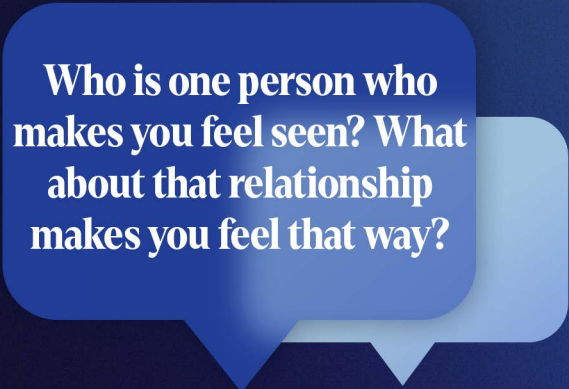


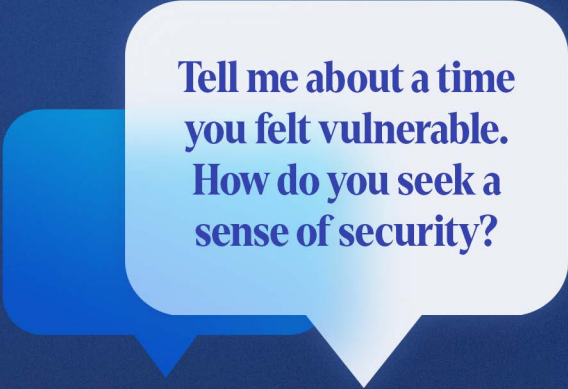
3 Ways to Start a Real Convo



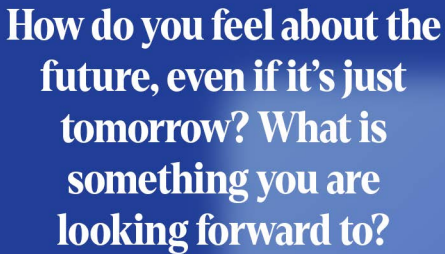
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Who is one person who makes you feel seen? What about that relationship makes you feel that way?



**Tell me about a time
you felt vulnerable.
How do you seek a
sense of security?**



How do you feel about the future, even if it's just tomorrow? What is something you are looking forward to?

*Talk
away
the
dark*



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