



THE 4 WEEK GUT PROTOCOL™

OPTIMIZE

*Supports nutrient absorption
and bioavailability**

DIETARY SUPPLEMENT
180 CAPSULES

OPTIMIZE is a proprietary blend of digestive enzymes and premium ingredients to help:

- Support nutrient absorption
- Break down proteins, carbs, and fats

DIRECTIONS: Take 2 capsules, 3 times a day, 30 minutes before meals.

STORAGE: Store in a cool, dry place.

WARNING: Consult with a healthcare professional before use if you are pregnant, breastfeeding, taking any medication, or if you have any medical condition. Keep out of reach of children.

DISTRIBUTED BY: Beachbody, LLC, 400 Continental Blvd., Suite 400, El Segundo, CA 90245

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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GUTLBL001US01 / GUTBOT001US01 US

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 90

Amount Per Serving		% Daily Value
PROPRIETARY BLEND:	1 g	**
Protease, Papain, Bromelain, Amylase, Lipase, Japanese sophora powder (flower bud), Amla powder (fruit), Methyl sulfonyl methane, Camu-camu powder (fruit)		

**Daily Value not established.

OTHER INGREDIENTS: Vegetable cellulose, Maltodextrin.

ALLERGEN STATEMENT: This product is manufactured in a plant that also processes milk, egg, soy, fish, crustacean shellfish, tree nut, peanut, sesame, and wheat ingredients.