stop and search, where we can explain why a search might have happened to someone or tell people what

their rights are with regard to being stopped. It gives us a real chance to mingle with a cross section of local residents on neutral ground.

I think, for the youngsters, the best thing about playing in the league is that it gives them something to do on a Friday night, instead of hanging around on street corners. A lot of the youngsters genuinely have nowhere to go and just hang out with their friends and this gives them a place to be.

They're proud to play under the Spurs brand, proud of their kit and they have to commit to being there regularly because other people rely on them to turn up.

The Tottenham Hotspur Foundation staff emphasise the sportsmanship and teamwork angle of it, rather than the outright competitiveness. I think the impact is really about steering the players firmly away from the negative pressures they might face in terms of gangs and crime.

The League has just started up again so new teams may be applying now.



Spurs star Dele shows his support for the Community Football League **Credit** Haringey Police

They play from 5.30-8.30pm, every week, on the three astro-turf pitches at the Duke's Aldridge Academy, and every team has a nominal manager to look after them. Most of the younger people are around 12-14 years old.

Anyone interested in joining the Community Football League should initially contact the Tottenham

Hotspur Foundation via:

Email foundation@tottenhamhotspur.com
Call 020 8365 5138

Bouncing back from Dementia

Drug free and carer inclusive table tennis therapy for people living with Alzheimer's comes to Haringey



Keep your eye on the ball **Credit** Brian Kerr at BAT

By Bounce Alzheimer's Therapy (BAT) Foundation

In the year 1901 two seemingly unconnected, yet seminal, events took place.

In London, John Jaques, an aspiring entrepreneur patented a game called Ping Pong. Meanwhile, nearly 500 miles away in Frankfurt, Alois Alz-

heimer, a psychiatrist and neuropathologist, began his research into the brain condition that would be eponymously named after him: Alzheimer's.

Now these two disparate occurrences have unexpectedly, with amazing synergy, come together, with the discovery that Ping Pong is the most effective exercise intervention treatment for people living

with Alzheimer's.

Extensive clinical trials in both the US and Japan have conclusively proved that Ping Pong significantly delays symptom onset in Alzheimer's, whilst also markedly reducing cognitive decline.

The International Neuroscience Fraternity have termed the game, the 'World's Number One Brain Sport' and have likened it to 'chess on steroids'.

Inspired by these findings, Ian Craigton-Chambers, a senior associate at the University of Stirling's globally acclaimed Dementia Services Development Centre, founded the Bounce Alzheimer's Therapy (BAT) Foundation in 2014, with the aim of promoting table tennis therapy in the UK.

However, rather than just utilising standard table tennis equipment, in conjunction with the Universities of Stirling and Kings College London, Craigton-Chambers decided to create a special table tennis table designed specifically for players with Alzheimer's; one that would compensate for many of the deprivations experienced in early onset Alzheimers, especially those affecting the visual cortex.

The therapy table has proved a re-

sounding success and it has been decided that the London Borough of Haringey will be one of the first places in the country to receive multiple table installations. The BAT Charity is working with the Haringey Dementia Action Alliance (DAA) and the Good Care Group in order to make this happen.

Patrick Gray, Haringey DAA lead, explains: "Our organisation is intent on making the borough a better and much more accessible for people living with dementia.

"This Initiative chimes perfectly with the DAA ethos of bringing our members together to provide physical, mental and social well-being facilities to the wider community. With therapy tables being installed in the Hornsey YMCA, Alexandra Palace and Muswell Hill's Meadow Care Home, a series of Therapy Hubs will be effectively created across the region.

"In addition, we are inviting the Hornsey School for Girls to join the BAT 'volunteer players' and, with their own customised table, also proactively support Sport England's 'This Girl Can' Programme."

Raya Zineddin at the Good Care Group adds: "We are pleased to be providing one of the key components of this terrific endeavour. Working with the team at the iconic Alexandra Palace, we are creating a Wellness Café on site for the wider Community to access, keep physically active and socially engaged, whilst availing themselves of specific specialist therapy, if required, that is tailored to any level of ability. Young or old, healthy or infirm, sitting or standing, all can enjoy the benefits".

For more information about the BAT Foundation:

Visit batfoundation.com

Tweet @BatFoundation

Call 0203 019 2121

Tottenham Community Press is a proud member of the Haringey Dementia Action Alliance.

For more information about the Haringey DAA:

Visit dementiaaction.org.uk/local_alliances/17641_haringey_dementia_action_alliance

FEATURE

Photography

Haringey Sixth Form College present
their final photography project

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Words of welcome

Students perform poems at an event for Refugee Week

By Alastair Ball

A group of Haringey school pupils have received awards for writing poems as part of Refugee Week 2018.

The awards were handed out at an event at the Snug Art Cafe, Green Lanes, on Saturday 23 June, as part of a competition for year six pupils from schools across Haringey.

Students read *The Mercy*, a poem by Philip Levine, and then wrote their own poems on the theme of 'Welcome'.

Local poet and competition judge Hannah Lowe, said that she was "moved by the welcoming sentiments." Before handing out the prizes Lowe, read a poem of her own about her father's experiences of migrating to London from Jamaica.

The competition received entries from 106 students across five schools in Haringey. It was organised by local campaign group Haringey Welcome.

Coordinator Lucy Nabijou said: "We want our community to be welcoming and everyone to be treated with dignity and respect."

At the event, joint first prize was

won by Grace Barry and Oliver Jones, second prize was won by Arzu Ahmed, while Daniel Otuechere and Lila Dobie-Moorse were highly commended.

