SUPPLEMENT FACTS

Serving Size: 1 level scoop (40 a) Servings Per Container: 20

AMOUNT PER SERVING		% DV
Calories	150	
Total Fat	2.5 g	3%
Cholesterol	0 mg	0%
Total Carbohydrate	12 g	4%
Dietary Fiber	3 g	11%
Total Sugars	6 g	**
Includes 6 g Added Sugars		12%
Protein	20 g	37%
Calcium	120 mg	9%
Iron	5 mg	28%
Sodium (as sodium chloride)	400 mg	17%
Potassium (as potassium citrate)	450 mg	10%
MUSCLE RECOVERY BLEND	28 g	**
Pea protein isolate, [Branched-c L-leucine, L-valine, L-isoleucine L-glutamine		
Pomegranate extract (fruit)	650 mg	**

**Daily Value (DV) not established.



DIRECTIONS: Gently shake the container to loosen

compressed powder. Mix 1 level scoop with 8 oz water

until dissolved. Drink within 30 minutes after exercise.

ALLERGEN STATEMENT: This product is manufactured

in a plant that also processes milk, egg, soy, fish,

wheat ingredients.

Keep out of reach of children.

Do not use for weight reduction.

STORE IN A COOL, DRY PLACE,

Blvd., Santa Monica, CA 90404

crustacean shellfish, tree nut, peanut, sesame, and

WARNING: Consult with a healthcare professional

before use if you are pregnant, breastfeeding, taking

any medication, or if you have any medical condition.

Notice: Use this product as a food supplement only.

DISTRIBUTED BY: Beachbody, LLC, 3301 Exposition

Chocolate flavored

RECOVER POST-WORKOUT

♥PLANT-BASED

Clinically tested powerful key ingredients and phytonutrients to help:*

Speed muscle and strength recovery

Combat exercise-induced muscle soreness

Boost muscle protein synthesis

Build and repair muscles

PREMIUM PROTEIN

BCAAs

POMEGRANATE **EXTRACT**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.

THE KEY TO WORKING OUT IS CONSISTENCY AND

THE FASTER YOU RECOVER, THE BETTER YOU'LL

Beachbody Performance Plant-Based Recover's formula delivers

effective levels of key ingredients including; plant-based protein to

help promote muscle recovery; an effective ratio of branched-chain

amino acids (BCAAs) to help muscles repair; and pomegranate extract that delivers ellagitannins to help reduce delayed onset

NO SYNTHETIC COLORS AND NO ARTIFICIAL FLAVORS, SWEETENERS.

muscle soreness (DOMS) and speed muscle strength recovery.*

PERFORM AT YOUR NEXT WORKOUT.

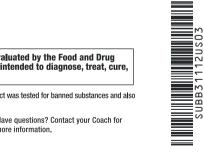


Informed Sport certifies each batch of this product was tested for banned substances and also ensures high quality manufacturing standards

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OR PRESERVATIVES.





OTHER INGREDIENTS: Organic cane sugar, Cocoa powder (processed with alkali), Natural flavors, Stevia leaf extract, Xanthan gum.

