

SEEDS OF KINDNESS



God wants us to help and bless others. We can do this by being kind. We can also share the things we have, including our money.

When we are kind and generous it can have a big effect. Some plants, like the one in the picture, have seeds that blow away in the wind. The seeds that land in soil grow into new plants and produce their own seeds. These seeds then blow away and even more plants grow.

When we are kind, it is as if we are giving away a seed. We do not know what effect this seed of kindness will have, but it may grow and make a big difference in many people's lives.

Draw pictures in the seeds to show different things that you are able to do that are kind. This might include helping people, sharing the things you have or spending time with someone who is unwell.



A STORY FROM THE BIBLE: MARK 12:41–44

One day, Jesus was watching people give their offerings at the temple. He saw many rich people putting money in the offering box, but it was one lady he particularly noticed. Her husband had died and she did not have much to give, but she gave what she had.

Jesus explained to his friends that her small offering was worth more than the bigger offerings brought by richer people. This is because

she gave everything she had out of love for God.

We may not think we have much to give, but all of us can give time and kindness. Whenever we are kind to someone, we are showing our love for God.

The Bible says that it is better to give than to receive (Acts 20:35). Think about this. How does it make you feel when you are kind to someone?