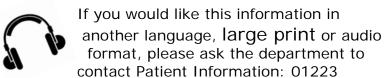
### Help with this leaflet:



216032 or patient.information@addenbrookes.nhs.uk





We are currently working towards a smoke-free site. Smoking is only permitted in the designated smoking areas.

For advice and support in quitting, contact your GP or the free NHS Stop Smoking helpline on 0800 169 0 169

#### **Document history**

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Contact number 01223 217118

Publish/Review date June 2011/June 2014

File name Discharge\_advice\_for\_women\_attending\_with

\_abdominal\_pain

Version number/Ref 1/PIN2769

## **Emergency Department**

Patient Information

Discharge advice for women attending with abdominal pain

- You have attended the Emergency Department
  (A&E) today with abdominal pain but are being sent
  home. The doctor who saw you today does not think
  that you need to be admitted to hospital. Abdominal
  pain is very common and we often do not find what
  is causing the pain. Most abdominal pain will settle
  down over a few days.
- You should take simple pain killers regularly, such as paracetamol or the medicine that the doctor gave you at your visit. You can take up to eight paracetamol tablets in a single 24 hour period.
- If your pain does not settle down within a few days, you should go and see your GP.

# Do I need to come back to the Emergency Department? What should I look out for? If you...

- develop very severe abdominal pain
- develop pain that goes through to your back
- develop shoulder pain
- become feverish or shivery
- start vomiting or passing blood from your back passage
- bleed much more heavily than normal from your vagina
- suffer any fainting or collapse episodes

You should make your way to the Emergency Department if you are able or alternatively call for an ambulance.

## NHS Direct 0845 4647