



# KENWOOD

INN & SPA

THE SPA AT KENWOOD INN



## *Welcome*



At Kenwood Inn & Spa, soothing environments, luxurious therapies, and a customized, client-centered approach to wellbeing unify to create an intimately relaxed spa experience of restoration and renewal.

# Massage Treatments

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## VALLEY OF THE MOON MASSAGE

The Valley of the Moon massage is customized to your needs, blending specific techniques and aromatherapy oils. Choose your level of touch, whether soothing, medium, or firm.

50 MIN \$165 | 80 MIN \$260 | 110 MIN \$360

## TI AMO MASSAGE FOR TWO

A dreamy, side-by-side, 80-minute massage of bliss. Enjoy a bottle of bubbly poolside, or in the comfort of your guestroom, afterward.

80 MIN \$515

## ECLIPSE MASSAGE

This restorative massage eclipses the back and focuses solely on your scalp, neck, shoulders, hands, calves, and feet.

50 MIN \$165

## HIMALAYAN SALT STONE MASSAGE

Warm, hand-carved salt stones from the Himalayan Mountains glide across your body, alleviating tension and increasing circulation.

80 MIN \$280 | 110 MIN \$380

## CIELO BLISS DETOX MASSAGE

Combining massage with the therapeutic qualities of CBD, this pain-relieving treatment works to reduce inflammation and pain.

80 MIN \$280 | 110 MIN \$380

## REST & RENEWAL BABYMOON MASSAGE

Curated for moms and moms-to-be, this restorative treatment helps to improve sleep, reduce stress, and soothe muscle fatigue.

50 MIN \$180 | 80 MIN \$280

# Body Wraps

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## ANCIENT MEDITERRANEAN BODY TREATMENT

Gentle buffing grains with aloe and citrus notes are used to soften and exfoliate the skin, followed by a warm hydrating wrap. The ultimate in skin rehydration.

80 MIN \$210

## ESPRESSO & MUD DETOXIFYING BODY TREATMENT

A vigorous exfoliation using volcanic pumice and coffee Arabica, followed by a warm wrap of mineral-rich clay and extracts to help smooth, firm and detoxify the skin.

80 MIN \$210

# Poolside Treatment

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## MIMOSA & MINI-MASSAGE

Sip your mimosa poolside while an expert therapist massages and kneads your feet and hands for 20 blissful minutes.

20 MIN \$65



# Facial Treatments

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## THE CUSTOM FACIAL

Your esthetician will combine aromatherapy, extracts, massage, and a blend of active ingredients to create a treatment customized for you. Ideal for all skin types.

50 MIN \$170

## CELESTIAL ESSENCE FACIAL

This powerful and soothing treatment combines enzymes with a clinical-level grade of glycolic acid. The bioactive ingredients exfoliate the skin, revealing a polished, healthy, and radiant complexion.

50 MIN \$170

## RE-BALANCING FACIAL

Extracts, probiotics, and seed oils nourish the skin barrier, renew skin tone and texture while helping to soothe and restore sun-damaged or razor-burned skin.

50 MIN \$170

## FIRE & ICE FACIAL

An intensive anti-aging facial designed to rapidly and safely resurface the skin. Begin with powerful retinol and niacin combined with antioxidants and warming spices like cinnamon and clove. Chilled derma globes are then used to massage a deeply hydrating treatment into the skin, reducing fine lines and wrinkles while smoothing the skin and encouraging cellular renewal.

80 MIN \$250

## AIR & WATER FACIAL

The ultimate oxygen facial. Chosen by celebrities and brides alike, this is the facial for freshly plumped and impeccably smooth skin. Special care is taken to smooth, open, and refine the eye contour area while the lips are plumped and hydrated. Experience visible line smoothing and firming.

80 MIN \$325

# Bath Cures

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Soak in the Spa's private and intimate bathtub overlooking the Valley of the Moon with one of our bath cures. Enjoy either individually or together, as a couple.

## SWEET BIRCH SALT BATH CURE

Sweet birch helps to tone, tighten, and soften skin while magnesium promotes sleep and helps to reduce stress.

30 MIN \$65

## REST BATH CURE

Lavender soothes tired and aching muscles, reduces anxiety, alleviates headaches, and helps with insomnia and depression.

30 MIN \$65

## DETOX BATH CURE

This bath focuses on energizing and detoxifying the circulatory system with antibacterial and astringent oils leaving skin invigorated. This bath focuses on energizing and detoxifying the circulatory system with antibacterial and astringent oils, leaving skin invigorated.

30 MIN \$65





# Deep Sleep Treatments

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Our Deep Sleep Treatments are designed to be performed in the comfort of your guestroom, guiding you into a deeply relaxed state before turning in.

