

Body Composition - Lean Balance and Fat Distribution Report: Saturday, September 02, 2017

CLIENT



Name:

Age: 37.2 years
Sex: Male
Ethnicity: White

Birth Date: 06/13/1980
Height: 69.0 in.
Weight: 164.0 lbs.

Patient ID: (not specified)
Measured: 09/02/2017

Lean Mass Balance



Lean mass balance is a comparison of your body's right to left lean mass symmetry. A lean mass difference close to zero indicates a balance of muscle. An injury, non-symmetrical training, or a health condition may cause disproportionate lean mass differences, but only your physician can determine if a health condition is the related cause.

Region	Measured Date	Age	Lean Mass Right (lbs)	Lean Mass Left (lbs)	Lean Mass Difference (lbs)
Arms:	09/02/2017	37.2	6.8	6.7	0.1
Legs:	09/02/2017	37.2	18.6	19.1	-0.5
Trunk:	09/02/2017	37.2	24.0	24.5	-0.5
Total:	09/02/2017	37.2	52.9	53.7	-0.8

FAT DISTRIBUTION

Total Body: Total



Region	Measured Date	Age	Region (%Fat)	%Change vs. Previous	%Change vs. Baseline
Arms:	09/02/2017	37.2	28.1	-	baseline
Legs:	09/02/2017	37.2	30.1	-	baseline
Trunk:	09/02/2017	37.2	34.2	-	baseline
Android:	09/02/2017	37.2	37.5	-	baseline
Gynoid:	09/02/2017	37.2	32.8	-	baseline
Total:	09/02/2017	37.2	31.1	-	baseline

