

THE ULTIMATE GUIDE TO
EATING
HALLOWEEN
CANDY

Oct 26 – Nov 1, 2020



DEAR CANDY LOVERS—

Welcome to The Ultimate Guide to Eating Halloween Candy.

Grab your favourite treats, sit back, and get ready to hear music inspired by candy! Once you've chosen your sugary snacks, be sure to read our candy guide to see how your favourites compare to ours.

We hope you enjoy this new concert format. We had some trouble when filming this movie. You see, we were recording in a building that is said to be haunted, and there were strange sounds and...well, I just had to investigate! Tune in to see what happened!

Daniel Bartholomew-Poyser

Barrett Principal Education Conductor & Community Ambassador

CONCERT MENU

Jessie Montgomery
Starburst

Franz Liszt (arranged by Gary Kulesha)
Nuages gris

Johann Sebastian Bach
"Air" from Suite No. 3

Piotr Ilyich Tchaikovsky (arranged by Gary Kulesha)
"Dance of the Sugar Plum Fairy" from *The Nutcracker*

Gary Kulesha
Ostinato Revisited
(adapted from Béla Bartók's *Ostinato* from *Mikrokosmos*)

Maxime Goulet
Selections from *Symphonic Chocolates*:
"Dark Chocolate"
"Caramel Chocolate"
"Coffee-Infused Chocolate"

Piotr Ilyich Tchaikovsky
Serenade for Strings – Movement IV

Modest Mussorgsky (arranged by Eric Segnitz)
St. John's Night on Bald Mountain



The Soft-Candy Family pairs well with contemporary music, like the pieces by Jessie Montgomery or Gary Kulesha.

THE SOFT-CANDY FAMILY

So, you want to be a candy expert? Well, the first family you need to know about may have been the first candy you ever tried! So soft and gummy, even a baby could eat these. They are the treats that remind your parents what it's like to be a kid. They come in bright colours, sour or sweet flavours, and their dusty sugar gets everywhere, just like glitter!

Did You Know?

13% of the TSO ranks soft candies as the Ultimate Halloween Candy.

Here Are Our Favourites:

#3—Candy Corn

"Don't let the 'corn' label throw you off. This is no BBQ candy. It is a bit of orange and yellow goodness, like a taste of sunshine!"

—TSO Musician



#2—Child-Shaped Sour Gummies

"They're named after kids; what more could you want!? It's like you're hanging out with your friends...but you can eat them?"

—TSO Staff Member



#1—Peach Gummies

"They're chewy and delicious, plus they're covered in extra sugar (yum!)"

—TSYO Musician





Try eating pieces from the Hard-Candy Family when listening to Tchaikovsky for an extra-percussive experience.

THE HARD-CANDY FAMILY

These are the crunchy candies that come in shells or in tablets. Kids love them for their bright colours. Parents love them because they don't make a mess. Everyone loves them because they never go bad or stale. It's the perfect candy for the Zombie Apocalypse.

Did You Know?

14% of the TSO considers hard candies to be the Ultimate Halloween Candy.

Here Are Our Favourites:

#3—Chocolate-Covered Peanuts

"They're colourful so kids can pick their favourite colour, and they're easier to share in case you were feeling generous."

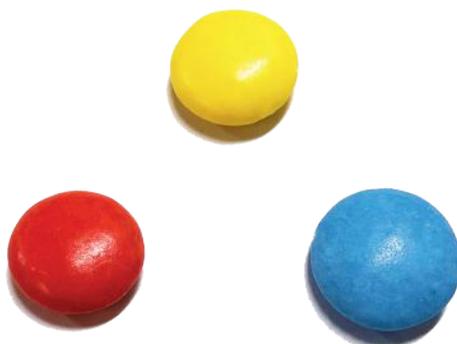
—TSYO Musician



#2—Chocolate Tablets

"They have chocolate on the inside AND outside. It's the candy for the most intelligent children."

—TSO Musician



#1—Sugar Tablets

"They are easy to hide from teachers, parents, and siblings so you aren't obliged to share."

—TSO Staff Member





The Bar-Shaped Family is a must-eat when hearing Maxime Goulet's music.

THE BAR-SHAPED FAMILY

The two greatest inventions of all time are the wheel and bar-shaped chocolate. Think about it. This candy family is easy to hold. It's not messy. And it's delicious. In fact, the bar shape is scientifically the most perfect delivery mechanism for chocolate. Why else would there be so many?

Did You Know?

17% of the TSO ranks chocolate bars as the Ultimate Halloween Candy.

Here Are Our Favourites:

#3—Coffee-Flavoured Chocolate Wafer Bar

"I am trying to convince kids that this is the WORST possible candy so that I get more of them!"

—TSO Staff Member



#2—Peanut, Caramel & Fudge Chocolate Bar

"Caramel and nuts wrapped in rich chocolatey goodness is the perfect treat for any occasion!"