The competition was judged by Lowe and Hackney poet Raymond Antrobus. The winners were presented with poetry books. First prize was donated by The Big Green Bookshop in Wood Green and two other prizes were donated by Haringey National Union of Teachers (NUT).

Dr Leah Bassel, who studies migration and volunteers with Haringey Welcome, said that it was great to see how the children were making sense of the issue.

"You need space to discuss and you need dialogue," she said. Adding that: "People shouldn't be afraid to speak."

Natalie Steiner, who teaches at North Haringay Primary School, said that many of her pupils had written poems about welcoming new children to their school. She added that the competition was, "really relevant to our community."

Haringey Welcome is a campaign

group set up to campaign against the government's "hostile environment" policy. It has several active campaigns in Tottenham, including the Feed My Friend campaign, which encourages the council to provide free school meals for families who have no recourse to public funds.

The group said it is their mission "to make sure their borough remains a welcoming place for all who come here."

An anthology of the poems submitted will be published later in the year, with support from the NUT. Every student who entered will receive a copy.

Refugee Week 2018 is an annual initiative, now in its 20th year, which takes place around the world and involves a "programme of arts, cultural and educational events that celebrate the contribution of refugees to the UK".

For more information about Refugee Week and Haringey Welcome:

Visit haringeywelcome.org

Visit refugeeweek.org.uk



Aspiring poet takes to the stage Credit Alastair Ball

Advertisement

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COMMUNITY

Flying start for Tottenham's newest race

Over 80 people took part in The Engine Run's new community 10k race

By Andrew Johnston

On Saturday 9th June, just eight months after opening its doors to the public, the new Engine Room community centre hosted a hugely successful 10k running event around a two-lap course of the Tottenham Marshes with over 80 entrants.

As a frequent visitor to Tottenham Hale and the surrounding area since 1991, I was keen from the early days of the new Engine Room to make sports events a key feature in the life of the community centre, building on the hugely successful community events such as the Summer Fair and other regular events the team organise.

The Engine Run was conceived and delivered by a small group of volunteers including Anj Cairns, Obi Onyido and Ben Amponsah, but the involvement of the Spurs Foundation was also key to our success. The event surpassed my greatest hopes and I actually can't wait to get cracking on Engine Run number 2!

The Men's Race was won by Sam Jackson in 37 minutes and 51 seconds. The Women's Race was won by Santa Putnina in 50 minutes and 48 seconds. All runners were provided with Chip Timing giving very accurate start to finish times for the 10k course.

Sponsor Lee Valley Estates provided The Hale Village Cups for both winners which were presented by director of Tottenham Hotspur Donna-Maria Cullen. And all participants received a medal and a goodie bag with items from Tottenham Hotspur and Lee Valley Park.

Lots of great feedback has already been received by The Engine Room Team.

It was "one of the best organised 10k races I have ever taken part in," exclaimed male winner Jackson.

The female winner Putnina concurred: "[It was] such a friendly race!" Tottenham Hotspur's Cullen said: "The Spurs Foundation are delighted to be part of this great new initiative and we will certainly support future Engine Runs."

On raceday, the Spurs Foundation put all hands on deck, helping to marshal the 10k and taking over the course after the 10k running race for their 5k Spurs Walk with over 70 participants celebrating their hugely successful health and wellbeing programme. Loven Bakery provided much needed refreshments for both events on what was a lovely summer's day.

The owners of the Waterside Café concluded: "Thank you to The Engine Room for helping bring life back to Tottenham Marshes with your great event."

Looking ahead, we got a helpful tip from one of the younger supporters cheering runners on: "We need a children's Engine Run race now!"

To see more pictures from the day, go to The Engine Room's Facebook page:

Facebook [engineroomtottenhamhale](#)

To find out more about future events being organised by the Engine Room:

Email the word SUBSCRIBE to info@engineroom.org.uk

Anyone interested in supporting the next Engine Run should call Andrew on 07957 193922.



On your marks **Credit** Stephen Furner (Tottenham Photography Club)



Still smiling **Credit** Stephen Furner (Tottenham Photography Club)

Breaking the cycle

By Kasia Truefitt

15 people, aged between 19 and 49 from north and south London, set out earlier this year to cycle to Africa from London.

The challenge was organised by the charity Regenerate and aims to raise £30,000 to continue its work mentoring and providing opportunities to young people in London.

Co-Founder Andy Smith established Regenerate in 2000, after moving onto the Alton Estate in Roehampton (one of the biggest housing estates in Europe) and witnessing isolation, fear and addiction.

The money raised from "London – Africa" will fund 100 young people to volunteer on projects in developing countries with the hope that the experience will educate and expose them to different parts of the world.

Gareth Hawkes, IT manager of Tottenham-based charity, Phoenix Community Care, took part in the cycle challenge that took around three weeks to complete and involved cycling up to 100 miles per day.

Hawkes explained that the biggest challenge faced as a group was having to adjust the navigation at short notice, and, at one stage, being forced to carry bikes through a forest only to end up at a river with no crossing.

At the time of going to print, the London – Africa challenge had raised over £37,000.

Donations are still welcome until August:

Visit justgiving.com/campaigns/charity/regenerate/london2africa



Cheers! **Credit** Bohem Brewery

New beer on the block

Bohem Brewery officially launches its new brewery site in Tottenham

By Glynn Davis

Crowds turned out to attend the launch party of local brewery Bohem in June as it opened a significantly enlarged brewery in Tottenham to add to its original bar room premises in Bounds Green.

