



FACT SHEET

Nebraska

Nebraska came in as the fifth-healthiest state for seniors in part by ranking in the top 14 for environment, community well-being and cost of living. Nebraska was also boosted by ranking:

- 5th among states with the lowest percentage of residents 65 and over with mental health distress, at just 5%.
- 6th in prescription drug coverage, with 87% of residents having a drug plan that covers at least the Medicare standard.
- 6th in volunteerism, with 35% of the state's 65-and-over population participating in volunteer work.
- 11th in community support, with \$1,220 in expenditures for each resident age 65 and over who is living in poverty.
- 11th in home-delivered meals, with 36% of those 65 and over and living in poverty having received a home-delivered meal.

Featured Cities

The following cities in Nebraska scored highly in our analysis of health factors.

- Omaha - The Omaha area has the highest concentration of assisted living facilities and offers an abundance of public parks.
- Lincoln - Lincoln, the capital of Nebraska, holds a high patient satisfaction rate and low cost of living that help make it an attractive area to live in older age.