



CONTIGO PLUS

(HMO-SNP)

SUMMARY OF BENEFITS **2026**

SUMMARY OF BENEFITS 2026

January 1, 2026 –December 31, 2026

Important

This Summary of Benefits contains information on the following Triple-S Advantage plan:

- Contigo Plus (HMO-SNP)

Triple-S Advantage, Inc. is a health maintenance organization (HMO) with a Medicare contract. Enrollment in Triple-S Advantage, Inc. depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service we cover or list every limitation or exclusion. To get a complete list of covered services, request the **Evidence of Coverage** by calling Member Services at 1-888-620-1919

(TTY/TDD 1-866-620-2520) or visiting our website at www.sssadvantage.com.

To enroll in **Contigo Plus (HMO-SNP)** you must be entitled to Medicare Part A, be enrolled in Medicare Part B, be a citizen of or lawfully present in the United States, to have any of the following conditions: Diabetes Mellitus, cardiovascular conditions, or Chronic Heart Failure, and live in our service area. Our service area includes the 78 municipalities in Puerto Rico.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Monthly Plan Premium You must continue to pay your Medicare Part B premium.	\$0 monthly premium.
Part B Premium Reduction	\$70 per month.
Deductible This plan has no deductible.	You pay nothing.
Maximum Out-of-Pocket Costs (does not include prescription drugs) The maximum amount you will pay in copayments, coinsurance, and other expenses for medical services during the year.	\$4,200 annually.
Inpatient Hospital Coverage This plan covers an unlimited number of days for an inpatient hospital stay. Services provided in an Inpatient Hospital Care for Intensive Rehabilitation Program require prior authorization.	Preferred Provider Network: You pay nothing. Provider Network: \$50 copay.



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Premiums And Benefits	Contigo Plus (HMO-SNP)
Outpatient Hospital Coverage	Preferred Provider Network: \$25 copay. Provider Network: \$50 copay. You pay nothing.
Observation Care Coverage Some services may require prior authorization.	
Ambulatory Surgery: - Ambulatory surgery center - Ambulatory facility in a hospital Some services may require prior authorization.	 \$25 copay \$25 copay
Doctor Visits: - Primary Care - Specialist - Surgeries and/or procedures in a physician’s office (may require prior authorization)	 You pay nothing. Preferred Provider Network: You pay nothing. Provider Network: \$3 copay. Preferred Provider Network: You pay nothing. Provider Network: \$3 copay.
Preventive Care (e.g., flu vaccine, screening for diabetes) Any additional preventive services that are approved by Medicare during the year will be covered.	You pay nothing.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Emergency Care If you are admitted to the hospital within 24 hours for the same condition for which you were evaluated in the emergency room, you pay nothing for the emergency room visit. Services in the United States may also be handled through reimbursement according to Medicare rates and the location where the services were provided, minus copayment.	\$50 copay.
Urgently Needed Services Services in the United States may also be handled through reimbursement according to Medicare rates and the location where the services were provided, minus copayment.	You pay nothing.
Diagnostic Services / Laboratories / Imaging: - Diagnostic tests and procedures - Laboratory service - Diagnostic Radiology Services (e.g. MRI)	Preferred Provider Network: You pay nothing. Provider Network: 15% coinsurance. Preferred Provider Network: You pay nothing. Provider Network: 15% coinsurance. General: You pay nothing. Complex: \$25 copay. You pay nothing at SALUS Clinics. Other providers are available in our network.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
- X-Rays - Therapeutic radiology services Some services may require prior authorization.	You pay nothing. You pay nothing.
Hearing Services: - Hearing exam - Routine hearing exam (One (1) routine hearing exam every year) - Hearing aid fitting / evaluation - Hearing aids	You pay nothing. You pay nothing. You pay nothing. You pay nothing. Up to \$500 per year.
Dental Services: Preventive: Oral exam, cleaning, Fluoride and X-rays - One (1) cleaning every six months. - Dental X-ray - One (1) Fluoride treatment every six months. - One (1) oral exam every six months. Comprehensive: May require prior authorization. Covered services include but are not limited to restorations, periodontics, prosthodontics and endodontics (root canal). A maximum benefit limit applies for some services.	You pay nothing. You pay nothing. Up to \$2,500 coverage limit per year.
Vision Services: - Eye exam (one (1) per year) - Routine eye exam (one (1) per year) - One (1) pair of eyeglasses or contact lenses after every cataract surgery. - Eyeglasses (frame & lenses), contact lenses.	You pay nothing. You pay nothing. You pay nothing. You pay nothing. Up to \$220 per year.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Mental Health Services: - Inpatient (up to one hundred ninety (190) days lifetime in a psychiatric hospital) - Individual therapy visits - Group therapy visits - Partial hospitalization (some services may require prior authorization)	You pay nothing. You pay nothing. You pay nothing. You pay nothing.
Skilled Nursing Facility (SNF) Up to one hundred (100) days in an SNF per benefit period. A previous hospital stay of three (3) days is required. Requires prior authorization.	You pay nothing.
Physical Therapy These services are subject to Medicare-set caps for rehabilitation services. Ask your provider to validate if the service you need is available. Some services may require prior authorization.	You pay nothing.
Ambulance Non-emergent transportation requires prior authorization.	You pay nothing.
Transportation One-way trips for medical destinations.	Not covered.
Medicare Part B Drugs - Respiratory therapy drugs - Chemotherapy drugs - Parte B insulin - Other Part B drugs Some services may require prior authorization.	You pay nothing. 20% coinsurance. You pay nothing. 20% coinsurance.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Step Therapy may apply for: Part B to Part B, Part B to Part D, Part D to Part B.	
Rehabilitation Services: - Occupational therapy visit - Speech / language therapy visit These services are subject to Medicare-set caps for rehabilitation services. Ask your provider to validate if the service you need is available. Some services may require prior authorization.	\$5 copay. You pay nothing.
Foot Care (Podiatry Services): - Foot exams and treatment - Additional routine foot care, up to four (4) visits per year, including the initial visit.	You pay nothing. You pay nothing.
Medical Equipment and Supplies: - Durable Medical Equipment (e.g., wheelchairs, oxygen) - Prosthetics (e.g. braces, artificial limbs): - Orthopedic devices, non-surgically implanted prosthesis and cardiovascular devices - Surgically implanted prosthesis, urinary system, and neuro-stimulating prosthetic device - Medical supplies	Preferred brands and manufacturers: You pay nothing. Non-preferred brands and manufacturers: 10% coinsurance. You pay nothing. 10% coinsurance. Preferred brands and manufacturers: You pay nothing.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Supplies for diabetes Some durable medical equipment, prosthetics, and medical and diabetes supplies may require prior authorization.	Non-preferred brands and manufacturers: 10% coinsurance. You pay nothing.
Wellness Program: - Gym membership (submit your reimbursement request with the original invoice). - Health education materials, group interventions, and telephone education on nutrition and weight management based on your health profile. - Teleconsulta Nursing line for health consultations, available 24 hours a day, 7 days a week. Members can call 1-800-255-4375. - Teleconsejo Emotional support line available 24 hours a day, 7 days a week. Members can call 1-877-879-5964.	You pay nothing. Up to \$25 monthly. You pay nothing. You pay nothing. You pay nothing.
Chiropractic: - Visits covered by Medicare to correct subluxation. - Routine visits Up to five (5) routine visits, per year, including the initial visit. Manipulation of the spine to correct subluxation (when one or more of your spine bones move out of position).	\$5 copay. \$5 copay. You pay nothing at SALUS Clinics. Other providers are available in our network.