The brewery, which uniquely specialises in Czech-style lagers decided it required larger premises last year after initially operating out of a small site near its tap-room on Myddleton Road. The new site, part of an industrial estate on West Road, N17,

will allow the brewery to increase its capacity by around 10-times.

Renowned beer writers, leading brewers, London's Czech community and local fans from Haringey all sat in the sunshine drinking eight of Bohem's different lagers, including best-selling Jan Amos and Victoria, with accompanying sound system and a Czech cuisine food truck.

Co-founder Zdenek Kudr, who lives in Hornsey, said the event had gone "amazingly well", adding that he hoped the attendees would go back to their local bars and pubs all

over London and request Bohem beers to be added to the menu.

Head brewer Petr Skocek admitted he had no idea prior to the event whether five or 500 people would turn up but said that it was possible Bohem would be open on Spurs' match days to encourage people to come and try Bohem lagers.

As a local beer writer and investor in Bohem Brewery, I can testify it was a perfect opportunity to highlight the variations of lager that can be produced and which Bohem is proud to produce for the people of North London and further afield.

Caffeine connoisseur: introducing Rachel Ho

Craving Coffee's co-founder explains why Tottenham is the place to be and why she's celebrating women in the area

By Amy Bush

Rachel Ho is co-founder and director of Craving Coffee and the founder of the Women in Tottenham blog. Hailing from Adelaide in Australia, Rachel moved to the UK with her coffee-enthusiast husband, Matt, in 2010, choosing Tottenham as their new home in London.

"My Dad is English and my sister and brother both live in the UK so we'd spent a lot of time here. We moved around a lot, living in Canada for a year before coming here. We were in London and decided we have to move here! We loved Tottenham and really connected with the area."

The duo combined their skills and passions to successfully open Craving Coffee in 2014; Matt had experience working across the coffee industry, and with a background in running music events, as well as in HR and administration, Rachel is a multi-talented businesswoman. They live in Hale Village and wanted to start their business in the local area, finding premises in Gaunson House on Markfield Road for their first cafe and bar.

"We wanted Craving Coffee to be in Tottenham because it was our home and at the time there was nowhere else like it in the area. Our aim was to create a place that we would want to go to ourselves."

They have certainly achieved this, with Craving being a popular destination for locals and those from outside Tottenham coming to try their excellent food, coffee, craft beers and cocktails, or to visit one of their exhibitions or weekly food pop-up events.

"I like to see it as a bit of a community and creative hub for people to come and enjoy affordable luxuries. We have a big focus on good quality food, both provided by us, and by the street food traders we invite to come and make their diverse cuisines from around the world as part of our Tottenham Social weekly pop-up events."

The cafe has an exhibition space where they show artworks by local artists, launching a new show each month. They are also planning on branching out into music – Rachel's big passion – with events planned from the end of July.

As well as running a successful business, and looking after the couple's two year old son, Rachel has also started the Women in Tottenham blog.

"I started Women in Tottenham because I love finding out about people and their stories. I was think-

ing about things I'm passionate about, and I'm passionate about Tottenham! I wanted to do something which was creative and had community value but didn't have any specific goals in terms of finance or business; it's been a bit of a creative outlet."

"Change is good but I hope the area retains its diversity"

Women in Tottenham is a platform by women, for women, and about women living or working in Tottenham. Rachel and her colleagues have already interviewed a range of local women, from artists and musicians to motorbike technicians and local business owners. Each woman has a unique story and their own relationship to Tottenham.

Rachel's relationship to Tottenham is still strong and she has many top tips for someone visiting or new to the area.

"Saturday afternoons are good for the breweries, Beavertown and Pressure Drop. Across from us there's Five Miles. They've got their club nights and the eighteen taps with all the different craft beers, which is cool for the beer-lovers. Loven pizza is amazing, and they also have their bakery and cafe in Hale Village.

"There's also the High Cross pub in the old public toilets which is really cool. It's tiny so make sure you get there early! San Marco, the old Italian restaurant and the Turkish cafe, Garden House in Bruce Grove – we used to go there all the time when we first moved to Tottenham. Of course, Tottenham Green Market on Sundays is a must, and the new shop located behind Craving Coffee, Piquant, is also well worth a visit."

Although in favour of change, Rachel still has her concerns about the area becoming too gentrified.

"It's a really interesting time in Tottenham at the moment and I just hope it doesn't lose what makes it such a good place with all the development going on. Change is good but I hope the area retains its diversity and doesn't become homogenised, that's my biggest fear for Tottenham."

To find out more about Women in Tottenham and Craving Coffee:

Visit womenintottenham.com
Visit cravingcoffee.co.uk/about



Craving coffee co-founders Rachel and Matt Credit Craving Coffee

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PHOTOGRAPHY



Photograph by Bilal Hussain

A group of Level 2 Media Production students at Haringey Sixth Form College share images they captured for a photography assignment to explore Tottenham Cemetery as a local place of visual interest, and to practice creative and technical aspects of digital SLR photography. The aim was to create exciting compositions by exploring this place through the camera lens looking for colours and textures, surfaces, structures and patterns.

Francis Ives, Art and Design Lecturer, Haringey Sixth Form College

Are you a keen photographer? Do you walk around Tottenham inspired to share what you see when you see it? If so please get in touch if you would like to be featured on our photography page.

Email tcp@socialspider.com



Photograph by Charlie Killington

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ARTS & CULTURE

Getting to the art of the matter

In these two interviews, TCP talks to Wendy Charlton and Carla Harding about inspiration, housing and the challenges of being an independent artist.



