

RAPID SYLLABLE TRANSITION TRAINING (REST)

Training Phase

- You will have the child match the word you say, including beats, sounds, and smoothness
- Randomly select words from training in the first session or incorrect targets
- You can provide child as much support as necessary
- Play the recording for child to hear their productions
- Repeat all steps until child has made 5 correct productions of any of the targets
- This phase takes 20-30 minutes for the first two sessions but no longer than 10 minutes in sessions after that



Practice Phase

- You will engage in a 20-trial drill block with 2-minute game between to provide short breaks (no focus on language, speech, or literacy)
- Repeat
- If the child is not able to produce more than 4 correct targets out of 40 then return to the training phase
- If the child can produce more than 4 correct targets, then continue 20 trial blocks with a 2-minute break until the end of the session
- **Note:** once the child is producing targets with 80% accuracy for 2 sessions, they can target in short sentences