

Nathan Hook

Gonsalves Method accredited teacher & director

Actor-Combatant Advanced (APC)

BSc(Hons) PgDip Dip Psych MSc Dip HE

FMBPsS AFBPsS ADPR

Bristol, BS5 0SR

hook_nathan@hotmail.com 07952521569



6'4, broad shouldered

Acting

Stage acting			
Gentleman	Jane Austen's Ball	Jane Austen Dancers	Sept 2023
Dr. Vincent	The Amazing Angel-man	Kelvin Players	Sept 2023
Lucien Tomb	A Tomb with a View	Horfield Theatre Company	Oct 2022
Henry the Pirate	Peter Pan	Clifton Amateur Dramatics	Dec 2021
Quince, Don Pedro	Shakespeare in the Park	Clifton Amateur Dramatics	Aug 2021
Lawrence Currier	Murder Inn	Horfield Theatre Company	Oct-Nov 2019
Father	In a State of Mind	Act2B	Sept 2019
Improvisor	16 theatre jams	Bristol Improv Theatre	2018-2019
Immersive theatre acting			
Friar Lawrence	Shakespeare Within	Misplaced theatre	Oct 2022
Murder mystery acting			
• Early 2023 onwards regular Immersive & interactive acting with freeform interactions for Murder57. Acted in over 90 events, over 60 different characters, over 40 different scripts/plots, 15 different locations, including public and private shows. • 2025 onwards murder mystery immersive acting for Blackwater entertainment.			
Scare acting			
• Immersive & interactive scare acting at Caldicot castle Frightworks in Oct 2025. • Immersive & interactive scare acting at House of Frankenstein After Dark in Oct 2024.			
Screen acting			
Father	Youtube video	Non Stop Niall	Nov 2022
Voice acting			
The Architect	ERAs	Gearhead Media	Dec 2021
Seven ages of man	Shakespeare on radio	Clifton Amateur Dramatics	Dec 2020
Screen walk-on acting			
Angry couple	Down Cemetery Road	Apple TV	Sept 2024
Screen Supporting acting			
Passerby	Believe Me	ITV	Oct 2025
Bristolian	Age of Quorum		Jan 2025
Roundhead MP	A Kingdom in Chaos	One Tribe TV	Jan 2025
Bar goer	The Lazarus Project	Sky	Jan 2023
Bar goer	Casualty	BBC	Jan 2023
Police officer	Best of Three	Katherine Press	Dec 2022
Dancer	Beer advert	Epoch	Nov 2022
Tor Villager	The Winter King	Bad Wolf productions	Aug-Sep2022
Customer	Advert for Refill day		May 2022
Protestor	The Outlaws	BBC	Feb 2021
Politician	Thupparivaalan 2		Dec 2019
Smuggler	Bodmin Jail museum	Moonraker productions	Nov 2019

Directing

- Directing 'Black Mountain' by Brad Birch, Alma Tavern, August 2026, Porters, Sept 2026.
- Directed 'A Hero of the People' by Brad Birch, Bristol Playgoers, Nov 2025.
- Directed 'A Hero of the People,' Kelvin Players, May 2025. Also directed rehearsed reading version, February 2024.
- Devised and directed commedia – improv stage show 'Yes, Dark Lord,' Bristol Improv theatre, November 2019. Show design article [here](#).

Fight choreography

- Developed and taught fight choro for 'Our Countries Good', Kelvin Players, 2024.
- Developed and taught fight choro for 'Way Upstream', St. Albans Players, 2025.

Writing

- 'A simulation of the thing (is the thing)', monologue piece performed by 'Terror in Turtlenecks' at Alma Tavern, Oct 2025
- 'Magnifico of the Rings,' Commedia dell'arte scenario, published by [Zannizine](#), 2022.

Teaching & Academic theatre work

- Taught 24 hours of Meisner & Gonsalves workshops, Kelvin Players.
- Taught 10 hours of online Gonsalves workshops, Gonsalves Acting School.
- Authored two Meisner technique journal papers, accepted with publication in 2026.
- Creator of the Gonsalves Cards: [Gonsalves Cards by Gonsalves — Kickstarter](#)

Training

Summer schools	
Bristol Old Vic Theatre School	Performing Shakespeare, Contemporary theatre, Acting for stage – intermediate, Intro to Directing, Intro to Playwriting
Theatre Royal Bath	Devised theatre
Shoobox Theatre, Swindon	Acting for Camera
Response theatre company	R&D workshop (5 days)

Gonsalves method	
Gonsalves	The Gonsalves method (12 hours), Shakespeare & Meisner (12 hours), Director & Teacher Accreditation (4 days), Online drop-ins (28 hours)

Demidov method	
Demidov studio	Introduction to Demidov (1 day), Demidov Etudes Course Online, Foundations & Circumstances (2 day)

Meisner technique	
Bristol Meisner	Beginner's intensive (52 hours), 50 hrs drop-in classes
Dominic Kelly	Salon Sunday (day class) x21, 17 hours of drop-ins
Scott Williams	Mastering Meisner (5 days)
Meisner with Skye	Meisner intensive (2 days), 16 hours of drop-ins
Mark Phoenix	12 hours of drop-ins in Meisner-Improv hybrid.
Tom Radcliffe	6 hours of drop-ins
Lawrence Baker	8 hours of drop-ins
Houde School	18 hours of drop-ins
Thinking Actors	Understanding Meisner (8 hours)
Mixing Networks	Day class
Lawrence Carmichael	6 hours of drop-ins
Cardiff Meisner	5 hours of drop-ins
Meisner West	6 hours of drop-ins

