

Nathan Hook

Actor-Combatant Advanced (APC)

BSc(Hons) PgDip Dip Psych MSc Dip HE

MBPsS ADPR

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Stage acting			
Gentleman	Jane Austen's Ball	Jane Austen Dancers	Sept 2023
Dr. Vincent	The Amazing Angel-man	Kelvin Players	Sept 2023
Lucien Tomb	A Tomb with a View	Horfield Theatre Company	Oct 2022
Henry the Pirate	Peter Pan	Clifton Amateur Dramatics	Dec 2021
Peter Quince, Don Pedro	Shakespeare in the Park	Clifton Amateur Dramatics	Aug 2021
Lawrence Currier	Murder Inn	Horfield Theatre Company	Oct-Nov 2019
Father	In a State of Mind	Act2B	Sept 2019
Improvisor	16 theatre jams	Bristol Improv Theatre	2018-2019
Immersive theatre acting			
Friar Lawrence	Shakespeare Within	Misplaced theatre	Oct 2022
Murder mystery acting			
<p>Since 2023 regular Immersive & interactive acting for Murder57. Acted in 38 events, 32 different characters, 26 different scripts/plots, 10 different locations, including public and private shows. Acting and improvising around narrative structure and freeform interactions with audience.</p>			
Directing			
<p>Devised and directed commedia – improv stage show 'Yes, Dark Lord,' three show run at the BIT, November 2019. Wrote article about the show design published here Directed Rehearsed Reading of 'A Hero of the People' (adaptation of 'Enemy of the People') at Kelvin Players, February 2024</p>			
Screen acting			
Father	Youtube video	Non Stop Niall	Nov 2022
Voice acting			
The Architect	ERAs	Gearhead Media	Dec 2021
Seven ages of man monologue	Shakespeare showcase on radio	Clifton Amateur Dramatics (CADS)	Dec 2020
Screen Supporting Actor			
Bar goer	The Lazarus Project	Sky	Jan 2023
Bar goer	Casualty	BBC	Jan 2023
Police officer	Best of Three	Katherine Press	Dec 2022
Dancer	Beer advert	Epoch	Nov 2022
Tor Villager	The Winter King	Bad Wolf productions	Aug-Sep2022
Customer	Advert for Refill day		May 2022
Protestor	The Outlaws	BBC	Feb 2021
Politician	Thupparivaalan 2		Dec 2019
Smuggler	Bodmin Jail museum	Moonraker productions	Nov 2019

Training

Summer schools	
Bristol Old Vic Theatre School	Performing Shakespeare, Contemporary theatre, Acting for stage – intermediate
Theatre Royal Bath	Devised theatre
Shoebox Theatre, Swindon	Acting for Camera

Meisner training	
Bristol Meisner	Beginner's intensive, Living Truthfully (52 hours), 50 hrs drop-in classes
Dominic Kelly	Salon Sunday (day class) x11, 17 hours of drop-ins
Meisner with Skye	Meisner intensive (2 days), 13.5 hours of drop-ins
Mark Phoenix	12 hours of drop-ins in Meisner-Improv hybrid.
Tom Radcliffe	6 hours of drop-ins
Lawrence Baker	8 hours of drop-ins
Houde School	18 hours of drop-ins
Thinking Actors	Understanding Meisner (8 hours)

Gonsalves training	
Gonsalves	The Gonsalves method (12 hours), Shakespeare & Meisner (12 hours), Director & Teacher Accreditation course (4 days)

Demidov training	
Demidov studio, London	Introduction to Demidov, Demidov Etudes Course Online

Voice & Accent training	
Bristol Old Vic Theatre school	Masterclass: General American
Shoebox Theatre, Swindon	Masterclass: How to do Accents

Commedia dell'arte training	
Shoebox Theatre, Swindon	Commedia dell'Arte - Into to Performance
Actors Workshop, Bristol	An Introduction to Commedia dell'Arte with Cheryl Stapleton
Unravelled Commedia	Weekend intensive in Commedia dell'arte
Bristol Improv Theatre	Introduction to commedia dell'arte

