

GAIA CICOLANI gaia.cicolani@yahoo.it / +44 (0)7583401215

D.O.B: 23rd October 1993 Nationality: Italian
Languages: Italian (mothertongue), English (professional- Trinity II + F.C.E.), French, Spanish.
Trained First Aider and Mental Health First Aider
Advanced Combatant with the BADC
<https://gaiacicolani.wordpress.com>



Miss B. Solo Interactive Walkabout - Director and Performer.
Newport Fringe 2026, SpiritFest (2025), Epsom Racecourses Ladies Day & Derby Day (2024, 2025), De Gevleugelde Stad Ieper, Rhondda Arts Festival (2024), NoFit State Circus Village, Spraoi, Surge Festival, Green Man (2023).

Kitsch n Sync Collective performer since 2019. Acts: *Lampshades Walkabout, The Teds, Topiary Trauma, Miss Majorettes, Mourners, Art of the Table, Hello Buoy!*, *Clouds, Librarians Doorbell Dances, Elves Doorbell Dances, Mermaids, Cirque des Miserables, Squiddly Diddlies, Calamity Dames, Reindeers, Cupid's Valentine Receptionists, Victorian Disco Head, Barbie CEO, Quantum Queendom, Sunday Besties, Merched Gwyllt y Gorllewin Gwallgof, Babs&Stella.*

Jack Philp Dance company member since 2015, and rehearsal director since 2022.
Productions: *Written in The Ground, Asymptote2, Psychoacoustic, LUMEN, SCATTER, OPTO NANO (2019-2022), Into the Novacene (2022-2023).*

- **Professional Experience – Performance**

- DANCE**

- 2025** - *HOUSEHOLD* director Alex Marshall Parsons, Performer, Autumn Tour.
 - *Merched Gwyllt y Gorllewin Gwallgof*, Kitsch n Sync Collective & Lo Fi Jones, Eisteddfod, Wrexham.
 - *The Teds*, Kitsch n Sync Collective. Sutton-on-Sea. Performer.
 - *Miss Majorettes*, Kitsch n Sync Collective, Cardiff Castle. Performer.
 - *Last Chance Romance*, Kitsch n Sync Collective, Innovate Trust's Sex and Relationships Event for people with a Learning Disability. Performer.
 - 2024** - *Quantum Queendom* with Kitsch n Sync Collective, Green Man Festival. Performer.
 - 2022** - *TRIPLE BILL*, Rubicon Dance Company, Cardiff. Performer, Swing.
 - *SMACK&SPEKTAKEL* by Natalie Sloth Richter, Edimburgh Fringe. Performer.
 - *NDCWales LABORATORI*, Ed Myhill and George Hampton Wale, dancer.
 - *OPTO NANO* Spring Welsh Tour, Jack Philp Dance. Swansea- Taliesin, Cardiff- Dance House and CULTVR LAB, Bangor- Pontio. Dancer.
 - 2021** - *Decadedance- The Teds*, Kitsch n Sync Collective. CULTVR Cardiff. Performer.
 - *OPTO NANO*, Jack Philp Dance, R&D and Production. Dancer.
 - 2019** - *Entropy*, Jack Philp Dance. Dancer.
 - 2018** - *SPEKTAKEL* by Natalie Sloth Richter. The Place, Resolution 2018, NO Fringe Festival, Bergen, and Chisenhale Dance, London. Role: performer.
 - 2017** - *Finale*, Watts Dance, *Gala for Grenfell*, Adelphi Theatre, London. Dancer.
 - 2015** - *Darkness into the light*, composition on music by Namhee Kim, Parallax-ICA. Dancer.
 - *Trivalis*, choreographer Chloe Aligianni, The Blue Elephant Theatre. Dancer.
 - *YES OH YES!* from Michael Clark's *I Am Curious, Orange* (1988), supervised by Ellen van Schuylenburch, Glasgow. Dancer.

