







LINDSAY GROVES

SOMMELIER/WINE EDUCATOR & WRITER

An associate of the Institute of Wines and Sprits, Lindsay is a WSET certified Educator and certified Sommelier, recognized as 'Ontario Sommelier of the Year' in 2007 by the Ontario Tourism Marketing Partnership Corporation and as one of the Ontario Hostelry Institute's "Top 30 Under 30" in 2008. A member of the Wine Writers' Circle of Canada, she contributes regularly to a number of publications internationally.

With over a decade of experience in the wine and hospitality industry, Lindsay originally studied oenology and viticulture at Niagara College, Ontario. After graduation, she worked at wineries abroad, (most notably in Champagne, Bordeaux and Stellenbosch, South Africa) before returning home to Toronto to gain credentials as a certified Sommelier. In 2010, Lindsay took a position as the head Sommelier for Oberoi Hotels, India. Following this, she went on to work as a Sommelier, wine consultant and educator with the Starwood Group throughout the sub-continent.

Lindsay now resides in Toronto, where she teaches WSET qualifications as well as other programs and serves as a wine consultant with Terroni restaurants. She is also currently studying for the Master of Wine qualification via London, UK.









Women's Work

episode 4

Biology is on their side. It is a fact that women in the main are better tasters than men. It should be no surprise then that with opportunity and training the ranks of women winemakers are burgeoning. Meet some of Canada's leading winemakers – who happen to be women.

In this episode, Winemakers Sue-Ann Staff, Staff Winery; Deborah Paskus and Rossana Magnotta of Magnotta Wines will discuss their beginnings in the wine industry and their philosophies on making wine. They will share insight into where they are taking the industry and which wines are the "next big thing".







Mead, or honey wine, dates back to the Vikings and their voyages of conquest and plunder on the high seas and on land. It fortified the spirits of the warriors going into battle; and, after a victory, it was the libation of choice to celebrate a victory while they shared the spoils of the plunder.

Mead is made from honey, of course, but the honey could not be made without those small insects that are so vital to all agriculture and winemaking in particular. If not for their skills as pollinators, our food supply would be vastly diminished.

In this episode, we are going to visit two wineries: Rosewood Winery, in Beamsville, ON. and Meadow Vista Honey Wines, in Kelowna, BC. Rosewood Winery is a family-run winery that produces Mead in addition to a roster of wines from grapes. We will learn about bee-keeping culture and what bees mean to the wine-making process. Judie Barta of Meadow Vista is renowned for her entrepreneurial skills, as well as her pioneering of still and sparkling honey wines, made with local fruit. We will take the opportunity to pair wines and mead with a meal prepared by our chef using wines/mead from Rosewood and Meadow Vista.







New Years, weddings and christenings are occasions for celebration. Most often the beverage of choice at these celebrations is sparkling wine. Let's be clear... sparkling wine is not Champagne, although Champagne is a sparkling wine. In this episode, we will discover the unique distinctions between the two as we visit several wineries from coast to coast.

The highlight of this episode will be our trip to Benjamin Bridge Winery, in Nova Scotia. Benjamin Bridge uses the Methode Champenoise that is used to make Champagne in France. This method is the secret behind their success. Benjamin Bridge has come to be known for making some of the finest sparkling wine outside of France. On our tour of discovery, we will learn about the grape varieties and the techniques used to make their sparkling wine and how other wineries compare to those of Benjamin Bridge. We will also pair local food and sparkling wines discovered on our journey.



Early on in his winemaking career, Donald Ziraldo, the father of present-day Icewine, was well aware that, in order to grow the wine industry, a strong knowledge base was required. This lead to the development of universities and institutes of higher learning that would preserve the knowledge gained from decades of winemaking practice and experimentation, both the successes and failures.

In this episode, we visit the Brock University CCOVI, the Cool Climate Oenological and Viticultural Institute and the Niagara College Teaching Winery. We will live vicariously through the students as they learn the art and science of their craft with some of the top educators in the world. Live the experience as students learn about veraison, when and how to punch down the cap and when to bottle.

We will meet winemaker Lydia Tomek a graduate of the CCOVI now the winemaker at Burning Kiln Winery. Join us as we take a glimpse into her wine making and the role that the CCOVI played in her development.