

Discharge advice for patients attending with an early pregnancy problem requiring EPAS assessment

- You have attended the Emergency Department (A&E) today with a problem in early pregnancy such as bleeding or abdominal pain. Bleeding during pregnancy does not necessarily mean you are having a miscarriage; it is common to have some light vaginal bleeding sometime in the first 12 weeks of pregnancy. This is called threatened miscarriage. Most women go on to have a healthy pregnancy but some women do subsequently have a miscarriage.
- Having been assessed it has been determined that you should attend the Early Pregnancy Assessment Service (EPAS) for further assessment. This usually involves being seen by a midwife and having an ultrasound scan. The scan may be performed either by placing the probe in your front passage or on your abdomen – depending upon how many weeks pregnant you are.
- This service is very busy so you have been given an appointment for sometime in the next few days.

You should attend EPAS on

DAY	MONTH	TIME
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EPAS is located in the Princess Royal Maternity Unit via Alexandra Parade on Level 2. Go to Day Care reception.

What should I look out for?

If you...

- develop very severe abdominal pain (that may be only on one side).
- develop shoulder pain.
- are bleeding much more heavily than previously.
- suffer any fainting or collapse episodes.

Then there is a possibility you may have an ectopic pregnancy (pregnancy in your tube).

You should make your way to the Emergency Department if you are able or alternatively call for an ambulance.

The EPAS service is open Monday to Friday 0900-1645 and can be contacted on 0141 211 5317 if you have any worries or concerns following discharge from hospital.

Outside these hours you can contact NHS24 (08454 242424) or the Emergency Department (0141 211 4344).