STREET THEATRE

- 2026 - *Miss B.* walkabout at Newport Fringe Festival
- 2025 - *Babs & Stella* Walkabout, Kitsch n Sync Collective, Eisteddfod.
- *Send in the Clowns & Cirque de Miserables* Walkabout, Kitsch n Sync Collective, Kendal Calling.
- *Miss B.* walkabout at Epsom Racecourses, Ladies Day and Derby Day, and SpiritFest2025, Wrexham.
- *Merched Gwyllt y Gorllewin Gwallgof*, Kitsch n Sync Collective & Lo Fi Jones, Gŵyl Fach Y Fro festival.
- *Hello Buoy!*, Kitsch n Sync Collective, Llandoverly's VE Day Celebrations.
- *Stupid Cupids* walkabout Kitsch n Sync Collective, Newcastle-under-Lyme.
- 2024 - *Miss B.* Tour. De Gevleugelde Stad Ieper festival, Ypres, Belgium; Epsom Racecourses, Ladies Day and Derby Day; Rhondda Arts Festival; Connect and Develop Event Wrexham. Role: *Miss B.*
- Tour with Kitsch n Sync Collective: *Cupid's Valentine Receptionists, Clouds & Lampshades, Victorian Disco Head, Barbie CEO, Squiddly Diddlies, Madame Deficit & Dating Show, Sunday Besties.* Performer.
- 2023 - *Miss B.* Tour through *4 Nations Bursary*, Articulture Wales. *Circus Village – No Fit State Circus*, Swansea; *Spraoi*, Waterford; *Surge*, Glasgow; *Green Man*. Role: Miss B.
- Tour with Kitsch n Sync Collective (*Cirque des Miserables, Hello Buoy! The Teds, Squiddly Diddlies, Topiary Trauma, Calamity Dames, Menywod Y Môr, Reindeer*).
- *Welsh Lampshades and Mermaids*, Kitsch n Sync Collective. Penarth. Performer.
- 2022 - *Elves Doorbell Dances*, Kitsch n Sync Collective.
- *Christmas street lights show*. Bakehouse, Cheltenham. Role: Doll.
- *Clouds and Hello Buoy!* Kitsch n Sync Collective, Leamington Spa. Performer.
- *Topiary Trauma*, Kitsch n Sync Collective. Stoke on Trent, Oldham, Swansea. Performer.
- *SMACK&SPEKTAKEL* by Natalie Sloth Richter, Stamford Arts Centre. Performer.
- *Mourners*, Kitsch n Sync Collective, Newport. Performer.
- *Miss Majorettes*, Kitsch n Sync Collective, Mini Pride/Pride Bach, Waterfront Museum, Swansea. Performer.
- *Librarians- Doorbell Dances*, Kitsch n Sync Collective, Bridgend. Performer.
- 2021 - *Topiary Trauma*, Kitsch n Sync Collective. Usk Show. Performer.
- *And Just a Hair Further*, Eat a Frog Collective. Ludlow Fringe, Ludlow, Clapham Fringe, and Treehouse School, London. Role: Co-director and performer with Eleanor Felton.
- 2015 - *Interplay*, choreographer Ingvild Olsen, Regent Street Festival. Dancer.

SITE SPECIFIC

- 2025 - *The Christmasaurus*, Bakehouse Factory, The Mall, Cribbs Causeway. Role: Skin work puppeteer.
- *Stupid Cupids*, Kitsch n Sync Collective, UHN Charity, Royal Stoke and County Hospital.
- 2024 - *Requiem*, creation and performances, Karol Cysewski, Hijinx Unity Festival, Cardiff.
- 2022 - *Art of the Table*, Kitsch n Sync Collective, MADE Gallery, Cardiff. Performer.
- *OPTO NANO- Immersive solo*, Jack Philp Dance, CULTVR, Cardiff. Dancer.
- 2020 - *Lampshades Walkabout*, Kitsch n Sync Collective. St Fagans National Museum of History. Performer.
- 2017 - *Write your Dance*. Choreographer Almudena Perez. Interactive performance for TRIBE17- International Art Festival, OXO Bargehouse, London. Performer.
- 2016 - MONTEVERDI XL Festival, Amersfoort (NL). Dancer.
- CHANNA HORWITZ, choreographer Ellen Davies. Raven Row Gallery, London. Dancer.
- 2015 - *O-The O Antiphons*, choreographer Hubert Essakov, St Paul's Knightsbridge. Dancer.

