

# James McGarry

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## Personal Statement:

I'm a recent university graduate moving around in the world of work and gaining new part-time practical experience while I broaden my knowledge in the music industry. In terms of previous work, I am well experienced with Retail and Hospitality, both roles have entailed working in busy environments and having to multitask under strict timescales.

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## Key Skills:

- Excels in communication skills
  - Manageable multi-tasker when required
  - Passionate Team Player
  - Strong willingness to learn new skills and improve myself.
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## Employment History:

- 2021** Daytime Staff at Cod & Caper  
At this job, I make and serve Coffees for customers as well as serve Ice Cream, Cake and Takeaways; all to Covid-19 standards and safety. My experience in Back of House also makes me a helpful assistant in the kitchen between customers and I help my colleagues as best as I can.
- 2021** Music Reviewer at Gryllus Music  
At Gryllus Music, I write small reviews on the music that inspires me. I chose to bring a different approach to the site and focus solely on the avant-garde section of the site. This is very rewarding as this is my taste in music production and sound.
- 2018-Present** Hypnotherapy Sound Editor at Accesstherapy  
At this job, I am present with our Hypnotherapist, recording their scripts and then later taking them into software and editing any mistakes or sound pops as well as including music, I then format the files and prepare them for Admin to send to clients.
- 2019-2020** Night Trading Assistant at J. Sainsbury's  
This job involved handling supermarket deliveries, organising all products and stocking up in both the warehouse storage and the shop floor. This involved plenty of heavy lifting and physical labour, and just as much Teamwork as well as working independently.

**2019** BOH Team Member at Pizza Hut Ltd.

At this job, I was part of a small team to prepare, cook, and send out food to the restaurant whilst following strict Allergy and Hygiene measures. After all food was served for the day, I was also responsible for cleaning the kitchen to the highest of standards. Communication was a key part of this job as well as multitasking; teamwork was essential, however at points I would be able to handle cooking for the entire restaurant by myself.

**2017-2018** Voluntary Events Officer and Student Mentor at dBs Music

This voluntary job took place over the first semester of my second university year, holding weekly meetings with Fresher students discussing their work and their ideas and giving advice, as well as weekly meetings with two other Events Officers, brainstorming ideas for future events at the university, I took on the role to host film nights every week until Christmas, setting up and configuring a surround sound system in the Lecture Hall. This was mostly social work, however it was a part of bringing more students together at the University.

**2016-2017** Retail Assistant at Tesco Ltd.

This role was over the christmas season, I was allocated to fresh fruit and vegetables, stocking up the aisle and helping customers out when they needed directions or a specific product. The store was understandably extremely busy, and I became a part of the Checkout team as well Produce, moving from departments upon request from the Managers, I would be assisting one customer with food one minute and the next I would be sorting someone else's shop and handling cash. My contract was originally limited until Christmas, but the Managers extended my contract several times due to my positive work.

**2015** Retail Assistant at Sports Direct Ltd.

My role at Sports Direct was on the shop floor as well as the warehouse, stocking up goods and organizing everything. Customers would approach me looking for a product for their needs and I would recommend a specific one for them. I would also be on tills at times, serving customers throughout the day.

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**Education:**

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| 2019 | Bachelor of Arts in Music Production (Upper Second Class Honours)<br>University of St. Mark & St. John |
| 2016 | BTEC Extended Diploma in Music Technology (DMM)<br>Cornwall College                                    |
| 2014 | GCSEs in Fine Art (B), English (C), Maths (C), and Electronics (C)<br>Downend School                   |
| 2014 | BTECs in Media Production (M), and Applied Science (P)<br>Downend School                               |
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My hobbies involve seeing the latest box-office films, producing my own music, record-collecting, and practising jazz guitar to a standard where I could potentially busk in the city centre.

References available upon request.