Spring Hope Meadow Credit Carla Harding

Interview with Carla Harding

Carla Harding describes herself as a floral landscape artist. She was born and

brought up in Hackney, and moved to Tottenham with her two children, husband and cat in 2012. She was drawn to the area by the then more affordable house prices, its multiculturalism and vibrancy. Throughout

June, Harding's work has been on display at Craving Coffee, where we met for an iced latte.

How would you describe your artwork?

I would describe it as happy and optimistic. They are supposed to be uplifting and make you feel lighter than before you saw them.

I try and translate the feeling of nostalgia of my childhood. I think back to when it was the summer holidays, when I was a kid and I used to run around Hackney marshes – a feeling of freedom and being warm and happy.

How have you developed your skills as an artist?

I did an illustration degree at Swansea Institute of Art, but to be honest, if I was doing it again, I probably wouldn't do a degree – not because of the quality of the education I received but because of tuition fees nowadays.

Self-taught learning can be just as good, if not better, because you're not penned in by the rules taught through whichever educational route you take. Life drawing classes are also really good. Most people spend 20% of the time looking at what they're going to draw and 80% of the time looking at the paper they're drawing on; so not actually drawing what they see but what they think they see.

In what environment do you paint?

I work from my garden studio around the kids. I have a chronic pain condition, which meant that I had to stop working as an events organiser so this is something flexible that I can manage.

As a freelancer, you can go a long time without speaking to anyone. I actually think painting has helped a lot. It gives me something to focus on, other than the cleaning, the cooking and taking care of others.

I stopped working before I had children because of physical health reasons and I found that really isolating. I went from being in a really busy job, around lots of people, and being important within that environment, to not speaking to anyone. There would be days when it was just my husband I spoke to or a shopkeeper. When I had children, it got a bit easier because there are lots of baby groups, where parents, who are off work because of maternity or paternity leave, are thrown into that environment, all trying to make friends.

What is the most challenging thing about being an independent artist in London?

Finding people who actually want to buy stuff is pretty hard – converting people who like your work to patrons. Because London is such a creative city, it can be quite hard

to stand out. You have to be social media savvy, which is not my forte – and get out and speak to people at shows and become known.

What has been your proudest moment as an independent artist so far?

The first exhibition I did, which was a pop-up in Bethnal Green. It was the fact that I went from painting on my kitchen table to deciding: 'I'm going to show people, not just my family, my work' and saying, 'this is what I want to do, I think I'm good enough for people to want to have it in their homes'.

That was quite a big step for me; to be vulnerable. It was a turning point.

Describe Tottenham in three words.

Vibrant, multicultural and edgy

What is your favourite spot in Tottenham?

Lordship Rec, without a doubt. I love the Hub – I go to yoga every Sunday. I take my kids there for the paddling pool. I have coffee there. I love all of the open space and think it's brilliant.

To see more of Carla Harding's work:

Visit carlahardingart.com

Tweet @CarlaHardingArt

Interview with Wendy Charlton

Wendy Charlton has lived in Tottenham for around 20 years. It's still possible to detect her northern routes as we sit down for a natter at the Blooming Scent café outside the Bernie Grant Arts Centre however.

Soon after graduating from an art degree, Charlton started working for a community arts organisation, and throughout her career, community has been at the heart of her work.

Charlton explains what community art is: "It's art that requires people to be part of it, either in the making of it as participants or the using of it. The name has changed over the years – social practice, participatory art, for example. But essentially, it seeks out the company of people in order to produce the art."

Examples of the community arts projects Charlton has been involved with include; murals co-created by people with learning difficulties and

murals created by families that were displayed on the walls in primary schools in Haringey.

Charlton explains that community art had a much securer footing in society back in the early 2000s: "Community arts was very popular and it was part of government policy to provide art where it wasn't necessarily being provided in the curriculum. At that time money was more available; it was part of Tony Blair's broken Britain period."

Over the years, Charlton explains that the appetite for these types of project has decreased. "What pots of money were available, everybody was scrabbling for it. Work dried up."

In part due to the practicalities of needing to secure a steady income, and also because of a desire for change, Charlton decided to pursue a teaching diploma in adult education and worked for a number of years

delivering arts courses in education centres in Haringey.

After being made redundant and finding it difficult to secure a teaching position in a central London college, Charlton changed tact once more. She describes herself as a 'social practice artist' – "a new name, a new start, this is what my work is about".

As part of an MA course in Art and Social Practice, Charlton has been focussing on an activist art piece about the Haringey Development Vehicle (HDV) and the fears of residents of Broadwater Farm. Her work has culminated in a short film, which tells the story of Broadwater Farm resident Inga Bystram.

Charlton explains why the issue of housing and redevelopment became the focus of her most recent work: "The roof over your head is a basic need in life. It's where you start. For example, if a difficult situation

happens to you, home can be the beginning of a new start.

"I decided to do a documentary style of project. I started going to residents meetings and meetings with the council. I interviewed six people, including Inga, and they formed part of an installation, which encompassed large-scale drawings, sketches and documentary photography. I showed the work in three different places, including the [Lordship] Hub, where people were able to come and read the interviews over coffee. That's how the film came about. It was the next stage in the project."

In the opening minute of Charlton's short film, SA61 Home, Inga Bystram says: "I was looking forward to spending the rest of my life on this estate, putting down my roots, really enjoying developing my role in the community here. Suddenly, it's like everything's up for grabs."

