

Sandra Cole

Actress, Model, Writer

Firm believer in the healing power of the arts and the regenerative virtues of healthy self-expression. Promoter of inclusive projects and body positivity.

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Instagram: [@sandracoleportfolio](https://www.instagram.com/sandracoleportfolio) • Facebook: [His & Hers Theatre Company](https://www.facebook.com/His&HersTheatreCompany)
Blog: [Sandra Tena Cole](https://www.sandratena.com)

DoB: 12/01/82 • Height: 5'5" • Weight: 80kg • Hair: Brown • Eyes: Brown
Languages: English, Spanish and Italian



MODELLING EXPERIENCE

- Regular Life Model, including nude, portraiture and costumed, since 2017. Groups I model for include Wells Art Practice, Bruton Art Society, King's Bruton, Sidcot School, Hauser & Wirth, The Studio at White Hart, Robin Gray Artworks, The Blue School, Cheddar Art Group, Glastonbury Life Drawing.
- Life Model at Wiltshire College and Strode College
- Regular Body Art Model since 2019 at Glastonbury Body Art Event, Bath Body Art Weekend, and various groups and competitions including Gibraltar Body Art Festival and the UK Face and Body Art Convention.
- Semi Finalist in the 2019 UK Calendar Girls competition
- Model for a selection of independent photographers since 2012 in London, Glastonbury, Newcastle, Bristol and Taunton in the UK, and in Durango, Mexico since 2007 for shoots including Fashion, Costume, Pagan and Erotica

ACTING EXPERIENCE

STAGE

Production	Character	Production Company/Director/Year
<i>As You Like It</i>	Hymen & Ensemble	Wells Community Theatre Company Rosalind Johnson (2023)
<i>Wyrd Sisters</i>	Hwel & Demon	Three Corners Theatre Lee Hounsley (2022)
<i>A Comedy of Errors</i>	Luciana & Angela	His & Hers Theatre Company Stephen Cole (2022)
<i>Inklings</i>	Edith Tolkien, Luthien Tinuviel Joy Gresham, Landlady(2017)	His & Hers Theatre Company Stephen Cole (2022, 2019, 2018 tour)
<i>A Midsummer Night's Dream</i>	Hippolyta & Mustardseed	Wells Community Theatre Company Rosalind Johnson (2021)
<i>Rent</i>	Mrs Marquez, Bohemian, Squeegee Man	Arc Theatre Productions Cherie Demmery (2020)
<i>Twelfth Night</i>	Olivia	His & Hers Theatre Company Stephen Cole (2020)
<i>A Midsummer Night's Dream</i>	Titania & Hippolyta	His & Hers Theatre Company Stephen Cole (2019, 2018)
<i>Much Ado About Nothing</i>	Watch/ensemble	Wells Community Theatre Company Rosalind Johnson (2019)
<i>Hansel and Gretel</i>	Cat	Shadow of the Tor Ltd Rhiannon Locke, Sophia Wood (2019)
<i>Words! Words! Words!</i>	Queen Katharine of Aragon, Titania	Open Door Theatre Maxine Ridout-Prime (2018)
<i>Romeo and Juliet</i>	Ensemble	Wells Community Theatre Company Rosalind Johnson (2018)
<i>I Am The King</i>	Constable	Shadow of the Tor Ltd Ross Bambrey (2018)
<i>Rapunzel and the Dissolution</i>	Prince Charming	Shadow of the Tor Ltd Francis Oliver (2018)
<i>The Fool's Journey</i>	Various	His & Hers Theatre Company Stephen Cole (2017, 2016)
<i>Let There Be Light: The Bible in a Flash</i>	Jenny Sis, Mary Magdalene	Open Door Theatre Maxine Ridout-Prime (2017)
<i>Macbeth</i>	Lady Macbeth, 2 nd Witch	His & Hers Theatre Company & Shadow of the Tor Ltd B.M. Crowley (2017)
<i>In The Shadow of the Tor</i>	Ensemble	Shadow of the Tor Ltd Francis Oliver (2017)
<i>Shakespeare: From Light To Dark</i>	Ariel, Robin Starveling, Ensemble	Open Door Theatre Maxine Ridout-Prime (2016)

SCREEN

Production	Character	Production Company/Director/Year
<i>Guiltea</i>	Female Nudist	Wet Toe Productions Oliver Rogers (Short Film 2022)
<i>The Downtrodden</i>	Feuilly	Shadow of the Tor Ltd Dorian Ravenscroft (Web-series, 2019)
<i>Ghosts of the Dead</i>	Survivor	Shadow of the Tor Ltd Various (Web-series, 2019)
<i>Sneeze</i>	Woman	Ellen Vince (Short Film, 2018)
<i>The Amortal</i>	Coffee Lady	Shadow of the Tor Ltd B.M. Crowley (Short Film, 2017)
<i>CHNOPS!</i>	Victim	Tugba Tirpan (in post-production)