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CONTACT

Amsterdam, Netherlands ana.sof.goncalves@gmail.com www.anagonsalves.com spotlight.com/8458-9087-1669 Instagram: @anasof_goncalves



ABOUT ME

I am a trained actress with experience in film, TV series, corporate productions and stage. I perform in Portuguese, English, and in Dutch. My diverse life experiences – from researcher, waitress, business professional to living abroad – allow me to bring depth and to connect authentically with a wide range of characters.

A P P E A R A N C E

Hair: natural dark brown/ black Eyes: brown Height: 1.58m (5'2) Playing age: 28-40

LANGUAGES

Portuguese (native), English (fluent/ native), Dutch (intermediate), Spanish (basic)

SKILLS

Sports | Swimming, cycling, body combat, yoga, surfing (beginner)

Others | Improvisation, Method acting, Meisner technique, clear diction, singing, experience in public speaking, events organisation and in corporate jobs. Full clean driving license.

CAMERA

2024 The Agency | short film Therapist (supporting) | Melissa Lief

2024 The Beauty of Life | feature film Olivia (supporting) | Nicolas Nunez

2024 Limited Series Killer | Limited series Victim's wife (day player) | Ribbit Entert.

2024 Shower Thoughts | Short film Jane (lead) | SAE Institute

2024 Echoes of Redemption | Short film Mother (lead) | Breda University

2023 Mooier Als Je Lacht | music video Bar woman (lead) | Sophie Straat

2021 Books of a Kind | Short film Cafe owner (supporting) | SAE Institute

2010 Mar de Paixão | TV series NGO worker (supporting) | Plural Entertainment

2006 Fala-me de Amor | TV series Barmaid (recurring featured) | Plural Entertainment

LATEST TRAINING

2024 Screen Actors Evolution | Scott Vickers (filmmaker), Interact Academy

2023 Acting for Camera Advanced | Mulholland Academy (NL)

2020-2021 Full year professional acting programme | Mulholland Academy (NL)

2020 Meisner Technique | Mulholland Academy (NL)

2020 Advanced Strasberg Method | Mulholland Academy (NL)

LATEST STAGE

2022 Womberang Mrs. Cornwallis | Downstage Left

2021 Masochist Tango Barbara | Mulholland Academy

2020 The Actress Nina | Mulholland Academy

2020 Girl Interrupted Lisa | Mulholland Academy

2019 Beaches CC Bloom | Mulholland Academy

2010 The lack of a Hug... Women | Teatro de Areia

2008 Theory of Husbands Various | Teatro de Areia

2007 Rise of Five Desires Various | Teatro de Areia

2006 20 Years and then... Various | Teatro de Areia

2005 The Actor's Nightmare Sara | Apoiarte

2005 Tales and Pancakes Storyteller | Teatro de Areia

2004 The Blue House Various | Teatro de Areia

2004 After the Murderers President | Cena Multipla

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