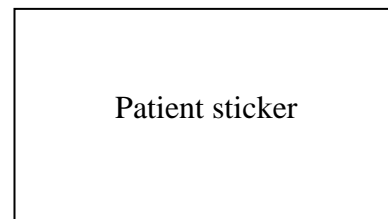


Bier's Block Checklist

Indications

A distal radius fracture with:

- Dorsal angulation >10 degrees
- Radial and dorsal displacement
- Shortening
- Concerns regarding potential return of function



Contraindications:

- Neuromuscular compromise
- Open fracture
- Unable to comply (lack of understanding or unable to tolerate cuff)
- Uncontrolled hypertension
- Raynaud's disease or severe PVD
- Sickle cell disease
- Infected arm/cellulitis
- Local anaesthetic allergy

		Initial
Information leaflet given to patient/carer		
Procedure and potential complications (of manipulation only) explained to patient		
Consent form signed (for manipulation only; the Anaesthetist will seek consent for the Bier's Block administration on the day of the procedure)		
Fasting advice given (\geq 6hrs and preferably from midnight the night before – except medication)		
Check and document BP (If systolic >180mmHg contact Anaesthetist; bleep 2200)	BP / mmHg	
Patient weighed	Weight: kg	
Rings removed from affected hand		
Appropriate social support		
Transport available to take patient home		
Time allocated		
Appointment completed on patient info sheet		
Document name of senior doctor if case discussed	Name: Grade:	

Care provider: Name:

Signature:

Grade:

Date: