STRACH

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Story

STRACH tells the story of an Isolated man cursed in the consistent sound of scratches in the walls. Unable to tell if it's real or just his mind is deteriorating. Fueled by alcohol, paranoia and guilt. While the story is heavily inspired by H.P Lovecraft's short story Rats in The Wall, The film narrative dwells into the mental health issues of young people especially men who keep quiet about their mental health who are actually suffering inside.

Genre

Physiological Horror/thriller

Styles & sound

What has the film limited dialogue expressing deeper emphasis on the sight and sound element. One major aspect I would like to emulate is the hog horn in the A24 film The Lighthouse. Consistent sound of stretching however just in the "Background" slowly getting louder and louder with the voices of the deepest regrets and fears. I film will have minimal dialogue

Themes

As mentioned in the beginning, the protagonist is plagued with constant straching in the walls while it will be hard to actually be real. The film questions the state of reality of the main character while tackling the fear of talking out and being assumed weak or insane. One theme is the self-medicating aspect of mental illness which dwells into alcohol and drug addiction. Is applies to the Covid-19 pandemic due to ill health last few years I have to self isolated due to seriousness compilation it can create, many aspects of the loneliness and struggle with these issues has been commonplace and boiling over into our society. Also reflecting on H.P lovecraft's own fear of the Unknown.

"The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown"

— H.P. Lovecraft, Supernatural Horror in Literature