## MOONLIGHT MASSAGE

This relaxing in-room massage combines soothing touch with calming aromatherapy for a night of deep sleep.

80 MIN \$290

## GRAVITAS MASSAGE & REST BATH CURE

Designed to induce a restful night of sleep, enjoy an 80-minute massage followed by a customized bath soak, all in the comfort of your guestroom.

80 MIN+ \$330

# Rendezvous Under the Stars

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Imagine an evening where the Spa at Kenwood Inn is exclusively reserved for you and yours. Relax for three serene hours together. Upon arrival, take a shower and exfoliate each other with our body scrub. Next, our expert therapists nurture you both with a dreamy, side-by-side couple's massage in your choice of venue, either on our private rooftop Terrazzo or fireside, in our couple's treatment room. After 80 minutes of pure bliss, unwind with a soak in our bathtub overlooking the Valley of the Moon and retire to the Terrazzo to relax together with a bottle of bubbly, chocolates and the stars above.

3 HOURS - INQUIRE AT SPA FOR PRICING & AVAILABILITY

# Spa Day Packages

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## PAMPER & GLOW

An 80-minute Valley of the Moon Massage paired with a 50-minute Custom Holistic Facial for the ultimate in relaxation and beauty.

2.5 HOURS \$387

## THE ROYAL TREATMENT PACKAGE

Enjoy a custom massage, facial and choice of body wrap treatment for three and half hours of bliss.

3.5 HOURS \$490.50

## BATH & BODY DETOX

The ultimate package for detoxification. Enjoy an 80-minute Cielo Bliss Detox CBD massage followed by an 80-minute Espresso & Mud Detoxifying Body Wrap. Complete the experience with a relaxing 30-minute Detox Bath Cure overlooking the Valley of the Moon vineyards.

3.5 HOURS \$499.50



# Spa Guidelines

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## ARRIVAL TIME

Please arrive 10 to 15 minutes before your scheduled treatment.

## CANCELLATION POLICY

Should you need to cancel your appointment or Cabana rental, kindly provide 24 hours' notice to avoid incurring the full charge for all reserved treatments.

## DAY GUESTS

Day guests not staying at the hotel may use the on-site pool and spa amenities when reserving a Cabana or a 50-minute+ spa treatment.

## GRATUITY

A 20% gratuity for the therapist is added to all spa services. You are welcome to adjust the gratuity by talking to the front desk at checkout.

## HEALTH CONDITIONS

Kindly advise our staff of any allergies, injuries, or other conditions that could affect your service.

## HOME CARE

In an effort to maintain the ultimate result from your treatment, our staff will be delighted to recommend home care products for you.

## SPA HOURS

Hours Subject to Change

Wednesday–Sunday: 9am–6pm | Monday–Tuesday: 10am–5pm

After 6 pm: Available by appointment

## IN-ROOM MASSAGE

Our Sleep Treatments are performed in the comfort of your guestroom. Other select massages may be performed in-room, for an additional fee. Unfortunately, our Garden Guestrooms cannot accommodate an in-room massage.

## MINIMUM AGE

Guests are required to be aged 18 years or older for spa treatments.

## PRICES

All prices quoted are in US dollars, are subject to change and do not include gratuity.

## SPA ETIQUETTE

To preserve the tranquil environment, mobile phones are not permitted.

Guests of the hotel are welcome to arrive wearing the robe provided in their guestroom. The Spa will provide towels, slippers, robes, and all amenities essential for use during your visit.

## SCHEDULING AN APPOINTMENT

Please call the spa at 707-833-1293, and we will kindly assist you in selecting a treatment that is best for you. You may also view availability and book online at [kenwoodinn.com/spa](http://kenwoodinn.com/spa)





## Poolside Cabanas

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Our Cabanas are the perfect way to relax poolside.

### YOUR PRIVATE CABANA RESERVATION INCLUDES:

- Two luxurious chaise lounge chairs and a loveseat
- A premium bottle of local wine with two VIP wine tasting passes
- Afternoon cheese tasting plate
- A refrigerator stocked with soft drinks, still and sparkling water
- VIP pool service throughout the day
- Bose™ Bluetooth music player and charging station
- Spa Benefits: 15% off 50-minute+ treatments and retail items
- Accommodates up to 4 guests

\$209/DAY: HOTEL & SPA GUESTS | \$259/DAY: DAY GUESTS

## Gift Certificates

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Our Gift Certificates are beautifully packaged, available in your choice of amount and never expire.

[KENWOODINN@FOURSISTERS.COM](mailto:KENWOODINN@FOURSISTERS.COM)





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