

## Weep Not For Me

Weep not for me though I have gone  
Into that gentle night  
Grieve if you will, but not for long  
Upon my soul's sweet flight  
I am at peace, my soul's at rest  
There is no need for tears  
For with your love, I was so blessed  
For all those many years  
There is no pain, I suffer not  
The fear is now all gone  
Put now these things out of your thoughts  
In your memory I live on  
Remember not my fight for breath  
Remember not the strife  
Please do not dwell upon my death  
But celebrate my life



Honoured to serve the family of Elsie Coupland  
To send a condolence, please visit our website at  
[www.cornerstonefuneralhome.com](http://www.cornerstonefuneralhome.com) | 403-381-7777 (24/7)



Lovingly Remembered

## *Elsie Esther Coupland*

September 3, 1919 - April 13, 2021

**ELSIE COUPLAND** passed away peacefully in the presence of family, at the Chinook Regional Hospital, on Tuesday, April 13, 2021, seven months into her 102nd year.

She is survived by her son Dale (Sandra) of Lethbridge; grandchildren Ryan (Laiha) Coupland and Sara Coupland of Calgary; Kimberley (Trevor) Hughes of Lethbridge and great-grandchildren Gabby Rebolone Coupland, Matthew Coupland, Alyssa Hughes and Sara Hughes.

Elsie was born in Lethbridge and was predeceased by her first husband John (Jack) Coupland in 1953, by her daughter Carol Burton in 1999, her second husband Lloyd Pennington in 2000, her sister Dorothy Hughes and her parents Albert and Louise Wocknitz.

Elsie was healthy, independent and maintained her sense of humour up until her death. She spent her last years at the Blackrock Terrace, and on her hundredth birthday celebration, attributed her long life to her passion for knitting. Her family was very fortunate to be the welcome recipients of many beautiful items over the years. She enriched the lives of everyone who knew her.

The family would like to thank the Blackrock Terrace for providing her an environment in which to thrive.

## *Graveside Service*

Mountain View Cemetery  
1210 Scenic Drive South, Lethbridge, Alberta  
Saturday, April 24, 2021 at 11:00 A.M.

Processional Song | *Beyond The Sunset* by BJ Thomas  
Welcome and Eulogy | Dale Coupland  
Time of Memories  
Recessional Song | *Abide By Me* by John McDermott



A life

*well lived*

is the most

*Exquisite*

work of art