



A highly versatile individual with extensive experience of managing risk and ensuring the safety of others in a variety of roles and settings. With a diverse background as a former Royal Marines and Army Commando with vast operational experience in remote and hostile environments, to working as a sole Expedition Leader in the greater ranges. A confident, capable, and resilient professional who is an accomplished and effective manager with exceptional planning and communication skills.

MEDICAL QUALIFICATIONS

- First Response Emergency Care (FREC) Level 4
- Advanced Wilderness Life Support (WMS)
- Pre-Hospital Trauma Life Support (PHTLS)
- Class 1 Combat Medical Technician
- Battlefield Advanced Trauma Life Support (BATLS)
- Wilderness Emergency Medical Technician (WEMSI)

WATER SAFETY & RESCUE QUALIFICATIONS

- Whitewater Rescue Technician Advanced
- RYA Advanced Powerboat – Commercial Endorsement
- RYA Short Range Certificate
- PADI Rescue Diver & Dive Master
- British Canoeing Guide Endorsement
- UKCC Level 2 Coach (Paddlesport)
- 4* White-Water Kayak Leader
- 4* Trained Canoe / 3* Sea Kayak / SUP DSM
- STCW (Full) + ENG 1 Medical

MOUNTAIN SAFETY QUALIFICATIONS

- International Mountain Leader
- Carte Professionnelle (03820ED0328)
- Winter Mountain Leader (72319)
- BASI Level 1 Alpine Ski Instructor
- Mountain Bike Leader (MBLA)
- Military Alpine Mountain Leader Training
- Military WCL – Winter Climbing Leader

ACHIEVEMENTS

- World Record Holder - Atlantic Ocean Row (2014)
- Commando, Parachutist, Jungle-Arctic-Desert survival
- Altitude experience up to 5885m

ROPE SAFETY & RESCUE QUALIFICATIONS

- IRATA Level 3 Rope Access Supervisor
- Rope Rescue Supervisor & Instructor (Outreach Rescue)
- Rope Rescue Technician (Rescue 3)
- Rock Climbing Instructor / Single Pitch Award (72319)
- Military ASL & JSRCI - Scrambling & Multi-pitch

RIGGING QUALIFICATIONS

- IPAF 3A/3B
- CISRS COTS
- Anchor Installation and Testing
- RoSPA PPE Inspector (Helix)
- Safe Working at Height (Rescue 3)
- NOTLS 360° Telehandler
- NOTLS Telehandler
- NOTLS Slinger/Signaler/Banksman

ACADEMIC AND PROFESSIONAL ACHIEVEMENTS

- NEBOSH National General Certificate
- Technical Member of IOSH (Tech IOSH)
- BA (Honours) Outdoor Leadership 2:1
- Level 5 Diploma in Teaching in the Lifelong Learning Sector
- Level 5 Award for Professional Recognition in Leadership and Management (AfCGI)
- Level 4 Certificate in Management & Leadership
- Diploma in Specialist Rescue (expected completion Dec 24)
- GWO Basic Instructor

SECURITY QUALIFICATIONS

- SIA Close Protection Licence (1085536875586789)

DRIVING QUALIFICATIONS

- AM/A/B1/B/C1/C/D1/BE/C1E/CE/D1E/f/k/p

FILM AND TV WORK HISTORY

- “Love Island Australia” 2024 – Safety Advisor and Security Lead
- “Special Forces – World’s Toughest Test & SAS Who Dares Wins” 2024 – Ropes Rigger
- “YT Decoy SN Commercial” 2024 – Ropes Rigger, Safety Advisor, Medic
- “Taurus - Episode 2” 2023 – Ropes Rigger
- “Postcard” 2023 – Safety Advisor / Rope Safety / Medic
- “007 Road to a Million” 2022 – Ropes Rigger
- Whyte e-160 e-MTB Trailer – Remote Location Safety Advisor
- “The Real Love Boat” 2022 – Safety/Security/COVID Manager
- “Napoleon” 2022 – Stunt Department Health & Safety Advisor / Stunt Rigger
- MTV EMA 2021 – COVID Supervisor
- “Argyll” 2021 – Stunt Rigger
- “Play Wales” 2021 – Remote Safety / Medic
- “Bolan’s Shoes” 2021 – Cliff Edge Safety Manager
- “Men” 2021 – COVID Supervisor
- “Audi Commercial” 2021 – COVID Supervisor
- “Brian & Charles” 2020 - H&S Advisor, COVID Supervisor, Medic
- “Danny Boy” 2020 - COVID Coordinator/Supervisor
- “I am a Celebrity, Get Me Out of Here!” 2020 - Security Consultant
- “Lloyds Bank Commercial” 2020 - Medic
- “Cold” James Blunt Music Video 2020 - Rope Safety Expert
- “Is My Job Killing Me?” 2013 - Rope Safety Expert / Aerial Stunt Performer
- “Alexander” 2004 – Stunt Performer / Special Abilities Extra

OTHER WORK HISTORY

Rope Access Supervisor & Rope Rescue Instructor | Whitewater Rescue Technician | RIB Skipper | Outdoor Educator | Expedition Leader | Antarctic Safety Consultant for the Luxury Adventure Travel Industry | Security & Surveillance Consultant | Military Service – Details available on request

I give my permission for my CV to be retained or shared for any future opportunities