

**TITLE: WIDE AWAKE**

**Summary:** Wide Awake is a four to five minute live action film. Our main character is Sarah, a young woman whose nights become sleepless, plagued with dreams of ecocide. The tone is dark and dreamlike, as Sarah's insomnia impacts her personal and professional life. She loses her job and her boyfriend leaves her. Sarah's disposition steadily worsens until a point of crisis and a final revelation, which prompts her to take action. As an exploration of climate/eco-anxiety the film focuses exclusively on Sarah. By approaching the subject of eco-anxiety through a personal lens, Wide Awake gives a voice to the concerns of the young, highlighting a new breed of mental health issue, all the while encouraging an existentialist philosophy and the importance of taking action.

**Filmmakers:** The writer-director is Nicolas Motte. Nicolas' first film was the four and a half minute live-action film, The Green Man, which you can watch [here](#). The Green Man played several festivals, including BAFTA qualifying Carmarthen Bay. Nicolas is keen to make socially engaged films that subvert expectations.