

Thomas Wood

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Cardiff,
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Skills

- The ability to work well under pressure and to strict time schedules.
 - Able to creatively express myself both orally and through my written and creative work
 - Able to work well as a team and also manage a team in high pressure circumstances.
 - Self motivated and also able to motivate and inspire others.
 - An awareness of current TV, Film and Theatre trends and an interest in creating content that creates social change.
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Experience

Greggs/ Team Member

November 2019- PRESENT, Cardiff

Work well in a high pressure environment serving a range of customers.

Work with strict hygiene and safety restrictions.

Provide a friendly service and resolve any issues quickly and with a professional attitude

Project Semicolon/ Director and Writer-

April 2019- June 2019, Rugby

I have written and directed my own community theatre play which focused on the theme of mental health specifically Suicide Awareness. I took the idea from its initial stages and wrote the script and planned each individual aspect of the show including running the tech.

STUDENT FILMS/Director, Editor and Runner

I have completed various student films where I have taken up many roles which include directing, post production and being a runner on shoot and organising the shoot beforehand.

- Working with Cast and Crew
- Ensuring health and safety
- Creating Risk Assessments
- Covid19 Regulations
- Working with Film Permit Office
- Creating Shoot schedules and call sheets

Education

Warwickshire College/ UAL Level 3 Diploma and Extended Diploma in Performing and Production Arts

September 2017 - June 2019, Rugby

A total of 12 units which covered a range of performance skills in contemporary and classical acting, drama and devising, vocal work and musical theatre, movement, dance, Choreography, production skills, technical theatre and contextual theatre.

University of South Wales / Bachelor of Arts in Performance and Media Studies

The course explores the growing and diverse field of performance by questioning the relationship between live performance and a range of recorded media. Studying all major media forms such as theatre, film, television and radio through academic and practical work. Also examining the production of new ideas in digital, interactive and multi-media performance practices.

Awards

Pride of Rugby Carer of the Year 2017

Pride of Rugby Special Recognition Award 2018

Certificates

DBS Certified

COVID19 Awareness Training Screen Alliance
Wales

Provisional Driving License

Suicide Prevention Training