

MEDIA RELEASE

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Get savvy about going green at the Markets

The Old Bus Depot Markets, a hub for colour and community, is focusing on one colour in particular this month – green.

The Old Bus Depot Markets will welcome over 15 stalls with a green focus to join more than 155 regular stallholders next Sunday 18 September for Green Savvy Sunday. Green Savvy Sunday will introduce and expand the knowledge of Canberra's community on ways to go green.

"Going green doesn't have to mean huge lifestyle changes and 'going without'," said Old Bus Depot Markets' Director, Anthony Niravong.

"We can all do our part, and it's great to see the diversity of stallholders, all encouraging great methods to lower our environmental impact, but in completely different ways," Anthony continued.

There will be stallholders covering every facet of life – from work, home and play. Among them will be the team from *Switched on Cycles* who will be showcasing their electric bicycles – a healthy and environmentally friendly way to get to work.

Also joining the markets for the first time is aromatherapy stallholder *Mood Alchemy* who create a range of products from relaxing massage oils to insect repellent soy candles. And if you're committed to adopting a holistic green lifestyle, not-for-profit community group *Vegan ACT* will be there to promote how easy a vegan lifestyle can be.

"There'll be everything from low-energy-use-products and products made of recycled materials to organic techniques and delicious organic food and information on relevant sustainable initiatives. There'll even be a jumping castle and face painting for the kids – it's going to be a great day out for the whole family," Anthony concluded.

Green Savvy Sunday is on Sunday 18 September from 10am until 4pm, entry is free. For more information, visit www.obdm.com.au

For more information, images or to arrange an interview, please contact Lauren Griffiths at Threesides on 0417 409 264 or lauren.griffiths@threesides.com.au