—TSYO Musician



#1—Caramel & Nougat Chocolate Bar from Space

"Eating these will encourage good dental hygiene as your parents will send you to brush your teeth constantly."

—TSO Musician





This is the Shareable Family. Speaking of which, take a picture of your family and your favourite candies while watching our concert and share it on social media. Don't forget to tag us @TorontoSymphony!

THE SHAREABLE FAMILY

Snap them. Break them. Split them. However you do it, these are the chocolate treats designed to be shared with friends and family. They're also the candy least likely to cause an argument about who got more chocolate.

Did You Know?

23% of us at the TSO prefer these. It's the #1 candy among our youth orchestra.

Here Are Our Favourites:

#3—Caramel-Filled Chocolate

"This audacious treat is composed of miniature chocolate pockets filled with a delectable substance that will ooze out when you bite into them."

—TSO Musician

#2—Air Bubble-Filled Chocolate

"This is always the one that you run out of first when going through your candy bag. Don't lie."

—TSYO Musician

#1—Chocolate-Covered Wafer Sticks

"Gimme a break; does this really need an explanation? They are nut free and safe to share with everybody."

—TSO Staff Member





The Acquired-Taste Family is the perfect accompaniment to any music (if you can stomach them).

THE ACQUIRED-TASTE FAMILY

These are the candies your grandparents love. And one day you will appreciate these candies too (maybe). The Acquired-Taste Family is only for those with the most distinguished palates. If you are one of the rare souls who love these, keep it a secret when trading candies. People don't think they're worth much, so you can easily get someone's entire supply of them.

Did You Know?

7% of the TSO loves a candy that some people find revolting.

Here Are Our Favourites:

#3—Raw Zucchini

"It's good for your liver."

—*TSO Musician*



#2—Chocolate Taffy

"It's not too sweet, it's not too chocolatey, and it's just the right amount of 'Old Timey.'"

—*TSO Staff Member*



#1—Molasses Taffy

"The worst Halloween candy ever devised by human hands.

(More for me!!!)"

—*TSO Staff Member*





Our Ultimate Candy—peanut butter cups—are best eaten while listening to the spooky music of Mussorgsky. They keep ghosts and sugar cravings away!

THE ULTIMATE CANDY

The undisputed ruler of Halloween candies doesn't need a crown because it's already shaped like one. Peanut butter cups are the most popular candies at the TSO! If you happen to be one of the few people who can't eat them, then don't worry! They are a valuable currency, and you'll be able to trade them for any other candy you desire.

Did You Know?

26% of TSO musicians, staff, and youth orchestra members chose this one candy specifically.

Testimonials:

"I'd be willing to trade my whole candy bag for a few peanut butter cups."

—*TSO Staff Member*

"This candy is so good, its name was our son's first words."

—*TSO Musician*

"It is formed in the most important of shapes—a cup. For without a cup, how would we drink? How would we live?"

—*TSO Staff Member*





HUNGRY FOR MORE?

Extend your Halloween fun with these social media challenges:

The “Scary-Movie Expert” Challenge

Are you a scary-movie expert like Daniel Bartholomew-Poyser? Prove it! Watch the concert a second time with your family and see if you can identify all the references we made to other movies. Let us know what you found and we’ll tell you if you caught them all.

The “Composer Monster Mash-Up” Challenge

There are classic monsters, and then there are *classical* monsters. We have three spooky pumpkin stencils for you to carve, ranging from easy (Ghost-av Mahler) to medium difficulty (Ludwig van-pire Beethoven) to advanced (Wolfman Amadeus Mozart). Show us your pumpkin if you carve one of these classical monsters!

Don’t forget to tag us @TorontoSymphony and #TSOOnDemand

**PUMPKIN
STENCILS**

**ACTIVITY
ZONE**



**GHOST-AV
MAHLER**

ACTIVITY
ZONE



LUDWIG VAN-PIRE BEETHOVEN



WOLFMAN AMADEUS MOZART



DISCUSSION STARTERS

1. Listen to a piece of music that you find unsettling, or a famous horror movie theme. How are the elements of music being used to create tension and dread?

For example:

Duration - Droning notes, repeating notes

Pitch - Very high notes, very low notes

Dynamics - Abrupt sounds, quiet moments

Timbre - Tone colour of certain instruments (ex: theremin)

Harmony - Tritones, dissonance

2. Can a piece of music be scary by itself, or is it scary by association with something we already find frightening?

3. Although light travels faster than sound, our brains react quicker to what we hear than they do to what we see. How did this adaptation help humans survive? How do horror films use this adaptation against us? How much of what scares us is related to survival instincts?

4. What is more frightening, a sudden loud noise, or long unexpected silence?

5. Listen to the Dies Irae. What are your first impressions? Why do you think it has been used in so many horror films?

6. Alternative playing techniques like *pizzicato* or *sul ponticello* can create a spooky timbre. Why do you think that is? Can any instrument be made to sound scary? Rate the orchestral instruments on a scale of one to ten, one being not scary and ten being very scary indeed!