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Premiums And Benefits	Contigo Plus (HMO-SNP)
Additional Telehealth Services: • Consultations with a Primary Care Physician • Consultations with Specialists • Consultations for Kidney Condition Education Services • Diabetes Self-Management Training Consultations • Individual Consultations with a Psychiatrist or Psychologist. Contact your doctor to validate if you offer additional Telehealth services and provide you with information about the means of contact to use.	You pay nothing. Preferred Provider Network: You pay nothing. Provider Network: \$3 copay. You pay nothing. You pay nothing. You pay nothing.
Erectile Dysfunction Drugs Sildenafil Citrate (25, 50, and 100 mg) Tadalafil (10 and 20 mg) Viagra (25, 50, and 100 mg) Cialis (10 and 20 mg) Up to six (6) pills monthly.	Tier 2: Generics. Tier 4: Non-Preferred Brand.
Alternative Medicine / Acupuncture Up to twelve (12) combined visits each year.	You pay nothing.
Nutritional / Dietary Benefit A maximum of twelve (12) individual visits per year to a nutritionist.	You pay nothing.

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Outpatient Prescription Drugs

Our plan groups every drug in one of six (6) cost-sharing tiers. The amount you pay depends on the pharmacy you choose and when you change from one stage to another within the Part D benefit (Initial Coverage Stage and Catastrophic Coverage Stage).

For additional information on pharmacy cost-sharing and the benefit stages, please call us or access the **Evidence of Coverage** on our webpage.

Deductible: This plan does not have a deductible.

Stage 1: Initial Coverage Stage

What you pay until the total amount for the prescription drugs you have filled reaches \$2,100.

