



FACT SHEET

Minnesota

Minnesota claims the honor as 2017's Healthiest State for Seniors. Minnesota's top billing comes partly in thanks to ranking fourth in overall health care factors, second in community well-being, sixth in population and eighth in environmental factors. Breaking it down further, Minnesota ranked:

- 1st in food insecurity among seniors, with just 8% of those age 60 and over suffering.
- 1st in prescription drug coverage, with 88% of those 65 and over having a plan that covers at least the Medicare standard.
- 2nd in volunteerism among those age 65 and over, with 38% of the demographic being involved.
- 2nd in the ratio of home health care workers to residents age 75 and over.
- 2nd in the percentage of dental visits among those 65 and over, at 76%.

Featured Cities

The following cities in Minnesota scored highly in our analysis of health factors.

- Duluth, MN - Combining a relatively higher percentage of residents over 65 with a high ratio of hospital beds to patients and low cost of living, Duluth is an attractive destination for seniors.
- Minneapolis - Minneapolis ranked highest in community factors, including Park Score, and had the highest number of senior living community options in the state.
- St. Paul - St. Paul, the capital of Minnesota and adjoining city to Minneapolis, scored well in overall health metrics including air quality measures and park score.