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BY HELÉNE RAMACKERS

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CASA MADRONA HOTEL & SPA SAUSALITO, CALIFORNIA

NORTH AMERICA







Following a multi-milliondollar renovation, Casa Madrona Hotel & Spa has been infused with an innovative approach to wellness and design, creating the perfect destination for travelers seeking to maintain their health and well-being while on vacation.

Overlooking Sausalito's boat-filled harbor on Richardson's Bay, this Victorian inspired hotel offers peace and serenity. With a newly designed lobby, an inspiring space was created that encourages guests to lounge longer, even those with business needs now have ample space.

Led by California-based integrated design studio SALT + BONES, they drew inspiration from the sea, including the materials of luxury yachts, incorporating standout pieces comprised

of sand and salt. This is evident in The Ridge Table and Drift Mirror, both designed by Fernando Mastrangelo.

This is the second renovation for Casa Madrona in the last seven years, which focused on the newly constructed modern lobby with a 20-foot stone wall and co-working space, the spa with three bright treatment rooms, a dedicated Wellness courtyard with a 62-inch television featuring Fitness-On-Demand workouts, and nine dedicated Wellness Guest Rooms, with tech forward amenities.

General Manager of the property, Carmen Cruz, wanted to go beyond traditional physical fitness and nutrition and with a personal passion for holistic health, she achieved this when planning the Casa Wellness Experience.

"My vision was to embrace the constant evolution of our hotel and to speak to the essence of our brand: creativity, innovation, uniqueness and impeccable service. At Casa, we are always looking to redefine the ultimate luxury experience."

Casa Madrona will give guests a glance into the future by introducing a sleep fitness program leveraging innovative technology and personal biometrics through the use of Eight Sleep Smart Bed. Guests will be able to achieve maximum performance on their most fundamental wellbeing need, sleep, their peak energy levels and performance will be restored.

https://www.casamadrona.

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