



Spa journeys AT THE GATES HOTEL

Soak it all in

Discover vast beaches, culture, and exploration, all under year-round sunshine. The Gates Hotel is central to all. We are proud to share with our guests an authentic Miami experience with Spa Journeys that reference the many gems that make this destination so memorable. All are derived from organic, eco-driven products and rituals that mind our surrounding natural landscapes and your utmost wellness.

MASSAGE

COLLINS' CALLING - The road to renewal awaits. This classic massage with coconut oil simultaneously cleanses, soothes and moisturizes skin. Especially effective for combating dryness or acne.

THE BOTANICAL PATH - Elevate. Thrive. Let Go. A customized massage with K'Alma's signature floral hinted oil releases this mantra as body and mind absorb the physical and aromatherapeutic benefits.

THE HEAT - Ideal for athletes...or even just sports fans. Sore muscles are assuaged with a deep tissue massage applied with the aid of hot stones. Coconut oil infused with peppermint adds a cool counter sensation.

BODY TREATMENTS

PALMS AWAY - An all-encompassing ritual that's just beachy. Skin is prepped with a scrub, where sea salt and coconut oil work in tandem to remove dead cells, unclog pores, and reduce inflammation, while giving fresh skin a dousing in long-lasting hydration. The smoothing touch of polished seashells deliver a Stone Crop moisturizer for a unique massage that tones and tightens skin's appearance.

THE CALLE OCHO - Put some "Viva!" in your spa experience. Natural coffee grains with sugar added make for an invigorating scrub that helps reduce inflammation and cellulite, as well as improve overall skin tone. The effects are enhanced with an aromatherapy massage that leaves you feeling renewed all day long.



THE
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HOTEL | SOUTH BEACH
A DOUBLETREE BY HILTON

FACIAL

THE ESPAÑOLA WAY - Inspired by the famous culinary indulgences found within this Old World village, this facial is a sweet retreat. A creamy Strawberry Rhubarb Dermafoliant cleanses skin of excess oil and dead skin cells while delivering vitamins for a complexion that is taut and bright. A Chocolate Mousse Masque infuses an extra dose of antioxidants and deep hydration via macadamia, almond, and jojoba oils.

MANGOS' DAIQUIRI - Get an immediate show-stopping complexion with this tropical trio. After a gentle cleansing, a Mangosteen Peel applies a non-irritating complex of Lactic Acid, Ribose and Red Clover that removes impurities, minimizes pores, and leaves a radiant suppleness. A cream of mango puree, coconut and Shea butter then injects deep hydration within a protective shield of algae and Tara Tree.

MANICURE & PEDICURE

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PACKAGES

LINCOLN ROAD - Ladies Package (60 min Massage, facial, manicure) - Enjoy a new head-to-toe glow. This revitalization series commences with a personalized massage with a Blueberry Soy Souffle packed with antioxidants, isoflavins, Vitamin B, and a delicious scent that leaves skin refreshed, yet firm. Next up, a facial including a Blueberry Detox Firming Peel organically exfoliates while improving surface texture. The final splurge is a manicure, where hands are lathered in a Blueberry Soy Sugar Scrub before being primed and painted.

THE SOCIAL CLUB - For the gregarious gentleman seeking a little respite. The body is first engaged with a coconut oil scrub to wash away impurities and replace with deep hydration. A massage prepares the body for continued, post-spa fun-in-the-sun adventures with an SPF moisturizer featuring a Youth Antioxidant Complex and sustained release of tea tree oil to maintain that cooling sensation. Continuing the conversation is a facial featuring the same Youth Shield Antioxidant Complex via a Red Currant Exfoliating Cleanser that helps prevent breakouts, while improving elasticity. A complementing refreshing spray locks in results.



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