



FORGIVING OTHERS

All of us have done wrong things – even the best person you know. The great news is that God is always ready to forgive us. And he asks us to forgive other people who hurt us, too. Sometimes that is quite a challenge, especially if we are still feeling hurt.

ACTIVITY: THE FORGIVING HEART

- Think about something that you need to forgive someone for.
- On the heart shape, draw a picture of what happened, or how you felt when they did this thing.
- Then ask God to help you forgive the person.
- Remember that forgiveness is not a feeling. It is a decision we make, and it takes a lot of courage.

A PRAYER FOR PRISONERS' CHILDREN

If grown-ups break a rule called a law, sometimes they go to prison. This can be very sad for their children. Here is a prayer you can pray:

Dear Lord, please help all the children whose mum or dad is in prison. Please comfort these children and give them people to love them and care for them. Amen.



BIBLE VERSE MEMORY CHALLENGE!

Can you learn this Bible verse by heart?

'Forgive as the Lord forgave you.'
(Colossians 3:13)