SA61 Home takes its name from

the site allocation number given to Broadwater Farm as an area for development consideration. The film reveals the beauty of the estate as seen through Bystram's eyes.

Charlton explains why she turned to the medium of film: "Short films can have a very powerful message. It's people's stories that intrigue me and always have. Everybody has a story to tell and sometimes voices are not being heard."

On regeneration, she says: "People were seeing it happening all over London and knew it was coming to Tottenham. Next thing, you get these red lines and these site allocation numbers.

"Places can be improved and people want that. But we need to make good use of what's already here. Knocking something down and building something new doesn't deal with the societal problems we have – it just moves them somewhere else."

ARTS & CULTURE

Poetry

Local spoken word collective
presents a selection of workPage
13

Plein air painter captures White Hart Lane on canvas

Local artist and Spurs fan causes a stir by taking to the streets of Tottenham to paint the new football stadium



Voilà! Credit Marie Mangan

By Marie Mangan

Artist Craig Barnard returned to his roots in Tottenham to capture a series of paintings of the new football stadium during its final months of building.

A Tottenham Hotspur fan and season ticket holder now living in Hornsey, Barnard picked various vantage points on streets around the stadium and spent three to four hours completing each painting.

Set up with his easel and oil paints for what is known as 'plein air painting' (painting outdoors), an unusual sight in Tottenham, he became quite the attraction. Passers by stopped to have a look, often wanting to have a chat. Some returned a few hours later to see how Craig's paintings had progressed. A group of children even gave him a spontaneous round of applause.

Barnard said: "The reaction from people has been so nice. I'm a sociable person so it is lovely to interact with people and have a chat about what I was doing.

"Some of the comments from children were precious. One young girl said my painting was beautiful and that I was making Tottenham beauti-

ful. You don't get that kind of feedback when you are painting in a studio."

He continued: "I love painting and I truly believe everyone can and should [paint] if they want to. All children draw and paint and I think it is sad that as adults this joy is often lost. I hope that by painting on the busy streets of Tottenham I may have inspired others to have a go."

Tottenham, the town and the football club, hold a special place in Barnard's heart. His father David was born and grew up on Bromley Road, just off Park Lane, in sight of the football ground. His mother Jean, also Tottenham born and bred, grew up in the next street, Argyll Road.

David and Jean ran a newsagents in Stoke Newington. Barnard, his brother Barry and sister Claire would spend Saturdays at Jean's parent's George and Florence-May Wood's house on Argyll Road.

He said: "My nan would look after us in the garden. I remember the first time I heard a huge roar and didn't know what it was. My nan told me it was the Tottenham fans and they must have scored."

Barnard's grandad George took him to his first Spurs game. Recalling this

memory, Barnard said: "My grandad George put me on his shoulders and didn't tell me where we were going. I was probably about five at the time.

"I'll never forget the feeling when we went into the stadium. I'd never seen so many people in one place in my life. Everyone had wooden rattles. I was totally blown away and, of course, became a fan for life!

"As a kid you always think you're going to be a football player. I wanted to be Jimmy Greaves. He was one of my childhood heroes. At school when we'd play football, all the boys would pretend to be their favourite Spurs players, usually Greavsie, Martin Chivers and Pat Jennings."

Having worked as a builder for many years while bringing up his four children, in recent years Barnard has returned to his early love of art and spent more and more time painting. Tottenham was high on Barnard's list of places he wanted to paint.

He said: "This place is my roots. It was nice to see local people feeling pride in their area, that came across a lot from the people who stopped to have a chat with me. It is long overdue regeneration."

"I felt compelled to paint the new stadium in its final stages. I love the club and I love Tottenham. It is so exciting as a Spurs fan. I literally cannot wait to get into the new stadium."

To see the completed paintings check out Chris on Instagram

Instagram @CraigBarnard1



Local artist gets papped by passers-by
Credit Marie Mangan

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- Thursday 28th June, 10.00am – 12.00 noon, in Enfield
- Friday 6th July, 10.00am - 12.00 noon, in Walthamstow
- Wednesday 11th July, 10.00am - 12.00 noon, in Enfield

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ARTS & CULTURE

Local artists open their studios

Members of the public get a glimpse into the creative minds of a local artist collective

By Donna Riddington



Snapshots of creativity Credit Euroart

Haringey bustles with creative activity. Artistic groups and burgeoning musical scenes rise and shift in response to the city's challenges and social trends.

A permanent fixture of the borough's creative culture is Euroart Studios, which hosted its 16th Open Studios event in June. Across the weekend, Markfield Road in Tottenham was a-buzz with parallel events presented separately by Euroart artists (Gaunson House), the Bad Art Festival (Bones & Pearl Studios), and the Sisters of Reggae All Dayer (Five Miles), showing how one concentrated area of the borough can yield rich, cultural diversity. Haringey is a place where art and music cannot, but happen.

Euroart Studios is one of the largest, artist-led communities of creative people in the North London area, and is home to 70-80 workspace tenants who have participated in the long tradition of opening studios to contribute their work to this massive annual exhibition. It is an occasion that heralds a summer of collaborative approaches on public engagement around creative dialogue.

Printmaker, Yael Roberts, explained: "The event was a great way to showcase my work and collaborate with other artists in the building. As an emerging artist who has only had a studio at Euroart Studios for nine

months, it was wonderful to have this built-in opportunity."

On the back of a consistent flyer and social media campaign, artists brought in almost 900 visitors that included supportive neighbours, as well as those from outside the borough. Some were motivated by mild curiosity, others came as repeat, annual attendees, keen to appreciate new art and craft work and with the potential to purchase, commission, or even win a work of art.