Improv training	
Bristol Improv Theatre	Discovering improv, Performing improv: Scenework, Creating characters, Story & stage, Musicals, Performing L2 - Exploring Narrative, Advanced narrative, Advanced scenework Intensive, Philip Markle: Advanced Scene Dynamics, Holly Mandel: An Introduction to Character Based Improv, Holly Mandel: Advanced Improv, Tech for improv, 100+ hours of improv drop-ins

Stage Combat qualifications

Level	Weapon	Trainer	Exam Board	Grade
Basic	Broadsword & shield	Action Emporium	APC	2.2
Basic	Arming sword	Sword & Scoundrel	APC & ACTT	Pass
Basic	Rapier	Sword & Scoundrel	APC & ACTT	Merit
Basic	Rapier & dagger	MCCombat	APC	Merit
Basic	Unarmed	MCCombat	APC	Merit
Intermediate	Quarterstaff	APC Summer school	APC	Merit
Intermediate	Escrima stick	APC Summer school	APC	Merit
Intermediate	Gladius & shield	APC Summer school	APC	Merit
Advanced	Unarmed: MMA	Sword & Scoundrel	ACTT	Merit
Advanced	Double escrima	MCCombat	APC	Pass
Advanced	Spear	Sword & Scoundrel	ACTT	Merit
Advanced	Small sword	MCCombat	APC	Pass
Advanced	Axe	MCCombat	APC	Merit
Advanced	Rapier & cloak	Sword & Scoundrel	ACTT	Merit
Advanced	Escrima Stick	Action Emporium	APC	Pass
Advanced	Double Kama	S&S summer school	ACTT	Merit
Advanced	Sword & shield	S&S summer school	ACTT	Pass
Advanced	Arming sword	S&S summer school	ACTT	Pass
Advanced	Rapier & buckler	APC Summer school	APC	Merit
Advanced	Double gladius	APC Summer school	APC	Pass
Advanced	Short spear & shield	APC Summer school	APC	Pass
Advanced	Double Sai	MCCombat	APC	Pass
Advanced	Case of Rapiers	MCCombat	APC	Pass
Advanced	Baton	MCCombat	APC	Pass
Advanced	Gladius & Shield	MCCombat	APC	Pass

Movement & sport training	
Bristol physical theatre project	6 hours of Lecoq workshops
MCCombat	Combat for Screen (day), training day
Jonathan Howell	Unarmed stage combat workshop
Bristol physical theatre project	6 hours of Lecoq workshops
Bristol fencing club	Beginner's Foil, 56 hours of Foil drop-ins
Ludosport Bristol	6 hours of lightsaber sport combat training

Dance training	
Jane Austen dancers	80 hours of regency dance classes
Salsa souls, Havana Salsa	16 hours of salsa dance classes
Bristol Bachata, Havana Salsa, Bachatify	50 hours of bachata dance classes
Maluka	10 hours of Kizomba dance classes

Miscellaneous	
Bristol Acting Academy	Start Acting Right
The Actors Workshop / Fourth Monkey	Page to Stage - Scenes from Shakespeare, Source of Performance energy, All about the other
Bristol Old Vic Theatre School	Masterclass: Devising theatre
Kelvin Players	Intimacy Practice and Consent Forward Spaces for Directors and Actors (day)

Higher academic qualifications	
Open University	Dip HE in mixed Humanities, MSc Psychological Research Methods, graduate conversion diploma - Psychology
University of the West of England	PgDip Machine Learning, BSc(Hons) Computer Science
UK College of Hypnosis and Hypnotherapy	Diploma in Hypno-CBT, Diploma in Stress Management and Resilience Training
Anglo-European College of Therapeutic Hypnosis	Advanced Clinical Hypnotherapy