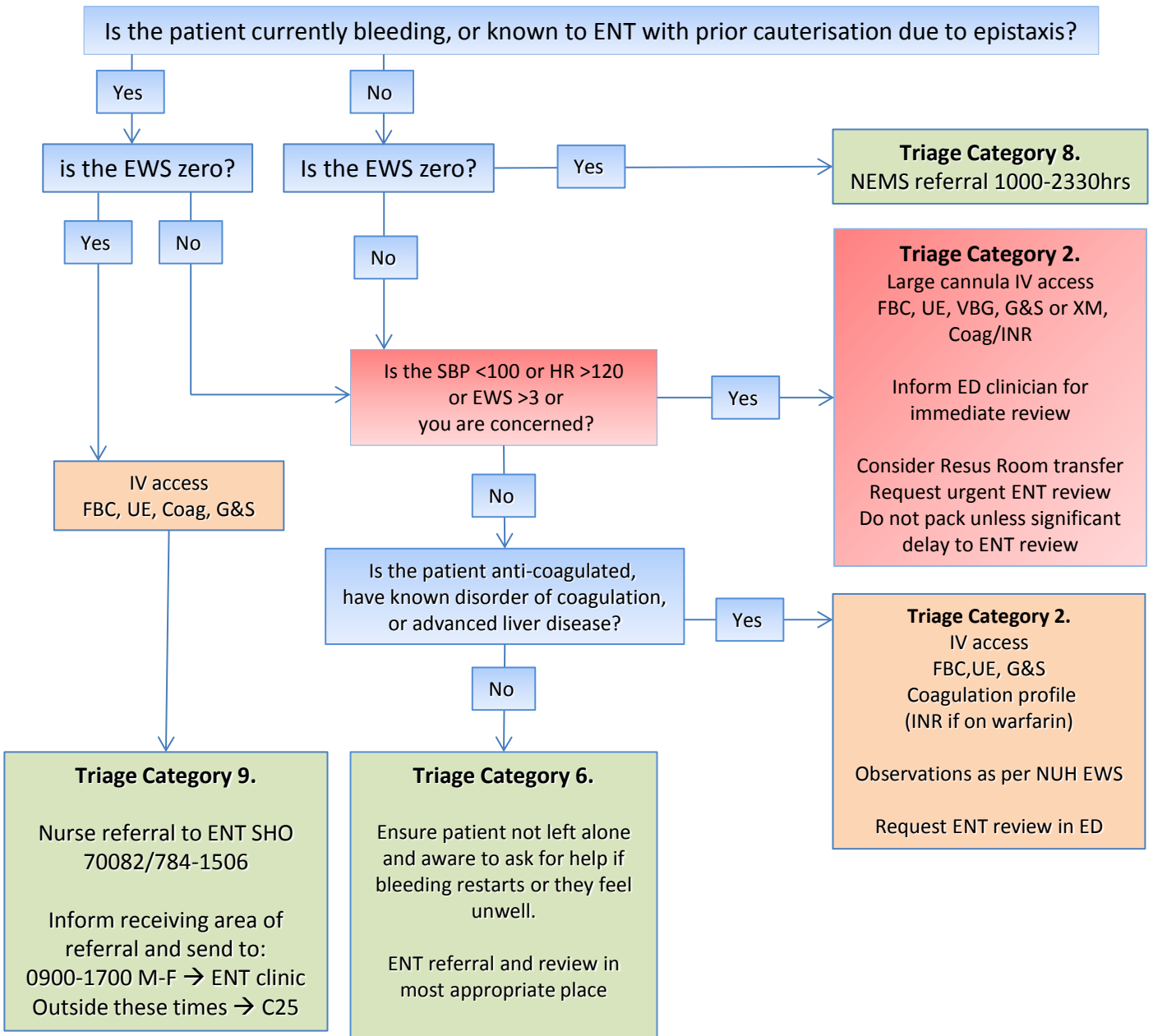


NUH ED Epistaxis guideline



For the majority of patients epistaxis will stop or reduce with Trotter's method:
 pressure on the soft part of the nose between index finger and thumb
 Leaning forward and mouth breathing
 Pressure to be applied for minimum 20 minutes with no release