"...artist spaces are not defined by four walls to contain creative output"

Open Studio events present opportunities to introduce local communities to practicing artists, who make themselves available to offer insights into the varied and numerous ways that artists use space and create. This kind of bridging activity is especially important for how it advocates the value of independent, hand-made art and craft production. It provides a lens through which to understand the earliest part of the creative supply chain that will somehow permeate through society – in our music, our film/TV/games, the clothing we wear and so on.

Film-maker and artist, Nigel Kellaway, has been making stop-motion animations for the past four years and joined up recently with film-maker, Eren Basharan for a two year film animation project. Of the open studios weekend Kellaway said: "I've had so many great conversations with visitors about my work and about the role of art – conversations that just would not happen if I didn't take part in the Open Studios."

The event shows that artist spaces are not defined by four walls to contain creative output. Rather, it sheds light on highly skilled practices, ways artists create to survive or conduct artistic businesses, as well as opening creative avenues for learning.

There's also the very important angle of how artists consider and actively connect to local neighbourhoods and populations. Discussion with creatives over the open studios weekend will have exposed that there are many Euroart artists who reach out to communities to instigate creative dialogue and action on issues of social inequality.

For many spectators at the open studios, meandering through art festooned areas and having art-fuelled conversations will have sparked new understandings about film, photography, painting, sculpture, performance, ceramics, print

making, special effects, animation and costume design.

First-time attendee and Tottenham local, Charity Nyirenda remarked: "I have lived in the local area for years and I have never been to or seen a showcase like this... I think we need more of these events so that the community can connect with and support local artists."

Euroart founders, Lorraine Clarke and Nigel Young, are keen to see that Euroart Studios continues to encourage collaboration among its artists and externally.

To ensure that you are on the invitation list for future Euroart events, get in touch via the website: Visit euroart.co.uk



Animation magic Credit Euroart

ARTS & CULTURE

Sport

Gold rush: Haringey
Aquatics celebrates successPage
15

Hitting the right note

Local photographer Stephen Furner captures some of the action from Jazz Fest

By Glynis Kirkwood



All together now **Credit** Stephen Furner (Tottenham Photography Club)

Jazz fest is part of a programme of annual and bi-annual music and performance events organised or supported by The Shell Perform-

ing Arts Collective (SPAC). This small, but dedicated band of local people have made it their mission to try and see the outdoor theatre in Lordship



Sounds of summer descend from the Hub **Credit** Stephen Furner (Tottenham Photography Club)

Recreation Ground, known as The Shell due to the half clam design, used for public performances as it was originally designed for in 1932.

On stage at this year's Jazz Fest, we heard a range of classic jazz standards played excellently by Big Bands, MOJO (Moderately Optimistic Jazz Orchestra) and Forest Fire. Finishing off The Shell performances were Swing Punks, who brought their own unique style of big band arrangements for more modern classics such as God Save The Queen by the Sex Pistols.

The crowd enjoyed the show from rows of deckchairs and benches in

front of the stage and the grassy banks that surround the area, where the trees offered some shade. A beer and refreshment tent, run by Greater London Scouts to raise money for an overseas trip, set the scene for a fantastic start to a day of music and fun.

Once the Shell performances finished at 5pm, we moved to Lordship Hub for Live Lounge Jazz and a Jazz Jam. DJ Sapphire played a selection of recordings from her fantastic Jazz set, filling in while Annie Dehaney Stevens, Cathy Mcmanamon and Sue Jameson & While The Cats Away prepared to wow their audience with sultry, sophisticated and

swinging Lounge Jazz tunes.

Coming up at Lordship Rec: Youth Fest on 12th August and The Tottenham Flower and Produce Show on 15th September.

If you would like to see a performance using The Shell Theatre or would like to help SPAC in their endeavours, please get in touch:

Email shell@lordshiprec.org.uk

Facebook [/TheShellAtTheRec](https://www.facebook.com/TheShellAtTheRec)

Tweet [@Lordship_shell](https://twitter.com/Lordship_shell)

For more information about Lordship Rec:

Visit lordshiphub.org.uk

LISTINGS

Free Money Management Course
Starts Tuesday 3 July, 10am–2.30pm
Home Start Haringey, 100 Tower Gardens Road N17 7QA

Home Start Haringey is running a free five week money management course starting on 3 July. Come along and learn about:

- Managing money
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Free

To book your place:

Call 020 8352 4151

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Afternoon tea with Mind in Haringey
Thursday 26th July, 2:30pm–4:00pm
Mind in Haringey, 73C Stapleton Hall Road N4 3QF

You are warmly invited to join Mind in Haringey for afternoon tea in the garden, where you can find out more about our new service for people who have served in armed forces, and their relations. The service includes counselling, art group and courses, which are all free to access.

Schedule

- Tea, coffee, cold drinks and cakes from 2.30pm
- Short introduction to the service at 3pm

RSVP to Anna via:

Email anna.sikorska@mih.org.uk

Autism BAME Community Family Fun and Information Day
Saturday 7th July, 1pm–4pm
Markfield, Markfield Road, Tottenham N15 4RB

Autism BAME Community are holding a Family Fun and Information Day to bring together local and national groups which offer 1:1 support and resources for families with a child or adult with autism. Attendees will be able to meet professionals, take part in a range of activities and speak with a Family Fund professional to get support with filling in applications.