TELEVISION (WALK ON/SPACT)

- 2026 - *Casualty*. Role: Naomi Waksztrak's Double – Lifting/carrying a heavy stretcher.
- 2024 - *Casualty*. Role: Elinor Lawless's Double - Swimming/drowning.
- *The War between the Land and the Sea*. Role: Italian news reporter.
 - *Crimewatch Live*. Role: Victim.
 - *Dope Girls*. Role: Francesca Salucci.
- 2023 - *Casualty*. Role: Drunk Patient; Paediatric Nurse.
- 2022 - *Pobol 2022*. Role: Agency Client.
- 2021 - *We Hunt Together*. Role: Club Dancer.
- 2020 - *A Discovery of Witches*. Role: Scientist.
- 2018 - *The Great British Menu, Series 14*. Role: Waiter.
- 2016 - *The Great British Menu, Series 12*. Role: Waiter.

MUSIC VIDEO/MOVEMENT FILM

- 2026 - *Miss B.* extracts CONTEMPORARY VENICE 26, curated by ItsLiquid Group- Luca Curci.
- 2025 - *Heartless Darkness*. James Annandale. Holton Road Studios. Director: Sol Stephens. Role: Movement director, performer.
- 2024 - *Miss B. Super 8 Adventure*. Director Bethan Juliet Gilmartin. Role: Miss B. & Movement Director.
- Naomi Rush's *Anima*. Music Video directed by Samuel Rush, Rush Media. Role: Individual.
- 2021 - *EXTRACT 507*. Movement film directed by Rhys Roberts. Performer.
- *RISE*. Dance film directed by Taha Ismail. Movement director, performer.
 - *BIO GRAPHIA*. Film project by Joao Saramago. Performer.
- 2020 - November. *Miss B. #2*. "Seeds Dispersed" Residency offered by Groundwork Pro.
- June. *Miss B.* Role: director and performer.
 - Ravenbreed's *Wasted (Over You)*. Music Video directed by Ravenbreed and Dean Harries, Woodcroft Audio Ltd. Role: Her.
- 2019 - Jay Capone's *The Ogre*. Music Video Directed by Samuel Rush, Rush Media. Role: Girlfriend.
- *Plunge*. Video Dance Project directed by and choreographed with Sara Page in collaboration with spoken work artist Tim Fletcher. Role: performer.
- 2018 - Hohzo's *Be The Best & F**k The Rest*. Music video directed by Taha Ismail. Role: choreographer, lead dancer and actor.

SHORT FILM

- 2024 - *Rome in Cardiff*. Director Bethan Juliet Gilmartin. Role: Anna.

COMMERCIAL

- 2025 - *Clearscore*. Aura Agency. Role: Office worker- VOXPOP.
- 2024 - *Green Chef USA*. Aura Agency. Role: Customer.
- *MCP Explainer – SoPro*. Director Josh Bennett, Storm&Shelter. Role: Prospect.
- 2022 - *Happy Soaps – toothpaste tablets*. Aura Agency. Role: Toothpaste user.

MOTION CAPTURE

- 2020 - *OPTO NANO- DIGITAL*, Jack Philp Dance, Dancer.

OPERA

- 2019 - *The Cunning Little Vixen*, Welsh National Opera, Cardiff and UK Tour. Role: Squirrel and cover for Spirit of the Vixen.

STAGE

- 2018 - *Albert Make Us Laugh*, director Richard Gallagher, The Questors Theatre.
Role: Primrose Macaveney
- *Red Top Maggot Mob Reloaded*, director by Roman Berry, Get Over It Productions.
Role: Fosca.
- *Solo*, directed by Ellie Heydon, HogTheDog Productions, Southwark Playhouse.
Role: Emily & Movement Director.
- *The Maids*, Jean Genet, director Richard Gallagher, The Questors Theatre.
Role: Claire.
- *Axolotl*, written and directed by Dan Dawes, Idle Discourse. Choreographer Sara Page. Theatre N16, London.
Role: Dianthe and Chorus.
- 2017 - *Galatea*, director Claudia Carroll, Orange Moon Theatre.
Role: Nymph Eurota.

IMMERSIVE

- 2019 - *The Grand Expedition*. Immersive Dining Experience, Gingerline. Role: performer.