DRUG TIER (Initial Coverage Stage)	Contigo Plus (HMO-SNP)
Tier 1 – Preferred Generics	
Preferred Retail Pharmacy 30-day supply 90-day supply	You pay nothing. You pay nothing.
Mail Order	You pay nothing.
Standard Retail Pharmacy 30-day supply 90-day supply	\$5 copay. \$10 copay.
Tier 2 – Non-Preferred Generics	
Preferred Retail Pharmacy 30-day supply 90-day supply	You pay nothing. You pay nothing.
Mail Order	You pay nothing.
Standard Retail Pharmacy 30-day supply 90-day supply	\$8 copay. \$16 copay.

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DRUG TIER (Initial Coverage Stage)	Contigo Plus (HMO-SNP)
Tier 3 – Preferred Brand	
Preferred Retail Pharmacy 30-day supply 90-day supply	You pay nothing.
Mail Order	You pay nothing.
Standard Retail Pharmacy 30-day supply 90-day supply	\$20 copay.
	\$40 copay.
Tier 4 – Non-Preferred Brand	
Preferred Retail Pharmacy 30-day supply 90-day supply	\$10 copay.
Mail Order	\$20 copay.
Standard Retail Pharmacy 30-day supply 90-day supply	\$55 copay.
	\$110 copay.
Tier 5 – Specialty Drugs	
Preferred Retail and Standard Pharmacy. 30-day supply 90-day supply	33% coinsurance.
Mail Order	33% coinsurance.
Tier 6 – Select Care Drugs	
Preferred Retail Pharmacy 30-day supply 90-day supply	You pay nothing.
Mail Order	You pay nothing.

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DRUG TIER (Initial Coverage Stage)	Contigo Plus (HMO-SNP)
Standard Retail Pharmacy • 30-day supply • 90-day supply	\$3 copay. \$6 copay.

Stage 2: Catastrophic Coverage Stage

You enter the Catastrophic Coverage Stage when your out-of-pocket costs have reached the \$2,100.01 limit for the calendar year. During this stage, the plan will pay all the costs for your Part D covered drugs. You pay nothing.

Additional Notices

Triple-S Advantage, Inc. is an independent licensee of the BlueCross BlueShield Association.

Contigo Plus (HMO-SNP) has a network of doctors, hospitals, pharmacies, and other providers. Except in case of emergency, if you use a provider that is not in our network, the plan may not pay for these services.

If you want to know more about the coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users must call 1-877-486-2048.

This document is available for free in Spanish. This document is also available in alternate formats such as braille, large print, and audio. Please contact Member Services if you need plan information in another format or language.

For more information, call us toll-free at our Member Service Center at 1-888-620-1919 (TTY/TDD 1-866-620-2520). You can call us Monday through Sunday from 8:00 a.m. to 8:00 p.m., Atlantic standard time. If you are not a member of our plan, you can call toll-free at 1-877-207-8777 (TTY/TDD 1-866-620-2520). You can also visit our webpage at www.sssadvantage.com.

You can go to www.sssadvantage.com to see your plan’s Provider and Pharmacy Directories. You can also view the complete plan Formulary (list of Part D prescription drugs) to see which drugs are covered and if there are any restrictions.

The formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Benefits, and/or copays/coinsurance may change on January 1st of every year.

Please refer to the **Evidence of Coverage** for more information.

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NOTICE INFORMING INDIVIDUALS ABOUT NONDISCRIMINATION AND ACCESSIBILITY REQUIREMENTS AND NONDISCRIMINATION STATEMENT

Discrimination is Against the Law

Triple-S Advantage, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex (consistent with the scope of sex discrimination described at 45 CFR § 92.101(a)(2)). **Triple-S Advantage, Inc.** does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

Triple-S Advantage, Inc.:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English, which may include:
 - Qualified interpreters
 - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact a Service Representative of Triple-S Advantage.

If you believe that **Triple-S Advantage, Inc.** has failed to provide these services or discriminated in another way on the basis of race, color national origin, age, disability, or sex, you can file a grievance with:

**Service Representative
Grievances & Appeals Unit**

P.O Box 11320,

San Juan, PR 00922-1320

Telephone: 1-888-620-1919, TTY: 1-866-620-2520

Fax. 787-993-3261

E-mail: appeals-grievances@sssadvantage.com

You can file a grievance in person or by mail, fax, or e-mail. If you need help filing a grievance, a **Service Representative** is available to help you.

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You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services,

200 Independence Avenue SW

Room 509F, HHH Building

Washington, DC 20201

1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This notice is available at Triple-S Advantage website: sssadvantage.com.

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Aviso de Disponibilidad de Servicios de Asistencia Lingüística, Ayudas y Servicios Auxiliares / Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

English: ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-888-620-1919 (TTY/TDD 1-866-620-2520) or speak to your provider.