Suggested donation for entry:

£3.00 per adult, £1.00 per child, £5.00 professionals

Please confirm your attendance:

Email abamecproject@gmail.com

The Junior Apprentice
Thursday 26th July to Saturday 11th August, 9am–5pm
Tottenham Baptist Church, 699 High Road N17 8AD

The Junior Apprentice is an accredited Core Skills, Business & Leadership project designed for young people aged 13–19 years. Young people will learn a wide range of transferable skills, from creating and pitching products to a board of experts, to buying and selling and creating a business. After an initial three weeks of full time activities and workshops, the project continues throughout the year with opportunities including mentoring and work experience.

For more information:

Visit thehebefoundation.org.uk/junior-apprentice

Tottenham Community Choir
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Upcoming performances

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Email chair@tottenhamcommunitychoir.org

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POETRY

From acorn to oak

Anthony Hutchison, known on stage as Divine Justice, from Spoken, a local spoken word collective presents inserts from his work

Picture Life

From acorn to oak, despair to hope,
Intertwined with the coupling of maturity & growth,
Forging the ability to finally see the forest through the trees...
Down to the scattered seeds, corrupted weeds and family trees based without roots, baring the scars of broken limbs & branches giving way to poisonous fruit falling free by the waste side, wading in an enhanced feeling of deep depression, swimming in a sea of sickness, surrounded by unfamiliar shores, unable to surface waves of confidence due to the capsizing of self worth at its worst. And what's worse is the internal curse of backwards thinking in reverse, thinking that truth hurts, when in all actuality... Truth heals. Especially when it comes to matters of the heart... for that which binds us together is far greater than that which drives us apart.

Thankful

We people, provide more strength, freedom & vision.

Know & understand that life is for the living.

Some sins are unforgiving & knowledge is to know, look, respect, observe & listen.

That's food for thought, better yet food for the eating. This is poor righteous teaching, never preaching. Something more like higher level reaching and certain men still sleeping as man's reach often exceeds his grasp with outlets of stress that cause me to tap into my creative side, rationalized through the tip of a pen with a feeling of openness. No friends, only family, peoples & associates stemming from ties with the closest knits. We strive for positive, head held high but trust cause we know just how low it gets!

Thankful

Remember me... When I say that slavery, only represented one page out of the encyclopedia of Africa's greatness, yet all we seem to remember are the shackles & the slave ships; A lack of understanding brought about and perpetuated through our own self hatred. Different times, different places, New World Order, new order of the ages, signs, sands of time, hands that won't rewind. Open your mind in order to seek & find, then read between the lines cause there are lots of signs in life. Some that you may not like & some that lead to many a crooked road but low & behold the task of trying to stay on the path of the straight & narrow, even when life deals you a hand as crooked as the Bakerloo line from Elephant to Harrow.

FEATURE

Shine bright like a social entrepreneur

Rianna Raymond-Williams explains how she's putting sexual health education in the spotlight



Post presentation smiles Credit Shine ALOUD

Sex education is important, particularly for young people. It provides knowledge and awareness of topics that are sensitive. It can help to build sexual confidence and agency, allowing young people to feel empowered to make the right choices, and it can promote access to services and provisions.

This is the ethos behind Shine ALOUD UK; a sexual health social enterprise that uses creative media and peer-led training to educate, entertain and empower young people to make informed choices.

I am a 26-year-old sexual health advisor and social entrepreneur. Since starting Shine ALOUD UK seven years ago, from my home in East London, I have been dedicated to changing the way young people engage in sexual health now and in the future.

I had no idea or intention that I'd be working in the sexual health sector or that I'd own my own company in the field. What started as a small project has now evolved into me operating from my own office space here in Tottenham.

I started Shine ALOUD UK as a part-time project during university. I was a young person who worked with young people who had many misconceptions about sex and sexuality. I wanted to use my skills in journalism to create resources that helped young people like myself find answers and discuss sensitive topics.

To date, Shine ALOUD UK has produced seven magazines, all of which have been accessed by over 40,000 young people, both nationally and internationally. It has also worked with over 50 companies and organisations that work with young people around the world including: Living Well, Woman Care Global, ITV Fixers and Brook.

Because of my work with Shine ALOUD UK I was awarded funding and support from O2 Think Big, The Alec Dickinson

Trust, Starbucks Youth in Action, Arc Business in the Community and Lloyds Banking Group. I was also nominated as a finalist for the JLS Young Person of the Year Award, sponsored by the Family Planning Association (FPA) and Brook in 2013 for my involvement in sexual health education and awareness.

Despite these accomplishments there have been challenges along the way. Funding, time and motivation have all been challenging to maintain throughout my social enterprise journey. When starting a business you should love what you do, you should create partnerships and work with people who love what you do too. Most importantly, you always have to be willing to be flexible. Things don't always go to plan, so when they don't, change the plan but never the goal. That has always kept me going.

I am currently in the final year of a Master's degree in Reproductive and Sexual Health Research at the London School of Hygiene and Tropical Medicine.

When I finished my undergraduate degree I was certain I was finished with studying, but somewhere along the way I was inspired to go back. Going back into education has given me an amazing international perspective on the global picture of sexual health and family planning and I hope that soon I will be able to use my skills and experience to create partnerships and opportunities further afield.

Going forward, I am keen to work with organisations in Tottenham to host events, deliver training and create content for both young people and adults with the aim of encouraging healthier conversations and behaviour around sexual health.