7. Using the list of pieces from our concert, rank them from scariest to least scary.

8. Why do some people like horror and others don't? What is the scariest movie you have ever seen? What was the scariest moment? What, exactly, is scary about this moment?

9. What would the experience of a horror movie be like if you were, like Beethoven, part of the hearing impaired community? Or if you were part of the vision impaired community?

CLASSROOM ACTIVITIES

VISUAL ART

1. Create a movie poster for this TSO concert and share on social media!
2. Get creative by using one of the pumpkin carving stencils found in this guide. Choose between GHOST-AV Mahler, Ludwig VAN-BEETHOVEN and WOLFMAN Amadeus Mozart.
3. Be sure to tag us @TorontoSymphony and #TSOOnDemand #TSOEducation

DRAMA

Describe the character traits of Daniel and Pierre. What is their relationship and their central conflict? With a partner, create a new short scene between Daniel and Pierre that connects to the theme of candy and scary movies. Don't forget to use facial expressions to capture the banter between these two characters!

DANCE

Johann Sebastian Bach's "Air" from Suite No. 3 was selected to bring a sense of calm to the audience. With a partner, take turns mirroring each other creating relaxed movements with your body as you listen and respond to this piece. Remember to think about working at different heights in dance.

LITERACY

Come up with four one-sentence ideas for a spooky movie or story. Record these sentences and share them with the class. For example:

- "A group of friends on a hiking trip venture off the trail and find an old empty log cabin that is not as empty as it seems."
- "A young musician realizes that every time she practices violin she opens a door to another world, a world that is full of creatures who want to enter ours."

DRAMA EXTENSION: Create a tableau that captures your one-sentence ideas.

CLASSROOM ACTIVITIES

NUMERACY

1. The Ultimate Guide divides Halloween candy into categories. Survey your classmates to find out their favourite candy category and then use a graph or chart to show your answers.
2. Predict how many candies are in a particular candy package. For example, how many hard candies can you count after opening a package? Can you predict how many of each colour candy are in the package?

SCIENCE AND TECHNOLOGY

Explore the world of food chains (producers, consumers and decomposers) by creating your own, Halloween-themed food chain using monsters and candy! Have fun classifying and creating all the characters you can think of!

MUSIC

1. In three sections of this production, there are scenes where Daniel is walking down hallways, peering through doorways, and running toward a sound he hears. Create a soundscape that could be used in a scene like this.
2. After discussing what makes music sound scary, have your students compose a short musical piece that uses the same techniques.
3. Compose a piece of music based on an emotion and explain why you made specific musical choices to evoke that emotion.
4. Our production contains three movements from a composition by Canadian composer Maxime Goulet. Using the elements of music, explain how these movements are similar and different. How do you think each movement reflects its title? Use a Venn diagram.
5. After viewing the program, go back and listen to specific pieces while completing the Listening Journal.

For more learning resources,
please visit [TSO.CA/Education](https://www.tso.ca/education)



LISTENING JOURNAL

Your Name:

Date:

Name of piece:

Composer:

1. What kind of instruments do you hear?

2. What different dynamics do you hear? Is the music loud, soft, or in the middle? Does it slowly get louder or softer?

3. How would you describe the tempo? Is it fast or slow or both?

4. How does listening to this piece make you feel? Does the music remind you of anything? What two words would you use to describe this piece of music?

5. Did you like this piece of music? Would you recommend it to a friend? Why or why not?

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RBC AFFILIATE
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OCT 26–NOV 1, 2020

CONDUCTED BY
Daniel Bartholomew-Poyser
BARRETT PRINCIPAL
EDUCATION CONDUCTOR
& COMMUNITY
AMBASSADOR

MUSIC BY
Toronto Symphony Orchestra

CREATIVE TEAM

PRODUCED & CREATED BY
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CREATIVE DIRECTOR
Byron Kent Wong

PRODUCTION COORDINATOR
Jacki Brabazon

ASSOCIATE PRODUCER
Elise Bailey

CAPTURE BY
Gord Haldane
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LIGHTING DIRECTOR
Douglas Hook

EDITED BY
Paul Short
Kejd Kuqo

ASSISTED BY
Kate Latimer
Brandon Hilliard

RECORDED BY
Doug Doctor

ORCHESTRATION
& RECORDING SUPERVISOR
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AUDIO MIX & POST AUDIO
SUPERVISION
Ron Searles

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Gary Kulesha

POST PRODUCTION BY
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Roger Sader
Jerry Hammack

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Pierre Rivard
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Daniel Bartholomew-Poyser
as himself



James Wallenberg
as the Official TSO Ghost



Miles Jaques
as the Sugar Plum Fairy



Pierre Rivard
as himself



Special guest appearance
by **Maxime Goulet**

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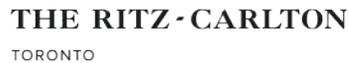
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HALLOWEEN!**