R&D

- 2024-2025 - *936*, Naked Frank Theatre, London. Performer.
- 2022 - R&D, choreographer Osian Meilir, Cardiff. Dancer.
- *Home*, director Alex Marshall Parsons, Barry. Performer.
- *Death*, director Karol Cysewski, Chapter Arts Centre, Cardiff. Performer.
- 2021 - *Only Yourself to Blame*. Short film directed by Noomi Spook.
Movement director, performer.
- *Have you Heard* with NORA Productions, director Eleanor Felton. Performer.
- 2019 - *DOLEO (Ergo Sum)* Director Hortense Louguille, Grouille Collective. Performer.
- *Boy's Khaya* R&D, TAVAZIVA DANCE. Performer.

OTHER

- 2023 - *The V.U. - Velvet Underground Cover Band*, Rhosio Cardiff. Performer.

• Professional Experience – Modelling

Since 2015, art model for artists: Carl Chapple, Richard O'Connell, Adrian Dutton, Harry Holland

And places such as:

Royal Academy of Arts, The National Gallery, The British Museum, Aardman Animations, Royal Drawing School, Kingston University- Animation and Illustration course, Morley College, Citylit, ESOP, City & Guilds London Art School, Ravensbourne University- Animation and Illustration course, Kensington and Chelsea College, Criw Celf, Coleg y Cymoedd/Neil Burridge, and many others.

Since 2015, model for photographic projects with:

RP imaging, 44Frames, Mark Cleghorn, Stéphane James, Richard Black, Hannah Tointon, Sarah Toure, Eleonora C. Collini, Apetura, OZEN, Nick Davies, Mike Cooper, David Pearson, Richard Moon, Michel Maupu, Scott Goetz, Peter Moseley, Ian Greaves, Paul Seaby, William Campbell

- **Professional Experience - Creation, Movement Direction & Choreography (Dance/Theatre/Opera/Film)**

- 2024 - April-May. Assistant Choreographer and Rehearsal Director for *Horizons* – Collaborative project with 1st and 2nd Years at WAVDA, University of Wales Trinity Saint David.
- Choreographer and Rehearsal Director for *Lymph* – Jack Philp Dance for County Youth Dance Company.
- 2023 - Rehearsal Director for *US* by Jack Philp – NDCWales Young Associates.
- Rehearsal Director for *Into the Novacene*, R&D and production, Jack Philp Dance.
- Rehearsal Director for *GO* by Matthew Robinson – NDCWales Young Associates.
- Articulture *Four Nation Bursary* recipient – *Miss B.* Residency, development and touring.
- 2022 - Assistant Director and Writer for WNO Schools Tour 2023. *Let's Make Magic!*
- Movement advisor for *A figure of Speech*, by Steph Penhaligon.
- Rehearsal Director for *Into the Novacene*, R&D, Jack Philp Dance.
- 2021 - Movement Director for *RISE*. Dance film directed by Taha Ismail.
- Movement Director for *Only Yourself to Blame* -R&D. Short film by Noomi Spook.
- 2020 - Movement Director for *Miss B.* and *Miss B. #2* short films. "Seeds Dispersed"
Residency offered by Groundwork Pro.
- 2019 - Choreographer for *Nell Gwynn* by Jessica Swale, directed by David Emmet. The Questors Theatre.
- 2018 - Movement Director for *SOLO* by Rosie Nicholls, Hog the Dog Productions, Southwark Playhouse.
- Movement advisor/Jig Choreographer and assistant stage manager for Shakespeare's *Love's Labour's Lost*, The Questors Theatre.
- Movement advisor and assistant director for *Emil and The Detectives*, Youth Theatre, The Questors Theatre.

- **Professional Experience – Teaching and Facilitating**

Freelance Practitioner/Workshop Leader for NDCWales, since 2019.

Contemporary and creative tutor for NDCWales Associates, since 2019.

Party teacher/choreographer for children, hen dos, birthdays, corporate parties (90s, Disney, Burlesque, Spice Girls, Beyoncé, Dua Lipa, Abba, Dirty Dancing, Cheerleading, Line Dancing, Grease, Lady Gaga...) & wedding first dances choreographer – since 2020.

