

Cosy but deadly

The carbon monoxide from a badly adjusted camping light or stove can kill.

Barbecues in enclosed spaces are lethal, too.



Make sure your camping light and stove are clean and properly adjusted. Never take a portable barbecue – or lit charcoal – into an enclosed space like a tent or caravan.



Make sure exhaust from generators is properly vented away from occupied areas

Carbon Monoxide (CO) is a colourless, odourless, highly poisonous gas that can kill in minutes. Carbon Monoxide poisoning can be caused by ANY fuel that burns or smoulders.

Watch out for the symptoms – • Mild headache • Dizziness • Nausea • Vomiting • Fatigue • Drowsiness •

CO-Awareness supports victims, their families and friends poisoned by Carbon Monoxide (CO) while trying to raise awareness among health professionals and the general public, of the dangers of CO.

Telephone Lynn on 0771 589 9296
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REGISTERED CHARITY NO. 1125755



www.covictim.org

Trust in us to help you understand the effects of Carbon Monoxide (CO) and other toxic products of combustion

CO is the chemical formula for carbon monoxide

CO-Awareness Week starts on the third Monday in November every year