Physical methods	
Lucid Body	Level 1
Unity Arts Collective	Gecko Theatre (half day)
Bristol physical theatre project	6 hours of Lecoq workshops

Acting with Passion	
Niki Flax	Acting with Passion (4 days)
Shim	Acting with Passion (3 days)

Improv training	
Bristol Improv Theatre	Discovering improv, Performing improv: Scenework, Creating characters, Story & stage, Musicals, Performing L2 - Exploring Narrative, Advanced narrative, Advanced scenework, Advanced Scene Dynamics, Intro to Character Based Improv, Advanced Improv, Tech for improv, 100+ hours drop-ins

Commedia dell'arte	
Shoebox Theatre, Swindon	Commedia dell'Arte - Into to Performance
Actors Workshop, Bristol	An Introduction to Commedia dell'Arte with Cheryl Stapleton
Unravelled Commedia	Weekend intensive in Commedia dell'arte
Bristol Improv Theatre	Introduction to commedia dell'arte

Voice & Accent training	
Bristol Old Vic Theatre school	Masterclass: General American
Shoebox Theatre, Swindon	Masterclass: How to do Accents

Stage Combat qualifications				
Level	Weapon	Trainer	Exam Board	Grade
Basic	Broadsword & shield	Action Emporium	APC	2.2
Basic	Arming sword	Sword & Scoundrel	APC & ACTT	Pass
Basic	Rapier	Sword & Scoundrel	APC & ACTT	Merit
Basic	Rapier & dagger	MCCombat	APC	Merit
Basic	Unarmed	MCCombat	APC	Merit
Intermediate	Quarterstaff	APC Summer school	APC	Merit
Intermediate	Escrima stick	APC Summer school	APC	Merit
Intermediate	Gladius & shield	APC Summer school	APC	Merit
Advanced	Unarmed: MMA	Sword & Scoundrel	ACTT	Merit
Advanced	Double escrima	MCCombat	APC	Pass
Advanced	Spear	Sword & Scoundrel	ACTT	Merit
Advanced	Small sword	MCCombat	APC	Pass
Advanced	Axe	MCCombat	APC	Merit
Advanced	Rapier & cloak	Sword & Scoundrel	ACTT	Merit
Advanced	Escrima Stick	Action Emporium	APC	Pass
Advanced	Double Kama	S&S summer school	ACTT	Merit
Advanced	Sword & shield	S&S summer school	ACTT	Pass
Advanced	Arming sword	S&S summer school	ACTT	Pass
Advanced	Rapier & buckler	APC Summer school	APC	Merit
Advanced	Double gladius	APC Summer school	APC	Pass
Advanced	Short spear & shield	APC Summer school	APC	Pass
Advanced	Double Sai	MCCombat	APC	Pass
Advanced	Case of Rapiers	MCCombat	APC	Pass
Advanced	Baton	MCCombat	APC	Pass
Advanced	Gladius & Shield	MCCombat	APC	Pass
Advanced	Found Weapons	MCCombat	APC	Pass
Further	Lightsaber	True Edge	BADC	Pass
Member of the True Edge Fight team				

Dance & sport training	
Jane Austen dancers	90 hours of regency dance classes
Salsa souls, Havana Salsa	16 hours of salsa dance classes
Bristol Bachata, Havana Salsa, Bachatify	60 hours of bachata dance classes
Maluka, Bristol Kizomba	30 hours of kizomba dance classes
A+E Dance	14 hours of musical theatre dance classes
Bristol fencing club	Beginner's Foil, 56 hours of Foil drop-ins
Ludosport Bristol	6 hours of lightsaber sport combat training

Miscellaneous	
Bristol Acting Academy	Start Acting Right
The Actors Workshop / Fourth Monkey	Page to Stage - Scenes from Shakespeare, Source of Performance energy, All about the other
Bristol Old Vic Theatre School	Masterclass: Devising theatre
Kelvin Players	Intimacy Practice and Consent Forward Spaces for Directors and Actors (day)
Alma Tavern	Contemporary Epic workshop with Janine Wunsche (day)
Simon Trinder	Invention Convention (2 days)
Les Enfant Terrible (LET)	Workshop (day)
MCCombat	Combat for Screen (day), training day
Jonathan Howell	Unarmed stage combat workshop
Cult Crymru	Brush up on Shakespeare (day)

Formal qualifications

Drama qualifications	
LAMDA	Level 3 Shakespeare for Performance – Distinction Level 3 Gold / Grade 8 Acting - Distinction

Teaching qualifications	
Educationist	Level 3 Education & Training (formerly PTLLS) Level 4 Education & Training (formerly CTLLS)

Higher academic qualifications	
Open University	Dip HE in mixed Humanities, MSc Psychological Research Methods, graduate conversion diploma - Psychology
University of the West of England	PgDip Machine Learning, BSc(Hons) Computer Science
University of Kent	Currently studying MSc Operational Research
UK College of Hypnosis and Hypnotherapy	Diploma in Hypno-CBT, Diploma in Stress Management and Resilience Training
Anglo-European College of Therapeutic Hypnosis	Advanced Clinical Hypnotherapy