2025-2026 - Contemporary Guest Teacher – MYDC juniors, intermediates and advanced

- Contemporary Guest Teacher – Masters of Ballet Academy Easter Intensive

2024 - Ballet, Conditioning, and Workshop leading tutor for BA3 at UWTSD.

2023 - NYTW Auditions Panel Member and Movement workshop leader.

Since 2022 - Guest contemporary teacher at UWTSD.

- Guest contemporary teacher at Masters of Ballet Academy, London.

2022 - Guest contemporary teacher for pre-professionals - Ballet Cymru.

- Freelance practitioner for Avon. Weekly dance sessions in Cadoxton Primary School (Years 1,2,6)

2019 - Guest Teacher at Officina Danza Aosta, Italy.

- Contemporary Teacher at NDCWales, Cardiff. (Open Adult Class)

2017- 2019 - Contemporary teacher at Anna Davydova Dance School (Children, 7-12)

- Ballet Teacher, BBO Syllabus, Anna Davydova Dance School (Children,3-15)

2017 - Ballet teacher, RAD Syllabus, at Rose Ballet, London. (Children age 5-11)

- **Education**

2016-2018 Foundation and Performance Course in Acting at **The Questors Theatre**, London.

2012-2015 BA (HONS) in Contemporary Dance at **TrinityLaban** Conservatoire of Music and Dance, London (First Honour Degree).

2009-2012 **Studio Danza Narcisa**, Collegno.

1998-2009 **Scuola di danza Farco Morra**, Turin.

- **Professional development - further training**

2026 - "Action Fundamentals" training with True Edge.

(Unarmed and Sword&Shield combat for screen, Military drills with Nick Hussey, Firearms with Exsilium, Falls&Reactions with Stefan Ruiz).

Since 2025 - Monthly Stunt CPD and Wire Work sessions with Movieworks International.

2025 - BADC Further Weapons (Distinction in Longsword and Advanced Unarmed)

- Fighting for Film intermediate training – Rule 10 & Take 3

2024 - BADC Further Weapons (Distinction in Found Weapons and Case of Rapiers).

2023 - MoCap Masterclass with Josh Archer and Jessica Jefferies.

- BADC Further Weapons (Distinction in Quarterstaff, High Merit in Unarmed).

2022 - Clown workshop led by Igne Barkauskaite.

- BADC Further Weapon (Distinction in Sword and Shield).

- Company classes with Rubicon Dance Company.

- BADC Standard Certification (Merit in Unarmed and Rapier).

2021 - Company classes with Matsena Productions.

- RESET 2021 - Studio Wayne McGregor programme for Freelance Dancers.

(January-May)

- Arms control workshop with Sofia Chellini - Sofia Ninja (B.fuji)

2020 - RESET 2020 - Studio Wayne McGregor programme for Freelance Dancers.

- Stage combat Workshops and "Warrior Wednesdays" sessions with RC-Annie fight.

- Room & Body investigation workshop with Maria Carolina Vieira, Peeping Tom.

- Analysis of Stage Persona seminar with Brandon Lagaert, Peeping Tom.

- Online Workshops with Hijinx Theatre.

- WWTP workshop with *Mark Smith- Deaf Men Dancing*.

- *The Language of the Actor*. Corporeal Mime workshop led by Guillaume Pigé,

Theatre Re.

2019 - NDCWales Ballet and Contemporary company classes.

- Masterclasses led by Kerry Nicholls.

2018 - *The Neutral Mask*, workshop led by Igne Barkauskaite.

- Fourth Monkey Taster Workshop. led by Steven Green.

- Tavaziva company classes, led by Bawren Tavaziva.

- Adrian Look Tanz theatre company classes, led by Adrian Look.

- Year Training (June 2018-2019). *Towards Vivencia. Out-of-the-Ordinary States of Being*. Led by Jorge Crecis.

2017 - Frantic Assembly Intermediate Course, London.

- National Student Drama Festival, in Hull. Member of the Technical Team.

2016 - Apprenticeship with EXZEB Dance Company, London.

2013/2014 internships with Dantzaz Kompania, The Forsythe Company, Cullberg Ballet, Nederlands Dans Theater and NDCWales