For more information about Shine ALOUD UK:

Visit shinealoud.co.uk

SPORT

Gold rush

Haringey Aquatics team celebrates success at London Regional Championships

By Eva Hanson



In it to win, Haringey's young swimmers **Credit** Haringey Aquatics Centre

Haringey Aquatics continued its winning ways at the 2018 London Region Youth Championships, held at the London Aquatics

Centre, with a gold medal in the 14-16-year-old men's medley relay – the first in the club's history.

Swimmers Shakil Giordani, who swam

the backstroke leg, breastroker Max Hanson, butterfly specialist Gareth Davies and Max Green, who wrapped the race up with the freestyle leg, swam a nail-bitingly close race to win in a time which might well take them to the nationals this summer.

The same team also competed in the men's 14-16 years 4 x 100m freestyle relay, improving their entered time by nearly five seconds to finish fourth.

Individual medals were also won by 16 years old Shakil Giordani who reigned supreme at the sprint distances, defending his titles as London Regional Champion, with gold in 50m backstroke, 50m freestyle and 50m butterfly. He also won a silver medal in the 100m freestyle.

Max Hanson, 15, took the bronze medal in the 100m breaststroke final with a new personal best

time.

Other finalists at the Championships included Kelton Ryland, 15, who qualified for 100m and 200m breaststroke, and 200m individual medley; Rose Pepperday, 17, who after swimming the grueling 1500m freestyle and 400m individual medley races in one morning, qualified for the 200m breaststroke and 200m butterfly finals, and Matteo Caravati-Pringle, 15, who qualified for the 200m backstroke final.

Other swimmers with strong performances at the Championships included Sasha Shute, 16, who swam 50m and 100m backstroke; Hannah Wotton, 15, who swam 200m breaststroke; Laurie Taylor, 15, who swam 100m backstroke and Alejandro Isaza-Ocampo, 17, who swam all three backstroke distances, 100m butterfly and 100m freestyle.

Haringey Aquatic's Head Coach Paul Doyle said: "Our swimmers put in some fantastic performances over the weekend, with times fast enough to qualify for the upcoming British and English National Championships. Next, it's our younger swimmers' turn, and I'm looking forward to more club records being broken."

The London Regional Championships are run by London Swimming, a region of Swim England. The competition is divided into Youth (15, 16 and 17+ years) an Age Group (11/12, 13 and 14 years), held at the London Aquatics Centre, Queen Elizabeth Park in Stratford and at Crystal Palace National Sports Centre.

For more information about Haringey Aquatics:

Visit haringeyaquatics.org.uk

YouTube football team finds roots in Tottenham

A YouTube football team? Yes, you read correctly. Read all about Hashtag United here

By Seb Carmichael Brown



Youtubers on the ball **Credit** Hashtag United

Hashtag United was formed a couple of years ago when Spencer (YouTube personality Spencer Owen) got a group of his mates together for a charity match in honour of his friend that sadly passed away.

Spencer (my brother) and I then filmed one of our early matches, put it on YouTube and the reaction was amazing. At the time, football on YouTube was dominated by FIFA videos and trick shots, and a group of amateur players kicking a

ball turned out to be something the viewers wanted, if it was shot and produced in the right way.

Early players were all mates of Spencer and myself, but along the way we've picked up some other YouTubers (Theo Baker and Charlie Morley) and our squad has been further bolstered by a Hashtag Academy series we ran on the channel, where we gave our viewers a chance to take part in a footballing talent contest to win a place on the team.

Along the way we also formed a

FIFA eSports team (professional gaming), three of whom have made it to the FIFA eWorld Cup final in London this summer.

Over 18 months or so we played a series of fixtures across the world against other YouTubers, pro staff teams and other teams who challenged us, but as our content got more popular we also got the chance to play at numerous professional stadiums, including Wembley Stadium in the Wembley Cup, in front of 34,000 fans which was incredible. Players like Steven Gerrard and Robbie Fowler even joined us for that game as well.

We are now starting the next chapter of our journey and we are very excited to have been given a place in Step 6 of the non-league system in the Eastern Senior League. We will be playing weekly on Saturday afternoons, and it's a huge step up in terms of football quality and organisation for us, but we are up for the challenge.

We are very proud to be North London's newest team; we played our first proper match at New River Stadium and it has been our home (dubbed the Hashtag Arena) for the past two years.

We will be now making the move

down the road to Coles Park on White Hart Lane, Tottenham, for this season and we are loving it there so far. The pitch is obviously spot on, being 4G, and the place has a really good feel to it. We have watched some Haringey Borough – the existing local team based at Coles Park – highlights to get us in the mood and we cannot wait to get started and to welcome fans to our games. We are grateful to Haringey borough for letting us share their ground and we have planned it well as we also play in yellow and blue.

Right now we have an online fanbase but we are really looking forward to welcoming a community of local fans at games once the season starts in August.

We will be announcing ticket details on our YouTube channel as soon as we can but we are committed to providing an affordable, entertaining afternoon out for the family. Who knows, if you come along you might even get yourselves featured on one of our videos!

We are also keen to work within the local community to offer opportunities especially for young people wanting to work in football, whether on the playing, operations or media side of things.



Hashtag United takes home the Wembley Cup **Credit** Hashtag United

We are bringing in a new manager, some new players, and of course we will be filming every step of the journey for our YouTube and Instagram channels:

Visit youtube.com/channel/UCeJ73ymlLhLctITwdigiCVw
Instagram @HashtagUtd

If you are looking for an opportunity like this, or if you're a local business who thinks they can help us build a great match day experience, we would love to hear from you.

Contact the operations director at:
Email neil@hashtagunited.co.uk

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