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Casa Madrona Hotel & Spa in Sausalito Unveils Renovation

by Mary Winston Nicklin | Feb 20, 2019 9:41am



Listed on the National Register of Historic Places, [Casa Madrona Hotel & Spa](#) has long drawn Californians looking for a romantic respite in Sausalito. The hotel first welcomed guests in 1885, and today's accommodations include hillside cottages with fireplaces and decks overlooking the harbor on Richardson's Bay. Top digs: The Alexandrite Suite, a 5,000-square-foot pad atop the original historic mansion, complete with a private jacuzzi, a fire pit, a Samsung media wall, and a gourmet kitchen.

In the latest chapter in its history, the Casa Madrona is showing off the fruits of a renovation. The multimillion-dollar project will officially wrap in spring 2019 with the completion of the last stage: A new fitness room with Peloton spin bikes and classes. Beyond the lobby—which has been transformed with a new 20-foot stone wall and co-working space—the focus is on wellness.

The spa has a new look, with redesigned treatments rooms and a new philosophy. The idea is to use the latest technology to help guests reconnect with their minds and bodies. So, the hotel's holistic wellness experience includes offerings like "Sleep Smart with Eight Sleep," which uses a sleep tracker to collect your sleep data to get insights on how to get better sleep. (The rooms with "smart beds" are integrated with Amazon's Alexa technology so you can ask the virtual assistant for tips.)

There's also AI-powered personal training, mind-body-heart meditation with a brain sensing headband, and plant-based nutrition programs. Last but not least: The new Wellness Courtyard has a 62-inch TV with fitness-on-demand work-outs.