

FACT SHEET

Florida



Florida, considered by many to be America's top retirement destination, had its reputation validated by fifth-place rankings for both health care and senior population. Florida was solidified as the fourth healthiest state for seniors by ranking:

- 1st in diabetes management, with 86% of residents age 65 to 75 receiving a blood lipids test.
- 3rd in the rate of hospice care admittance for residents age 65 and over who have a chronic disease, at 61%.
- 4th among states with the lowest percentages of residents 65 and over who are obese, at just 23%.
- 4th in recommended hospital care for seniors age 65 and over who received the recommended care for heart attacks, heart failure, pneumonia and surgical procedures, at 98%.
- 4th among states with the lowest percentage of falls within the last year reported by residents age 65 and over, at just 25%.

Featured Cities

The following cities in Florida scored highly in our analysis of health factors.

- St. Petersburg - St. Pete ranked second in overall ratio of hospital beds to patients and scored well in affordability of cost of living. Additionally, St. Pete's Park Score beat out larger cities in our list.
- Tampa - With clean air and a relatively low cost of living, Tampa seniors have an abundance of activities including fine arts performances that contribute to a high quality of life.
- Sarasota - Sarasota, home to some of the top ranked beaches, has one of the highest percentages of residents over the age of 65 and one of the lowest readmission and mortality rates of all cities analyzed.