Español: ATENCION: Si usted habla español, servicios de asistencia lingüística gratuitos están disponibles para usted. También están disponibles ayudas y servicios auxiliares apropiados para proporcionar información en formatos accesibles, sin costo adicional. Llame al 1-888-620-1919 (TTY/TDD 1-866-620-2520) o hable con su proveedor.

中文 注意：如果您说[[中文]]，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 1-888-620-1919（文本电话：1-866-620-2520）或咨询您的服务提供商。

한국어 주의: [[한국어]]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-888-620-1919 (TTY: 1-866-620-2520) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Português: ATENÇÃO: Se você fala português do Brasil, tem à disposição serviços gratuitos de assistência linguística. Auxílios e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-888-620-1919 (TTY 1-866-620-2520) ou fale com seu provedor.

Français: ATTENTION: si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-888-620-1919 (TTY 1-866-620-2520) ou parlez à votre fournisseur.

Italiano: ATTENZIONE: se parli italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili. Chiama l'1-888-620-1919 (TTY 1-866-620-2520) o parla con il tuo fornitore.

Deutsch: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzen zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-888-620-1919 (TTY +1-866-620-2520) an oder sprechen Sie mit Ihrem Provider

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Tagalog: PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-888-620-1919 (TTY: 1-866-620-2520) o makipag-usap sa iyong provider.

РУССКИЙ: ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-888-620-1919 (TTY: 1-866-620-2520) или обратитесь к своему поставщику услуг.

العربية

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-888-620-1919 (TTY 1-866-620-2520) أو تحدث إلى مقدم الخدمة.

हिंदी: ध्यान दें : यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-888-620-1919 (TTY: 1-866-620-2520) पर कॉल करें या अपने प्रदाता से बात करें।

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको लागि निःशुल्क भाषा सहायता सेवाहरू उपलब्ध छन्। सुलभ प्रारूपहरूमा जानकारी प्रदान गर्नको लागि उपयुक्त सहायक साधन र सेवाहरू पनि निःशुल्क उपलब्ध छन्। १-८८८-६२०-१९१९ (टिटवाई/टीडीडी १-८६६-६२०-२५२०) मा कोल गर्नुहोस् वा तपाईंको प्रदायकसँग कुरा गर्नुहोस्।

Kreyòl Ayisyen: TANSYON: Si ou pale Kreyòl Ayisyen, sèvis asistans lang free disponib pou ou. Zouti ak sèvis sekondè ki konvenab pou bay enfòmasyon nan fòm ki aksesib tou disponib gratis. Rele 1-888-620-1919 (TTY/TDD 1-866-620-2520) oubyen pale ak pwovidè ou.

יידיש

נאטיץ: אויב איר רעדט יידיש, שפראך הילף סערוויסעס זענען בארעכטיגט פאר דיר פריי. צונעמען אידס און באדינונגס פֿאַר פראווידינג אינפֿאָרמאַציע אין צוטריטלעך פֿאַרמאַטירונגען זענען אויך בנימצא פריי. רופן 1-888-620-1919 (TTY: 1-866-620-2520) אָדער רעדן מיט דיין טרעגער.

עברית

נגישים בפורמטים מידע לספק מתאימים ושירותים עזר אביזרי. לכם זמינים בחינם בשפה סיוע שירותי, עברית דוברים אתם אם: לב שימו ספקכם עם דברו או 1-888-620-1919 (TTY/TDD 1-866-620-2520) ל- התקשרו. בחינם הם גם זמינים

PRE-ENROLLMENT CHECKLIST

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-888-620-1919 (TTY 1-866-620-2520).

UNDERSTANDING THE BENEFITS

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverages and services. It is important to review the plan's coverage, costs, and benefits before enrolling. Visit www.sssadvantage.com or call 1-888-620-1919 (TTY 1-866-620-2520) to view a copy of the EOC.
- ☐ Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the Pharmacy Directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- ☐ Review the Formulary to make sure your drugs are covered.

UNDERSTANDING IMPORTANT RULES

- ☐ In addition to your monthly plan premium (if applicable), you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/coinsurance may change on January 1, 2027.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the Provider Directory).
- ☐ For **PPO and HMO-POS** plans - Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services or certain covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you may pay a higher cost for services received by non-contracted providers.
- ☐ For **Chronic Conditions Special Needs** plan - This plan is a chronic condition special needs plan (C-SNP). Your ability to enroll will be based on verification that you have a qualifying specific severe or disabling chronic condition.
- ☐ For **Platino** plans - This plan is a dual eligible special needs plan (D-SNP). Your ability to enroll will be based on verification that you are entitled to both Medicare and medical assistance from a State plan under Medicaid.
- ☐ If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.